

A Visit to Failaka Island

I went to Failaka Island last week. I went with my family. We went by boat. We visited the museum. It was fun.

Walking

Walking is a good exercise. It uses muscles in your feet, legs and arms. It is also good for your heart. You should stretch before walking. You should walk in a safe place.

Healthy Teeth

We should look after our teeth. We should brush our teeth twice a day. We should eat healthy food. We should visit the dentist every six months. We shouldn't eat too many sweets . We shouldn't drink fizzy drinks.

Sports

I like sports. I practise sports in the club. Sports are good for your heart. It is also good for your muscles. It makes you fit and healthy.

Books

Books are wonderful. Reading is useful. I like reading Science books. They are interesting. We get information.

Reading

I like reading. I go to the library. Reading helps me to get a lot of information. I like reading all kinds of books. I go to the book fair to buy books.

My favourite hobby

My favourite hobby is reading. I like reading storybooks. They are interesting books. I read storybooks at home. I read in my free time. Reading is a useful hobby.

The Hospital

A hospital is a place where doctors work. Patients go there to get help . We can see nurses there. They look after patients. I would like to work in a hospital.

Kuwait Airport

Kuwait airport is south of Kuwait City. People go to the airport to travel by plane. There is a new shopping centre next to the airport. There are also shops, banks and restaurants. Kuwait airport looks like a big white plane.