تم تحميل هذا الملف من موقع ملفات الكويت التعليمية

ملفات الكويت التعليمية

*للحصول على أوراق عمل لجميع الصفوف وجميع المواد اضغط هنا com.kwedufiles.www//:https

* للحصول على أوراق عمل لجميع مواد الصف العاشر اضغط هنا

https://kwedufiles.com/10

* للحصول على جميع أوراق الصف العاشر في مادة لغة انكليزية ولجميع الفصول, اضغط هنا

https://kwedufiles.com/10english

* للحصول على أوراق عمل لجميع مواد الصف العاشر في مادة لغة انكليزية الخاصة بـ الفصل الأول اضغط هنا

https://www.kwedufiles.com/10english1

* لتحميل كتب جميع المواد في جميع الفصول للـ الصف العاشر اضغط هنا

https://www.kwedufiles.com/grade10

* لتحميل جميع ملفات المدرس ثانوية عبد الله الأحمد الصباح اضغط هنا

للحصول على جميع روابط الصفوف على تلغرام وفيسبوك من قنوات وصفحات: اضغط هنا bot_kwlinks/me.t//:https

الروابط التالية هي روابط الصف العاشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

رياضيات على التلغرام

GRADE 10

تدريب على الاختبار القصير لمركز رعاية المتعلمين بثانوية عبد الله الأحمد الصباح

(60 Marks)

VOCABULARY (20)

From a, b, c and d choose the best answer in each of the following sentences: (4 x 5 = 20 Marks)

1- I don't like eating burger as it contains a lot of ……. .

A) calcium **B) cholesterol** **C) iron** **D) caffeine**

2- Arabic …… is a precious art from as well as practical method of communication.

A) review **B) pilgrimage** **C) seminar** **D) calligraphy**

3- History is a/an …… of past events and times in connection with the human race.

A) initiative **B) obesity** **C) account** **D) dietician**

4- Public libraries aim at filling the youth's leisure with what ……. them.

A) benefits **B) drills** **C) comprises** **D) embellishes**

GRAMMAR (10)

Do as shown:

1- I have just bough a/an (wooden – large – brown) box.

…… (Rearrange the adjectives)

2- The guests have been here for 3 hours now.

……? (Ask a question)

COMPOSITION (30 Marks)

Nowadays, many young people exercise less and enjoy eating fast food more. Plan and write a report about the impact of a healthy lifestyle on your body and your mind.

Outline

……

……

……

……

TOPIC

……

……

……

……

……

……

……

……

I- Vocabulary (20)

A. Choose the correct answer from a, b, c and d:

1) The black colour ……..……the heat from the sun easily.

a. metabolises **b. neutralises** **c. absorbs** **d. appeals to**

2) Many people all over the world suffer from …….

a. malnutrition **b. antioxidant** **c. stimulant** **d. salad bar**

3) ……drinks have good bacteria that can help our body.

a- organic **b- atmospheric** **c- crammed** **d- probiotic**

4) We should eat healthy food that doesn't contain much …….

a. calcium **b. saturated fat** **c. vitamin** **d. protein**

B) Do as required between brackets : (10)

11- Hamad stopped smoking. (Make negative)

…….

12- Ali is an _____ _____ _____ man. (English – tall – funny)

(Put the adjectives in the correct order)

V- Writing (30)

Plan and write a short paragraph of **six** sentences about you should consume and do **to enjoy a healthy life.**

……
……
……
……
……
……
……
……
……
……
……
……
……
……
……

Vocabulary (20)

A) Choose the correct answer from a , b , c and d

1-When the body can't …… sugar , the person might develop diabetes.

a. comprise	b. master	c. metabolise	d. neutralise

2. I usually prefer to have …….meat not boiled.

a. vegetarian	b. grilled	c. crammed	d. probiotic

3. I listened to the new song but it really didn't …….. me.

a. commemorate	b. boost	c. adorn	d. appeal to

4. We didn't enjoy the dinner we had at the …….. next to the university.

a. nutrition	b. malnutrition	c. arthritis	d. eatery

B) Do as required in brackets: (10)

5. I met a _____ _____ _____man.(tall, funny , English)

(Put the adjectives in the right order)

.....

6. We have sent e-mails to our friends . (Make negative)

.....

Composition (30)

" We are what we eat and what we practise" in not less than 6 sentences plan and write about the benefits of healthy food and how we can keep fit.

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

Quiz 1

Vocabulary (20)

A) Choose the correct answer from a, b, c and d

1-Some people take drugs to ……their performance in some sports.

a. comprise	b. boost	c. metabolise	d. neutralise

2. The small cafeteria was ……...with people. It offered big discounts on most menus.

a. vegetarian	b. grilled	c. crammed	d. probiotic

3. My father read the new story, but it didn't really …….. him.

a. combat	b. commemorate	c. adorn	d. appeal to

4. Many people in Africa suffer from……..due to lack of proper food.

a. nutrition	b. malnutrition	c. supplement	d. eatery

Grammar (10)

B) Do as required in brackets:

1. I saw a (glassy, green, fantastic) vase. (Reorder the adjectives)

.....

2. Jasim has sent a message to his friend. (Make negative)

.....

Composition (30)

Some people prefer eating fast food. In not less than 6 sentences discuss the topic showing its disadvantages and how to avoid it.

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

A- Choose the correct answer from a, b, c and d: (20)

1- Green tea is healthy because it contains ……..…. substances that combat diseases.

a- antioxidant **b- arthritis** **c- pomegranate** **d- specialty**

2- My sister's room is beautifully…….…..…. with hand-made paintings.

a- commemorated **b- adorned** **c- mastered** **d- absorbed**

3- Buildings and structures with ……..…. foundations can resist earthquakes.

a- sturdy **b- cursive** **c- spacious** **d- public**

II- GRAMMAR: (10)

B- Correct the underlined mistakes:

-While I (**water)** the plants in the garden, my father and mother came back home.

…… (Correct)

- I have just bought a\an **brown wooden square** box where I can put my tools.

…….. (Rearrange the adjectives)

III- WRITING: (30)

Restaurants in Kuwait are famous for their location, food, atmosphere and services.

Write a six-sentence (6 sentences) paragraph in which you **show the benefits of eating in restaurants.**

……
……
……
……
……
……
……
……
……
……
……
……
……

2019-2018 تجريبي **Student's name:.....Class:10-....** OCTOBER 2018

I-Vocabulary (20)

A-Choose the correct answer from a, b , c and d: (4 x 5 = 20)

1. Doing exercises regularly can ……..your good health .

a-combat b- metabolise c- absorb d-boost

2. Respecting other ……..is a sign of accepting others .

a- creeds b- delegates c- seminars d-delegates

3.The runner could ……the 400 meters in 2 minutes .

a-commemorate b- conduct c- cover d- master

4- The design of this building is so ……..to some architects .

a- Interfaith b- wholesome c- crammed d- inspirational

II- Grammar (10 marks)

DO as required (2X5=10 M)

1-(**With – For – Amongst – Through**) all the students who are here, Ahmed is the cleverest .

(Choose the right prepositions)

2- My brother (**just leave**) ……the bank. **(Correct the verb in the brackets)**

Writing (30 marks)

Write a persuasive paragraph of 6 sentences write **about the importance of being healthy**.

……

……

……

……

……

……

……

……

……

……

……

……