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الروابط التالية هي روابط الصف العاشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

رياضيات على التلغرام

TOTAL MARK (420 Marks)**I. VOCABULARY (50 Marks)**

A) From a, b, c and d choose the most suitable word that best completes each of the following sentences: (5 x 5 = 25 m)

1. My grandfather's health has improved a lot since he started taking this vitamin
a . influx b. **supplement** c. discourse d. virtue
2. Most people like to hear the word "Birthday"; it always happiness in them.
a. **evokes** b. covers c. finances d. navigates
3. The number of nerve cells in the brain makes it the most organ of the body.
a. cursive b. atmospheric c. spacious d. **convoluted**
4. The government is working on new plans to safety on the country's highways.
a. employ b. **boost** c. metabolise d. drill
5. Earthquake victims were living in tents in the city's parks facing a lot of.....
a. hectare b. creed c. **adversity** d. arcade

B) Fill in the spaces with the most suitable words from the list below: (5 x 5 =25 m)

richly / apprehensive / slightly / able-bodied / deserve / commemorate

6. My brother was so **apprehensive** about his job interview that he couldn't sleep well.
7. The national football team was **richly** rewarded for their great performance.
8. It is surely the duty of the **able-bodied** members in a society to help those who are weak.
9. I always buy top quality products even if they are **slightly** more expensive.
10. People who drive through a red light **deserve** to lose their driving licenses.



III- LANGUAGE FUNCTIONS (40 Marks)

Write what you would say in the following situations: (4 x 10=40 m)

19. A friend of yours wants to know your plans for the next mid-year holiday.

Planning

20. Your younger brother is fond of watching scary movies.

Expressing opinion / Stating disadvantages / Disagreeing

21. Your friend wants to join the Police Academy, but he is overweight.

Making Suggestions / Giving Advice / Making recommendations

22. Your father refuses to allow you to go camping with your friends.

Persuading / Agreement / Stating advantages

Any reasonable response is to be accepted

IV- SET- BOOK QUESTIONS (30 Marks)

Answer only (THREE) of the following questions: (3X10=30 m)

23. Why should we eat homemade meals and avoid fast food?

We should eat homemade meals because they are full of nutritious ingredients. /

Fast food is full of fats and causes diseases like diabetes and heart attacks.

24. Men in Kuwait still prefer wearing traditional dress. Give a reason.

Traditional dress is a symbol of equality. / Suitable for the climate of Kuwait. / Part of the heritage.

25. How do computer games positively affect young people?

They develop their imagination. / They develop their mind and abilities. / They are a good way to spend their free time.

26. What is the importance of the Paralympics?

They help the disabled socialise. / They help the disabled rehabilitate.

Any reasonable answer is to be accepted



V- WRITING (100 Marks)

Write on the following topic: (Expository)

More animals and birds are being threatened because of several reasons.

Plan & write a report of 12 sentences (140 words) explaining why these animals and birds are in danger and how we can save them.

Outline (20 Marks)

Introduction:

.....

.....

.....

Body

Paragraph (1).....

.....

.....

.....

Paragraph (2).....

.....

.....

.....

.....

Conclusion:

.....

.....

.....

.....



Topic (80 Marks)



Rubrics	Outlining	Exposition of ideas and coherence	Paragraphing and number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
	20	40	10	10	10	10	100

- 20 marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive ZERO.
- 5 marks to be deducted from the outline if the ideas are not used in the topic.

VI- READING COMPREHENSION: (80 Marks)

Read the following passage carefully, then answer the questions below:

If you're feeling down or mentally tired, your phone – which is probably always on and in your hand – might be the problem. A new study has linked feelings of worry, anger, and depression with growing use of smartphones and other devices.

As smart as phones may be these days, teens basically don't know when to stop. To protect your mental health, experts say you must develop ways of **diminishing** their usage. Cleverly, that involves limiting notifications, deleting some applications, or simply turning smartphones off.

Jean Twenge, psychology professor at San Diego State University, has written a lot on young people and mental health. She recently released a study that shows a link between the use of smartphones and growing rates of depression among teens. The study revealed that teens feelings of sadness and negative thoughts had gone up by 12 per cent between 2010 and 2017. Nearly half of the teens who spend five or more hours a day on a smartphone have mixed feelings of anger and sadness compared to 28 per cent of those who spend less than an hour a day on a device.

'These days, teens can never just step away from social media', said Brian Nolan, a social worker at a secondary school in the US state of Illinois. When your parents were at school they could go out with their friends during the day, and they would relax with their family at night. There was balance. But smartphones don't give that break. The continuous fear of missing out, or the need to feel included, keep teens connected. 'A recent study shows that we touch **them** about 2,500 times a day on average. To tell a student you can't use it is the same as saying you can't eat. That may sound extreme but that's the reality', Nolan said.

School social workers, as well as health experts at hospitals, confirm they are seeing a rise in signs of depression and worry among teens. But they also say, there are things teens, their parents, and professionals can do to help lower the risks. They say that the best way to fight this is to discuss healthy ways to use smartphones.

A) From a, b, c and d, choose the correct answer: (6 x10= 60 m)

27. The best title for the passage could be:

- a. Teens and Free Time
- b. Technology and Schools
- c. Smartphones and Notifications
- d. **Smartphones and Depression**

28. The opposite of the underlined word **diminishing** in the 2nd paragraph is:

- a. spending
- b. **increasing**
- c. including
- d. mixing

29. What does the underlined word **them** in the 4th paragraph refer to?

- a. parents
- b. teens
- c. **smartphones**
- d. friends



30. A recent study shows that teens:

- a. prefer eating to using smartphones.
- b. can step away from social media.
- c. **touch their smartphones about 2500 times a day.**
- d. can go out with their friends during the day and night.



31. All the following statements are **TRUE** except:

- a. There are healthy ways to use smartphones.
- b. **Parents can do nothing about smartphones risks.**
- c. If you are feeling down your mobile might be the problem.
- d. Jean Twenge released a study on young people and mental health.

32. The writer wrote this passage to:

- a. explain the different uses of smartphones.
- b. persuade people to use new applications.
- c. inform readers about the positive uses of smartphones.
- d. **show the link between using smartphones and depression.**

B) With reference to the passage, answer the following questions: (2x10=20 m)

33. How can you avoid the negative effects of using smartphones?

By limiting notifications/ deleting some applications/turning smartphones off.

34. Why do teens keep connected to their smartphones all the time?

Because of the continuous fear of missing out/ the need to feel included.

Any reasonable answer related to the passage is to be accepted

VII - SUMMARY MAKING (60 Marks)

Read the following passage then do as required:

The bicycle has gone through one full circle of development already. It began as a toy for rich people. Then it was a means of transportation. Now, the bicycle is becoming popular as a means of transportation once more.

There are several reasons for the new popularity of bicycles. They save fuel that cars use. Another reason is the need to keep the environment clean. The third reason is a desire for exercise. The last reason is that they decrease stress levels. Americans are one group of people who are leaving their cars at home.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the above passage in answer to the following question:

“What are the reasons for the new popularity of bicycles?”

The answer should include the following points:

- Bicycles don't use fuel/ They save fuel used by cars.
- They don't cause any harm to the environment.
- People use them to exercise.
- They reduce the stress levels.

Rubrics	Content / relevance of ideas	Paraphrasing	Spelling and grammar	format	Total
	30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence- Minus 10 for two sentences and above)

VIII- TRANSLATION (20 Marks)

Translate the following into good English: (2x10= 20 m)

أحمد: إن تناول الأسماك بانتظام مفيد جدا للصحة.

فهد: هذا صحيح، فهو يمنع الكثير من الأمراض مثل أمراض القلب والتهاب المفاصل.

Ahmed: Eating (having) fish regularly is very useful for health.

Fahd: That's right, it prevents a lot of diseases like heart diseases and arthritis.



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مع تمنياتنا لكم بالنجاح

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