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مجموعات التلغرام	قنوات التلغرام	صفحات الفيسبوك	مجموعات الفيسبوك
الصف الأول	الصف الأول	الصف الأول	الصف الأول
الصف الثاني	الصف الثاني	الصف الثاني	الصف الثاني
الصف الثالث	الصف الثالث	الصف الثالث	الصف الثالث
الصف الرابع	الصف الرابع	الصف الرابع	الصف الرابع
الصف الخامس	الصف الخامس	الصف الخامس	الصف الخامس
الصف السادس	الصف السادس	الصف السادس	الصف السادس
الصف السابع	الصف السابع	الصف السابع	الصف السابع
الصف الثامن	الصف الثامن	الصف الثامن	الصف الثامن
الصف التاسع	الصف التاسع	الصف التاسع	الصف التاسع
الصف العاشر	الصف العاشر	الصف العاشر	الصف العاشر
صف 11 أدبي	صف 11 أدبي	صف 11 أدبي	الصف 11 أدبي
صف 11 علمي	صف 11 علمي	صف 11 علمي	الصف 11 علمي
صف 12 أدبي	صف 12 أدبي	صف 12 أدبي	الصف 12 أدبي
صف 12 علمي	صف 12 علمي	صف 12 علمي	الصف 12 علمي

[حساب تويتر](#)

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[مدرسون في الكويت](#)

تكلم مع البوت التعليمي الأول من نوعه والذي يسمح للطلبة باختيار الصف والفصل والمادة ويرد له البوت الملفات المناسبة

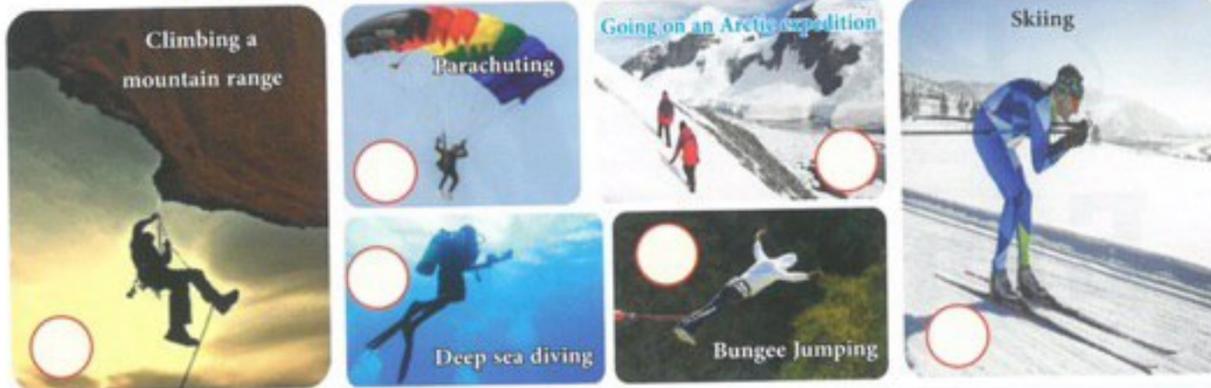
1 Explorers

Module 1

Reading: Narrative

Before you read

- 1 In pairs, look at the pictures; tick (✓) the activities you would like to attempt and explain why



- 2 Read the text about a Kuwaiti explorer and fill in the table that follows

In 2018, Lamees Nijem became the first Kuwaiti to reach the North Pole. She was part of a Euro-Arabian **expedition** organized and led by Felicity Aston, who was the first person to ski across Antarctica on her own.

Three of the participants who **accompanied** Lamees from the Arabian Gulf region were Sheikha Asma Al-Thani from Qatar, Anisa Al-Raissi from Oman and the Saudi Arabian Mariam Haidaddin. Unfortunately, Mariam's injuries forced her to cut her trip shorter in order to meet them at the North Pole.

On an expedition, the adventurers slept in tents in the Arctic **wilderness** for ten days. They skied about 100 km across **cracked** ice above water, in temperatures below minus forty degrees centigrade (-40°C) and under the **constant** threat of attacks by polar bears, known to **prey on** human beings.

In an interview with the Kuwait Times, Lamees explained the main reasons for her adventure as a desire to escape the familiar and to **embark on** a cultural **quest**. The experience created a deep connection and **bond** between the team members.

Kuwait's first North Pole skier, Lamees, is an inspiration for all those who **seek** an adventurous life.



Kuwaiti explorer Lamees Nijem

Name of the explorer	Lamees Nijem
Nationality	
Name of team leader	
Itinerary (Route)	
Year of the expedition	
Distance covered	

- 1 Tick the following statements either with True (✓) or False (×):

- Lamees's only aim was to escape the familiar.
- Polar bears are not the only danger in Antarctica.
- All team members were from the Arabian Gulf region.
- Mariam Haidaddin was the only member who could not complete the expedition.

- 2 Find a word for each definition:

- (.....) An icy continent that covers Earth's South Pole. (Paragraph 1)
- (.....) Going somewhere with someone. (Paragraph 2)
- (.....) A shelter made of cloth supported by poles & ropes. (Paragraph 3)
- (.....) An act or instance of seeking. (Paragraph 4)

- 3 Discuss the following questions:

- How would you describe the team's journey?
- What was the message behind the journey?
- Is it safe to go on such expeditions alone? Why? Why not?



- 4 Read the fourth paragraph and complete the following table:

Verbs	Nouns	Adjectives
explained	quest	deep

4 Countries & Cities

Module 2

Reading

Before you read

Mix, Pair, Share

1  Match the following countries with their capitals and flags:

France

() Kuala Lumpur

Brazil

() Baku

Azerbaijan

() Paris

Malaysia

() Brasilia



() () () ()

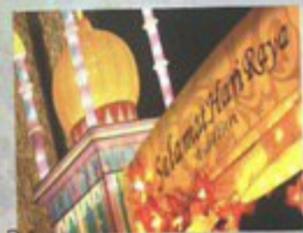
MALAYSIA



A. Malaysia is located in southeast Asia. Its capital city is Kuala Lumpur. Malaysia borders Thailand, Indonesia, Singapore, Brunei and the Philippines. It is a **fusion** of Malay, **Chinese**, Indian and native cultures and customs.

B. The climate in Malaysia is hot and humid, usually above 30 °C all year long, with temperatures rarely dropping below 20 °C. The region has a **monsoonal** climate, but only the east coast of the Malaysian **peninsula** is tropical and rainy.

C. Malaysia is among the world's top producers of natural products such as rubber, palm oil, cocoa, pepper, pineapple and tobacco. Natural resources such as tin and petroleum are significant to the Malaysian economy.



D. It is a pleasant country to visit as it **appeals** to people with various tastes. There are museums, art galleries, hiking trails, shopping malls, UNESCO heritage

sights and national parks. For beach lovers, there are islands with powder-white shores and crystal-clear waters. One of the main tourist attractions is the butterfly park, which houses six thousand butterflies consisting of over a hundred and twenty **species**. The park is an imitation of the butterfly's natural **habitat**, including more than 15,000 plants from 100 different species.

E. Malaysia is culturally rich. A **major** Malaysian festival to look out for is "Hari Raya Puasa" or "Hari Raya Aidilfitri", which marks the end of Ramadan and **consists** of three days of joyful celebrations. For concertgoers, the Rainforest World Music Festival (RWMF) is held annually in July or August. It is a three-day event **showcasing** bands and performers from every corner of the world. It is no wonder there are over 25,000,000 tourists, on average, a year.



2  Read the article. Match the following headings with the five paragraphs:

1. Economy of Malaysia
2. Tourist Attraction
3. General Information **A**
4. Celebrations of Malaysia
5. Weather in Malaysia



3 Answer the following questions:

1 - What is the type of this text?

- a) Argumentative b) Descriptive c) Informative d) Persuasive

2 - What is the writer's purpose in writing this article?

3 - Find words in the article that mean:

attracts: main:

4 - The phrase "crystal-clear waters" in paragraph D means:

- a) Obvious b) Original c) Transparent d) Cloudy

5 - Which of the following sentences could conclude the article:

- a) Malaysia is a worthy country to visit.
- b) Concertgoers enjoy visiting Malaysia every year.
- c) There are many countries like Malaysia people can fly to.
- d) Natural products are significant to the Malaysian economy.

6 - State whether these sentences are facts (F) or opinions (O):

- a) It is a pleasant country to visit. ()
- b) The climate in Malaysia is hot and humid. ()
- c) I think that all people enjoy Hari Raya Puasa festival. ()
- d) The butterfly park includes more than 15,000 plants. ()

7 - Mention the countries that border Malaysia. Which of them have you visited so far? Did you like them? Why? Why not?

.....

Listening

Before you listen:



- 1 What makes Ramadan a special month for you?
What preparations does your family make?

Listening

- 2 Listen and decide if the following statements are true (T) or false (F).
Correct the wrong ones:

- ★ Ramadan in Kuwait is an ordinary month. ()
- ★ Kuwaitis preserve Ramadan traditions for their delightful effect on kids only. ()
- ★ In The Gulf Countries, Gergea'aan is celebrated on the same day in Ramadan. ()
- ★ Sweets and nuts are served in special packages during Gergea'aan. ()

- 3 Listen again and answer the following questions:

- a - How important is the celebration for kids?
- b - Where does the word Gergea'aan originate from?

Post listening:

- 4 What other celebrations, dishes and rhymes are unique to Kuwait and are still preserved?
Match an expression from column A with another from column B to get the right collocation.

- 5 Use the collocations in sentences:

	B	Collocation	Sentence
deeply	greeted	deeply rooted	Ramadan is deeply rooted in our faith and culture.
beautifully	rooted
cordially	dressed

Speaking

Grammar in context:

- 1 Study the order of adjectives in the table. Then, correct the sentences in your notebook.

Opinion	Size	Age	Shape	Colour	Origin	Material	Noun
		new		blue		silk	T-shirt
ugly		old	round			wooden	table
lovely					Chinese	ceramic	mugs
wonderful					French		clock
	small			black	Italian	leather	bag

- 1 - Mirror splendid mosaic tiles.
- 2 - Some rooms hark back to the old good days of Kuwait.
- 3 - A wooden huge carved doorway
- 4 - There are some Arabic marvellous old manuscripts in Tareq Rajab Museum.

- 2 Study the examples and then use the present perfect simple or continuous to complete the sentences below:

The present perfect simple and the present perfect continuous

The present perfect simple

S + have/ has + past participle

Completed action in the present

The kids **have** just finished a football match.

The present perfect continuous

S + have/ has + been + V-ing

Unfinished action

The kids **have been** playing since eight o'clock in the morning.

- 1 - (they/arrive) yet?
- 2 - Lucy (run) 2000 metres today.
- 3 - I (drink) more water recently, and I feel better.
- 4 - Museums in Kuwait (exhibit) the great historical work since they were opened.

As a group of tourist guides, choose a cultural attraction in Kuwait. Plan and present a description of its cultural aspects to convince the tourists of its importance.

- Use the following expressions:
- It is one of the most splendid places...
 - It depicts.../ It symbolizes...
 - It was originally a private property.
 - Kuwaitis always pride themselves on its uniqueness.
 - It marvellously exhibits.

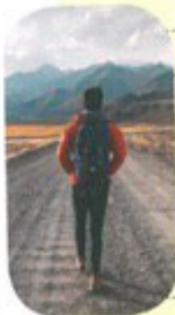
Listening

Before you listen

- Do you think food can change our moods?
• What do you think emotional eating means?

- Listen to **Happiness Tips**, and write the tips under the correct column heading.

Lifestyle



.....

.....

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.....

.....

.....

.....

.....



Social Life



.....

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.....



- Based on the listening, in groups, discuss and answer the following:

- What other kinds of food affect your happiness?
.....
- Some people believe that ice cream, chocolate and fast food make you happy. Is that true?
.....

Vocabulary: Change the following verbs and adjectives into nouns.

Verbs: contribute, examine, excite, improve, possess

Adjectives: angry, blind, dangerous, different, disappoint, happy, hungry, intelligent, obedient, sad

You can use a dictionary to help you.

ness	tion/ion	er	(e)nce	ment
	possession		obedience	

Speaking

Grammar:

- Wish is used to talk about wanting things to be different or about regrets in the past. We use I wish in the past or with the past perfect (had+past participle).

It is raining heavily. → I wish it stopped raining.

It was raining heavily. → I wish I had brought my umbrella.



- I don't speak Chinese, I wish
- I lost my wallet. I wish
- The movie was long and boring. I wish
- My brother can play the piano, but I can't. I wish

- Discuss the images with your classmates. Use wish to complete the following situations, what are these people thinking?

	Lost in another country	1)
	Stuck in traffic	2)
	Closed bookshop	3)
	Forgot information	4)
	Rainy weather	5)

Listening

1 Grammar Focus: Collocations:

As a basic rule, people **PLAY** activities that use a ball, people use **GO** with activities that end in -ing, and people use **DO** with activities such as martial arts and other exercises.

Decide whether to use PLAY, GO or DO and complete the table:

football- swimming- boxing- cycling- chess- sailing- karate- judo- athletics- fishing- tennis- volleyball- skating- golf- basketball- running- yoga- skiing- gymnastics- rugby

PLAY	GO	DO
.....
.....
.....
.....

Before you listen:
Name these sports:



2 Getting fit and healthy should be fun. Listen to "How to Get Fit by Playing Fun Sports," to find out how to enjoy yourself while exercising.

a. How many steps are there?

.....

b. Which step is the most important for you and why?

.....

Post-Listening

3 Talk about your favourite activity by answering these questions:

1. What is your favourite activity or sport?
2. How many times a week do you do this activity?
3. Where do you do this activity?
4. Do you do this alone or with someone else?
5. What do you like most about this activity?

Speaking

1 Read the problems below and discuss possible solutions. Compare your solutions with your classmates. Do you agree or disagree with their ideas?

Ask Dr. Salem

Dear Dr. Salem,

My personal doctor says I am overweight and that I should lose at least 10 to 15 kilogrammes. Unfortunately, I don't have a lot of free time. After getting back from work, I usually help my kids with their homework for two hours. Then I have dinner and relax a little and I read a book before going to bed. Could you please give me some advice about which exercise is best to me to lose weight?

Yours faithfully,
Ahmed



Dear Dr. Salem,

Our 15-year-old daughter doesn't play any kind of team sports at school. She believes that playing sports is a waste of time if you aren't the best and you don't always get the first place. She says that winning is the most important thing about playing sports. Instead of exercising, she spends most of her time chatting on-line. Her mother would really like to see her make more friends and become more active.

Yours faithfully,
Fatma



Dear Dr. Salem,

How much exercise is too much exercise? My son exercises almost every day. He practices boxing for an hour. Then goes swimming for an hour and a half and does judo every other day. That's between 10 and 16 hours every week. He has a lot of energy and looks generally healthy, but I am worried that he might push himself to extreme limits. Too much exercise may be dangerous for him. What do you think?

Best regards
Mariam



Writing

Grammar:

1 **Third conditional.** We use **if** to talk about something in the past that **did not happen, and imagine its consequences.**

We use (if + past perfect, would + have + past participle).

If I **had driven** more carefully, I **would have avoided** the accident.

If I **hadn't crashed** my car, I **wouldn't have paid** so much to repair it.



Read and circle the correct answers:

- If the food **had arrived/arrived** on time, we wouldn't have been so hungry.
- If I had saved enough money, I **would have bought/ would buy** a new bicycle.
- If the weather had been better, I **would have gone/would go** to the beach for a swim.
- If I had been at home when he called, I **wouldn't have missed/wouldn't miss** his message.

2 Using these given information and images, write what you know about social life in Kuwait.

Family gatherings

How often do families have a gathering?



Diwaniya

Why is it an important part of social life in Kuwait?



Celebrations

What celebrations can you think of?



Festivals



Festivals are happy occasions in which people enjoy the fun and entertainment that is provided. Everyone finds in festivals something they enjoy most.

Write a two-paragraph report in your notebook about what people do in festivals that makes them happy and what you, in particular, find most exciting.

Title

Introduction

Activities people enjoy in festivals



Why?



What I find most exciting



Why?



Conclusion

.....
.....
.....
.....

2 Complete the following table:

	Ahmed	Fatma	Mariam
Problem			
My own solution			
My friend's solution			

Grammar: Countable and uncountable nouns

Countable nouns have a singular and a plural form.

an apple – **two** apples **a** peach – **two** peaches

Uncountable nouns do not usually have a plural form.

bread, beef, butter, coffee, water, milk, sugar

Some and any

You usually use **some** in affirmative sentences.

I'd like **some** peaches and **some** milk.

You usually use **any** in negative sentences and questions.

We haven't got **any** butter.

Are there **any** eggs?

A. Are these things countable or uncountable? Write C or U

egg - money - orange - juice - apple - sugar - potato -
butter - rice - strawberry - cheese

B. Complete these sentences with a, an, some or any

1. Have you got oranges?
2. I'd like tea, please.
3. I don't have money with me.
4. I'd like to have apple and banana.

Pre-writing activity:

Match the sports with the definitions:

1. A game in which a heavy ball is rolled down a long, narrow lane toward a group of objects known as pins.
2. A game played in a stadium by two opposing teams of 5 players; points are scored by throwing the ball through an elevated horizontal basket.
3. A game played on a large open course with 9 or 18 holes; where the objective is to use as few strokes as possible in playing all the holes.
4. A sport that involves exercises intended to display strength, balance and agility.
5. A ball game played with a ball between two teams of 11 players.



a. football



e. golf



c. bowling



d. basketball



f. gymnastics

- 1 Use the prompts below to write a riddle about your favourite team sport.

Read it to the class and see if they can guess it.

Example: There are eleven players in each team.

There are players in each team.

The players wear

The players use

The players can

The players can't

This sport is played in / on / at

The game lasts Minutes.

2

My Favourite Game

Write an article for your school magazine recommending a sport to be included in your school activities, describing its rules and equipment, and showing its benefits to students.

A. Complete the following outline:

Introduction:

Paragraph 1:

Topic sentence:

Supporting details:

-
-
-

Paragraph 2:

Topic sentence:

Supporting details:

-
-
-

Conclusion:

B. Use the notes taken in task A to write the article in your notebook.

Remember to:

- Use a capital letter after a full stop.
- Start a sentence with a capital letter.
- Use a full stop to show the end of a sentence.
- Use a comma to show a pause in a sentence.
- Use a question mark at the end of a sentence to show a direct question.

9 Medicine

Module 3

Before you read

Think, Pair, Square

1 Answer the following questions:

- a- What do you know about Alzheimer's disease?
 b- Circle the things you think are related to Alzheimer's:

poor memory infected body non spreadable spreadable
 disturbed feelings curable

Reading: Informative Text

ALZHEIMER'S DISEASE (AD)

Alzheimer's is a disease that causes problems with memory, thinking and behaviour. **Symptoms** usually develop slowly and get worse over time, becoming severe enough to **interfere** with daily tasks. The most common early symptom of AD is difficulty remembering newly learned information.

Though it is not a **contagious** disease, it is **currently** ranked as the sixth leading cause of death in the United States, but recent studies **indicate** that it may rank third, just behind heart disease and cancer, as a cause of death for older people.

The disease was first described by and named after the German psychiatrist and pathologist Alois Alzheimer. In 1906, Dr. Alzheimer noticed changes in the brain tissue of a woman who had died of an unusual mental illness.

People with AD have trouble performing daily activities like driving, cooking, or paying bills. They may ask the same questions over and over, get lost easily, lose things or put **them** in strange places.

As AD advances through the brain, it leads to increasingly severe symptoms. These include confusion about events, time and place, **suspicious** about family and friends, and inability to recognize people they know. Some people become worried, angry, or violent due to mood and behaviour changes and may have difficulty speaking, swallowing and walking. **Eventually**, a person with AD is likely to need full-time care.

This disease is one of the biggest **concerns** many of us have as we get older. However, promising research discovered that it may be possible to prevent or delay the symptoms of AD through a combination of simple but effective physical, mental and healthy lifestyle habits.

People who engage in **intellectual** activities and continue learning new things and challenging their brains throughout life are less likely to develop AD. You can do that by reading, playing musical instruments, or through regular social interaction. Brain teasers and strategy games such as Scrabble or Sudoku also help improve memory. So, by **maintaining** a physical, brain-healthy lifestyle, you can maximize your chances of lifelong brain health and reduce the risk of AD which has been one of our biggest health concerns.



Alois Alzheimer's patient Auguste Deter in 1902. Hers was the first described case of what became known as Alzheimer's disease.



Intellectual activities such as playing chess or regular social interaction have been linked to a reduced risk of AD.