

تم تحميل هذا الملف من موقع المناهج الكويتية



الملف مذكرة إثرائية محلولة من علا

موقع المناهج ← المناهج الكويتية ← الصف العاشر ← لغة انجليزية ← الفصل الأول

روابط مواقع التواصل الاجتماعي بحسب الصف العاشر



روابط مواد الصف العاشر على تلغرام

[الرياضيات](#)

[اللغة الانجليزية](#)

[اللغة العربية](#)

[التربية الاسلامية](#)

المزيد من الملفات بحسب الصف العاشر والمادة لغة انجليزية في الفصل الأول

كتاب الطالب في مادة اللغة الانكليزية	1
مواضيع التعبير للصف العاشر	2
مذكرة قواعد رائعة ومفيدة في مادة اللغة الانكليزية	3
الكلمات الجديدة بالترجمة في مادة اللغة الانكليزية	4
مذكرة ثانوية المباركية في مادة اللغة الانكليزية	5



English

SEMESTER ONE

10



U U L A

English

SEMESTER ONE

10

شلون تتفوق بدراستك

منصة علا تخلي المذكرة أقوى

تبي أعلى الدرجات؟ لا تعتمد على المذكرة بروحها
ادرس صح من الفيديوهات و الاختبارات في منصة علا

700

★ اختبارات ذكية تدربك
حل الاختبارات الإلكترونية أول بأول
عشان ترفع مستواك

🎬 فيديوهات تشرح لك
تابع الفيديوهات و اسأل المعلم في علا وأنت
تدرس من المذكرة عشان تضبط الدرس



اكتشف عالم التفوق مع منصة علا

لتشارك بالمادة و تستمتع بالشرح
المميز صور أو اضغط على الQR



المعلق



هذه المذكرة تغطي المادة كاملة.

في حال وجود أي تغيير للمنهج أو تعليق جزء منه يمكنكم مسح رمز QR للتأكد من المقرر.



المنقذ



أول ما تحتاج مساعدة بالمادة ، المنقذ موجود!

صور ال QR بكاميرا التلفون أو اضغط عليه إذا كنت تستخدم المذكرة من جهازك و يطلع لك فيديو يشرح لك.

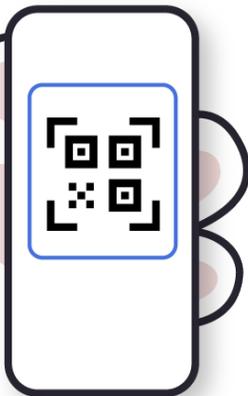


TABLE OF CONTENTS

01	MODULE 1	
	UNIT 1 : WE ARE WHAT WE EAT	5
	UNIT 2 : RESPECTING CULTURES	13
	UNIT 3 : INSPIRING ARCHITECTURE	22
02	MODULE 2	
	UNIT 4 : COMPUTER GAMES	29
	UNIT 5 : SPORTS PSYCHOLOGY	36
	UNIT 6 : NATURE	45
03	IRREGULAR VERBS - تصاريف الأفعال	57
04	LINKING WORDS	61

UNIT 1 : WE ARE WHAT WE EAT



Word	Meaning	Word	Meaning
absorb	يمتص	arthritis	التهاب المفاصل
antioxidant	مطهر-مضاد أكسدة	caffeine	مادة الكافيين
calcium	كالكسيوم	cholesterol	كولسترول
combat	يحارب - يقاوم	dietician	اخصائي تغذية
digestive	يساعد على الهضم	fibre	ألياف
iron	حديد	metabolize	يحرق الدهون
neutralize	يعادل	nutrition	تغذية
probiotic	محتوي بكتيريا نافعة	protein	بروتين
Saturated fat	دهون مشبعة	Unsaturated fat	دهون غير مشبعة
stimulant	محفز	vitamin	فيتامين
grilled	مشوي	deficiency	نقص
organic	عضوي	metabolism	حرق الدهون
RDA	القيمة الغذائية اليومية	pomegranate	رمان
supplement	مكمل غذائي	Sodium	صوديوم
atmospheric	ذو أجواء مريحة	Appeal to	يناسب - يلائم
eatery	مطعم	crammed	مزدحم
irresponsibly	بشكل غير مسؤول	Fanatic	محب - مشجع
Salad bar	ركن سلطة	Malnutrition	سوء تغذية
Specialty	تخصص	wholesome	متكامل
Vegetarian	نباتي	boost	يعزز - يقوي
comprise	يتكون من	dehydration	جفاف
fatigue	اجهاد - تعب	obesity	سمنة

Setbook

Q If you eat healthy food, your body

becomes healthier, and if you eat unhealthy food, however, your body becomes weaker and catches diseases.

Q How to keep a healthy lifestyle:

Eat healthy food: eat enough protein, carbohydrates, minerals and vitamins and avoid fatty food.

Play sports: walking, swimming, jogging ...etc.

Get enough sleep: get 6 to 8 hours of sleep every night.



- ❑ Green tea is rich in antioxidants that help in removing harmful substances from the body and combat diseases.
- ❑ Coffee contains caffeine that helps in boosting your energy.
However, you should avoid cream, caramel and sugar when you drink it.
- ❑ Dark chocolate helps in
Lowering blood pressure and improves the metabolism of sugar for diabetics
- ❑ Water is important because it
Water forms 60% of our bodies.
- ❑ Drinking 6-8 glasses of water
Drinking 6-8 glasses of water everyday prevents dehydration.
- ❑ The advantages of the vegetarian diet:
It's good for weight loss, and your body will get so many vitamins.
- ❑ The disadvantages of the vegetarian diet:
It lacks the important protein. It doesn't have enough iron and calcium.
- ❑ People like fast food because
 - They're cooked faster so you don't have to wait
 - It's cheaper than properly cooked food
 - Fast food restaurants are easier to reach as they have drive-thru and delivery services

❑ It's never been easier to eat healthily. Some might argue that fast food and high-sugar snacks are easier and cheaper than eating healthily. But what could be healthier (and tastier!) than home-made meals, full of the natural and nutritious ingredients our bodies need? Our skin, muscles, bones, brain and heart are all maintained by the good nutrition we eat.

Past Simple



- Q The keywords of the past simple:
Yesterday, ago, last, in the past

V+ed: play + ed = played / work + ed = worked
Irregular verbs: sit - sat / bring - brought / stand - stood

- Q I called her last night to check on her.
- Q I didn't call her last night to check on her.
- Q I found your key 2 days ago. I left it on your desk.
- Q I didn't find your key 2 days ago. I didn't leave it on your desk.

Past Continuous

- Q The keywords of the past continuous:
When - while - as

Was / were + V(ing)

- Q I was studying English when you came in.
- Q I was cooking dinner when the lights went off.
- Q You came in while I was studying.
- Q The lights went off while I was cooking dinner.
- Q You came in as I was studying.
I was studying English as you came in.
- Q You came in while I was studying. (Negative)
You didn't come in while I was studying.
- Q I was cooking dinner when the lights went off. (Negative)
I wasn't cooking dinner when the lights went off.
- Q You were talking on the phone at 9:00 o'clock yesterday. (Negative)
You weren't talking on the phone at 9:00 o'clock yesterday.
- Q She was arguing about the test when the teacher gave the results. (Negative)
She wasn't arguing about the test when the teacher gave the results.

Adjectives Order



Number	One - three - a hundred - a dozen - kilogram - kilometer
Opinion	Nice - beautiful - amazing - pretty - strange - awkward - ugly
Size	Big - small - huge - tiny - little - wide - narrow
Age	Old - young - new - up-to-date
Shape	Round - triangular - square - thin - fat - tall - short - long
Color	Red - blue - green - yellow - black - white - transparent
Origin	Kuwaiti - Saudi - American - British - Chinese - Scottish
Material	Wooden - cotton - metal - plastic - silk
Purpose	Sleeping - cosmetic - cleaning - recording - storage

❑ I loved your **new, red, cotton** shirt.
[red - new - cotton]

❑ Let's buy **two, beautiful, Chinese** tables.
[two, Chinese, beautiful]

❑ She had a **strange, little, recording** camera.
[recording, strange, little]

Practice

Smart Quizzes



Writing

Writing the outline:

Introduction: المقدمة

❑ Hook: أي شيء يشد القارئ: مثلا بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة

❑ Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شنو

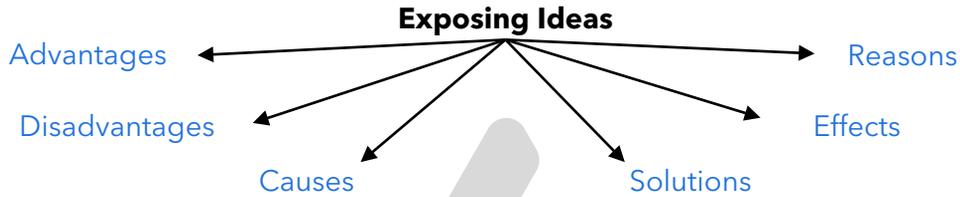
The body:

❑ Body 1: الفكرة الأولى
الأفكار الجزئية

Body 2: الفكرة الثانية
الأفكار الجزئية

The Conclusion: الخاتمة
نصيحة - رأي - طول - اقتراحات

The Expository Essay



Example 1:

Introduction:

In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

Body 1:

The causes of car accidents

Body 2:

Solutions for the problem of car accidents.

The Conclusion:

In my opinion / I advise you / I suggest

Example 2:

Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Body 1:

The advantages of the vegetarian diet

Body 2:

The disadvantages of the vegetarian diet

Q The Conclusion:

In my opinion / I advise you / I suggest

Writing Practice



Vegetarian diet is one of the most controversial diets nowadays. In 12 sentences write an expository essay about the advantages and the disadvantages of the vegetarian diet.

Q Introduction:

In this essay, I will write about the advantages and disadvantages of the vegetarian diet.

The body:

Q Body 1: Advantages

- Vitamins and fibres
- Maintaining and losing weight

Q Body 2: Disadvantages

- Imbalanced diet
- Causes malnutrition

Q The Conclusion:

All in all, going on a vegetarian diet is very beneficial for the health.

People nowadays have different opinions about the vegetarian diet. In this essay, I will write about the advantages and disadvantages of the vegetarian diet.

There are many advantages of going on a vegetarian diet. The first advantage is that it has many vitamins and fibres. The fruits and vegetables that are included in the diet are very rich in vitamins that nourish the body and skin. The second advantage is that it helps in maintaining and losing weight. This is because the vegetarian diet is usually low in calories.

There are many disadvantages to going on a vegetarian diet. First of all, it's an imbalanced diet. This means that despite having so many vitamins and fibres, it still lacks the important proteins and elements. Second of all, it could cause malnutrition. Some people who went on the vegetarian diet have reported feeling dizzy and unenergized.

All in all, going on a vegetarian diet is very beneficial for the health. However, you should first consult your dietician instead of going on it without any consultation.

The Persuasive Essay:



One argument - Persuade the reader

Example 1:

Q Introduction:

- Hook : Do you know how charity benefits the society?
- Thesis : In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

- Q Body 1: Charity gives the needy a better chance in life.
- Q Body 2: Charity gives the donators a feeling of satisfaction.
- Q Conclusion: In my opinion-----

Example 2:

Q Introduction:

- Hook : many people nowadays shop online instead of going to malls.
- Thesis : shopping online has more shortcomings and people must be careful when they shop online.

The body:

- Q Body 1: the shortcomings of online shopping.
- Q Body 2: the precautions people must take while shopping online.
- Q Conclusion: I advise people to-----

Writing Practice:



Vegetarian diet is one of the most controversial diets nowadays. In 12 sentences write a persuasive essay persuading the reader to go on a vegetarian diet and eat less meat.

Q Introduction: In this essay, I will write about the advantages of the vegetarian diet and why we should eat less meat.

The body:

Q Body 1: Advantages of the vegetarian diet

- Vitamins and fibres
- Maintaining and losing weight

Q Body 2: Why eat less meat

- High calories in meats
- Prevents heart diseases

Q The Conclusion: The vegetarian diet is a healthy diet

People nowadays have different opinions about the vegetarian diet. However, it has been medically proven that eating more vegetables and less meat can be healthier. In this essay, I will write about the advantages of the vegetarian diet and why we should eat less meat.

There are many advantages of going on a vegetarian diet. The first advantage is that it has many vitamins and fibres. The fruits and vegetables that are included in the diet are very rich in vitamins that nourish the body and skin. The second advantage is that it helps in maintaining and losing weight. This is because the vegetarian diet is usually low in calories.

There are, also, many reasons to eat less meat. The first reason is that meats usually are high in calories. This means that eating too much meat could result in weight gain. Another reason is that eating less meat will help in preventing heart diseases. This has been medically proven and so many doctors around the world advised people to eat less meat to protect themselves from heart diseases.

All in all, the vegetarian diet is a healthy diet. People are advised to go on a vegetarian diet at least for some time throughout the year to maintain a better health.

UNIT 2 : RESPECTING CULTURES



Word	Meaning	Word	Meaning
aspiration	الطموح	calligraphy	فن الخط
creed	عقيدة	consistently	بشكل مستمر
delegate	مندوب	diverse	مختلف
diversity	تنوع	inspirational	فُلهم
initiative	مبادرة	master	يتقن
interfaith	متعلق بالأديان	richly	بشكل مكثف
tolerance	تسامح	account	تقرير
mentor	مرشد - مدرب	conduct	ينفذ
seminar	مؤتمر	cover	يقطع مسافة
pilgrimage	حج	figure	شخصية
relevant	مناسب	ground- breaking	رائع - مذهل
review	يراجع	high- ranking	ذو مكانة مرموقة
adorn	يجمل - يزين	embellish	يزين - يزخرف
commemorate	يستذكر	paraphrase	يعيد صياغة
cursive	خط مزخرف		

Setbook

🔴 Respect means

To treat people nicely and with appreciation.

🔴 Islam taught us to

Respect each other and treat each other with kindness.

🔴 The culture of peace is

It's respecting everyone of different religions, cultures and races and to follow the human manners and apply them to all humanity.

🔴 Kuwait's role to further the culture of peace:

- Kuwait has organized conferences to promote mutual understanding and respect.
- Kuwait has arranged seminars and programs to raise awareness.
- Kuwait has sponsored many conferences about religious tolerance.



With all of these activities, Kuwait is an exemplar of the kind of tolerance, dignity and respect that all people should aspire to in the hope of making the modern world a better place. As Ban Ki-moon, the Secretary-General of the UN has said, "One of the great challenges of our time must now surely be to ensure that our rich cultural diversity makes us more secure – not less."

Sometimes respect between cultures happens in the smallest forms. In 2002, the United States Postal Service issued a special stamp to honour and commemorate Islamic culture. The blue postage stamp was adorned with gold Arabic calligraphy, in celebration of both Eid al-Fitr and Eid al-Adha. The text reads both 'Eid mubarak' in Arabic and 'Eid Greetings' in English, providing a simple bridge between languages and customs. Eid mubarak translates literally as 'blessed festival and can be paraphrased as, 'May your religious holiday be blessed'.

Present Perfect



Have
+ p.p
has

Q Keywords: Just - yet - never - ever - already - lately - recently - since - for

Q I have just written an article.
I haven't written an article yet.

Q Since:
since 2005 - since August - since Tuesday - since my graduation - since Eid - since Ramadan - since my birthday - since I was born

Q For:
For 5 years - for 2 days - for 10 minutes - for a long time - for a century - for a decade - for as long as I lived - for as long as I've known you

Correct the underlined words:

- | | |
|---|--------------------------|
| Q <u>Has</u> you ever been to Spain? | <u>Have</u> |
| Q I have just <u>wrote</u> the essay. | <u>Written</u> |
| Q We <u>has</u> worked hard for 2 hours. | <u>Have</u> |
| Q We have <u>meet</u> recently. | <u>Met</u> |
| Q I <u>didn't submit</u> the report yet. | <u>Haven't submitted</u> |
| Q I have studied Spanish <u>since</u> 5 years. | <u>For</u> |
| Q We haven't visited our uncles <u>for</u> Eid. | <u>since</u> |



Preposition



Q ON:

- I was born on the 20th of November 2014.
- I will visit my uncle on Sunday.
- Put the books on the desk.
- I forget my wallet on the train.

Q IN:

- I was born in November.
- She graduated from school in 2015
- Put the books in the box.
- We study in a nice classroom.

Q AT:

- I woke up at midnight.
- Let's meet up at 2 o'clock.
- I'm at the university now.
- We will meet at the national park later.

Q BY:

- Our students come to school by the school bus.
- Travelling by train is fun.
- I'm standing by the grocery store.
- The chair is by the desk

Q Between:

بمعنى (بين) اذا كان عندي شيئين فقط
The house is between the trees

Q Among:

بمعنى (بين) اذا كان عندي اكثر من شيئين
The house is among the trees

Practice

Smart Quizzes



Writing



Writing the outline:

Introduction: المقدمة

🔴 Hook: أي شيء يشد القارئ: مثلاً بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة

🔴 Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شنو

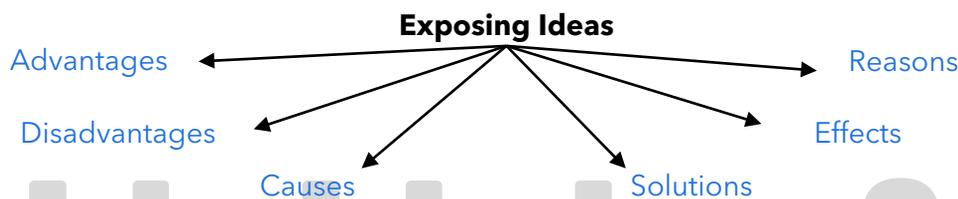
The body:

🔴 Body 1: الفكرة الأولى
الأفكار الجزئية

🔴 Body 2: الفكرة الثانية
الأفكار الجزئية

🔴 The Conclusion: الخاتمة
نصيحة - رأي - حلول - اقتراحات

The Expository Essay



Example 1:

🔴 Introduction:

In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

🔴 Body 1: The causes of car accidents

🔴 Body 2: Solutions for the problem of car accidents.

🔴 The Conclusion: In my opinion / I advise you / I suggest

Example 2:

Q Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Q Body 1:

The advantages of the vegetarian diet

Q Body 2:

The disadvantages of the vegetarian diet

Q The Conclusion:

In my opinion / I advise you / I suggest

Writing Practice

Respect is a very big concept. In 12 sentences write an expository essay discussing the importance of respect to the society and ways of showing respect to others.



Q Introduction:

In this essay, I will write about the importance of respect to the society and ways of showing respects to others.

The body:

Q Body 1: The importance of respect

- keeping peace
- strengthening the society

Q Body 2: Ways of showing respect

- Not involve ourselves in private matters
- listen well and never interrupt.

Q The Conclusion:

To conclude, respect is earned and not demanded.

Every person on this earth has the right to be respected. In this essay, I will write about the importance of respect to the society and ways of showing respects to others.

Respect is very important to any society. First of all, respect ensures peace. This means that if citizens were taught to respect each other regardless of their differences, tolerance amongst them will increase, and they will be able to live together in harmony. Consequently, hatred and discrimination crime levels will decrease. In addition, respect will eventually strengthen the society. All citizens will understand that they're equal and that they need each other to live in peace.

There are many ways of showing respect to people. First, you can show respect to others by not involving yourself in their personal matters. Second, listening well to people and not interrupting them is another way of showing respect. Showing the person that what they are saying is important is a great way of showing them that you respect their thoughts and ideas.

To conclude, respect is earned and not demanded. People should treat others with respect if they want to be respected in return.



The Persuasive Essay:



One argument - Persuade the reader

Example 1:

❑ Introduction:

- Hook : Do you know how charity benefits the society?
- Thesis : In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

- ❑ Body 1: charity gives the needy a better chance in life.
- ❑ Body 2: charity gives the donators a feeling of satisfaction.
- ❑ Conclusion: in my opinion-----

Example 2:

❑ Introduction:

- Hook : many people nowadays shop online instead of going to malls.
- Thesis : shopping online has more shortcomings and people must be careful when they shop online.

The body:

- ❑ Body 1: the shortcomings of online shopping.
- ❑ Body 2: the precautions people must take while shopping online.
- ❑ Conclusion: I advise people to-----

Writing Practice:



Respect is a very big concept. Some people think that others with different beliefs and religions do not deserve our respect. In 12 sentences write a persuasive essay convincing the reader that respect should be given to all people, explaining the importance of respect to the society.

Q Introduction:

In this essay, I will prove that respect should be given to all people, and explain the importance of respect to the society.

The body:

Q Body 1: Respect should be given to all people

- Islam teachings
- The right to be respected

Q Body 2: The importance of respect

- keeping peace
- strengthening the society

Q The Conclusion:

According to Islam, respect should be given to all people regardless of their religion or beliefs.

People have different view when it comes to respecting those who have different religions or beliefs. However, Islam always took the rights of all people into consideration. In this essay, I will prove that respect should be given to all people, and explain the importance of respect to the society.

Respect should be given to all people. This is one of Islam's teachings that each Muslim must follow. We have learned that all people are equal, and all of them should be respected and protected regardless of their religions or beliefs. In addition, it is one of the human right that each and every person is respected. Therefore, socially and religiously, you are required to show respect to all people.

Respect is very important to any society. First of all, respect ensures peace. This means that if citizens were taught to respect each other regardless of their differences, tolerance amongst them will increase, and they will be able to live together in harmony. Consequently, hatred and discrimination crime levels will decrease. In addition, respect will eventually strengthen the society. All citizens will understand that they're equal and that they need each other to live in peace.

to sum up, respect should be given to all people regardless of their religion or beliefs according to Islam. Therefore, it is necessary to spread the culture of respect in the society.

UNIT 3 : INSPIRING ARCHITECTURE



Word	Meaning	Word	Meaning
concrete	خرساني	design	تصميم
drill	يحفّر	Evoke	يثير المشاعر
Expressionist	معبر	chic	أنيق
forecourt	ساحة	governmental	حكومي
foundation	ساس البناء	modernistic	حديث
framework	الهيكل العام	public	عام
geometric	هندسي	residential	سكني
Renowned	مشهور	spacious	واسع
slightly	بدرجة خفيفة - قليلا	state	حكومي
studio	ستوديو	sturdy	ثابت
venue	مسرح-صالة-ملعب	substantial	مهم
advocate	يدعم	apprehensive	قلق
benefit	يستفيد	council	مجلس
detrimental	مدمر	influx	تدفق
objective	هدف	profitable	مربح
voice	يعبر	gourmand	محب للأكل
boutique	محل صغير-بوتيك	mainstream	شائع
brand	ماركة	State of the art	حديث
edutainment	وسائل ترفيه تربية		

Setbook

Q Inspiring architecture are buildings that
Look very special, different, and breath-taking

Q The importance of the inspiring architecture:

- They attract tourists
- They beautify the country
- They create a lovely view
- They grab people's interest and attention

Q Malls are a destination for people to

They are a destination for people to gather, shop, eat and have a good time.



Q What makes a mall a destination for shoppers?:

- Different stores
- Different brands
- Sales and offers
- Unique boutiques
- Great atmosphere
- Suitable prices

360° Kuwait is a monumental shopping centre being built in the South Surra area of

Kuwait City. The centre contains copious shops, from large department stores selling

mainstream brands to smaller boutiques, alongside all your favourite sports, music,

electronics and games stores.

Comparatives & Superlatives



Adjective	Comparative	Superlative
Good	Better than	The best
Bad	Worse than	The worst
Far	Farther than Further than	The farthest The furthest
Late	Later than Latter than	The latest The lattest
Little	Less than	The least
Many / Much	More than	The most
Old قديم	Older than	the oldest
Old عمر	Older than	The eldest

The Comparatives:

- Q Nice **r than** Smart **er than**
- Q **more** amazing **than** **more** beautiful **than**
- Q **more** organized **than** **more** special **than**
- Q My office is **closer** to my house **than y** ours.
- Q Your dress is **more beautiful than** the one I saw yesterday.

The Superlatives:

- Q the nice st the smart est
- Q the most amazing the most beautiful
- Q the most organized the most special
- Q My office is the closest among the other offices.
- Q This is most beautiful dress I have ever seen.

Compound Adjectives

- Q They live in a building of 3 stories.
They live in a 3-story building
- Q He won a race of 5 kilometers.
He won a 5-kilometer race.
- Q We had a meal of 3 dishes.
We had a 3-dish meal.
- Q I watched a movie of 90 minutes.
I watched a 90-minute movie



Practice

Smart Quizzes



Writing

Writing the outline:

- Q Introduction: المقدمة
- Hook: أي شيء يشد القارئ: مثلا بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة
- Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شنو

The body:

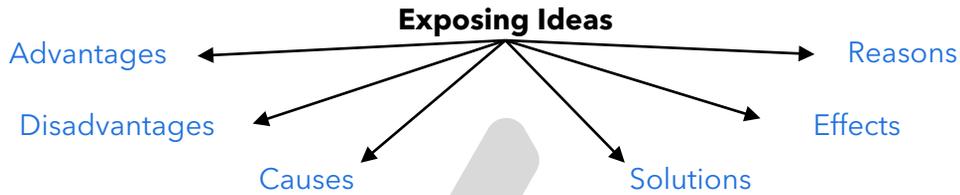
- Q Body 1: الفكرة الأولى
الأفكار الجزئية



Body 2: الفكرة الثانية
الأفكار الجزئية

The Conclusion: الخاتمة
نصيحة - رأي - طول - اقتراحات

The Expository Essay



Example 1:

Introduction:

In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

Body 1:

The causes of car accidents

Body 2:

Solutions for the problem of car accidents.

The Conclusion:

In my opinion / I advise you / I suggest

Example 2:

Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Body 1: The advantages of the vegetarian diet

Body 2: The disadvantages of the vegetarian diet

The Conclusion: In my opinion / I advise you / I suggest

Writing Practice



The government is planning to build new modern buildings in Kuwait city. In 12 sentences write an expository essay about the importance of inspiring architecture in buildings and how you would suggest the new buildings should look like.

Q Introduction:

In this essay, I will write about the importance of inspiring architecture in buildings and how I would suggest the new buildings that the government will build should look like.

The body:

Q Body 1: The importance of inspiring architecture

- They beautify the country
- They attract tourists

Q Body 2: suggestions for the new buildings

- Should reflect the culture of the country
- Long towers to attract the eyes of people

Q The Conclusion:

In conclusion, buildings have a great role in the country.

The government has decided to build new buildings in Kuwait city. In this essay, I will write about the importance of inspiring architecture in buildings and how I would suggest the new buildings that the government will build should look like.

Building buildings with inspiring architecture is very important. First, inspiring architecture play a part in beautifying the country. It participates in giving an attractive look to the city. Second, they attract tourists. Buildings with unique designs usually grab the tourists' attention and make them curious about the idea of the reason behind the design.

If the government is planning on building more unique buildings and also profit from them, they should make sure that those buildings are designed in a special way. A first suggestion would be that the new buildings reflect the culture of the country. They could be built to look like something that represent our ancestors' history and struggles. For example, they can build places that look like ships or tents. A second suggestion would be building long towers instead of short building to attract the eyes of the people. Longer towers can also serve as a tourist destination to give the tourists a good view at the city.

In conclusion, buildings have a great role in the country. They could be the reason for flourishing the economy and attracting the tourists.

The Persuasive Essay:



One argument - Persuade the reader

Example 1:

Q Introduction:

- Hook : Do you know how charity benefits the society?
- Thesis : In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

- Q Body 1: Charity gives the needy a better chance in life.
- Q Body 2: Charity gives the donators a feeling of satisfaction.
- Q Conclusion: In my opinion-----

Example 2:

Q Introduction:

- Hook : Many people nowadays shop online instead of going to malls.
- Thesis : Shopping online has more shortcomings and people must be careful when they shop online.

The body:

- Q Body 1: The shortcomings of online shopping.
- Q Body 2: The precautions people must take while shopping online.
- Q Conclusion: I advise people to-----

Writing Practice:



Building have a greater role than just being used for housing. In 12 sentences write a persuasive essay convincing the reader that attractive buildings are important culturally and financially.

Q Introduction:

In this essay, I will write about the importance of attractive buildings culturally and financially

The body:

Q Body 1: The cultural importance

- Reflect the country's traditions and culture
- Teach tourists about the country

Q Body 2: The financial importance

- Attract more tourist to the country
- Improve the economy of the country

Q The Conclusion:

In conclusion, buildings have a great role in every society.

Nowadays, building serve more purposes than in the past. Unlike nowadays, building in he past were very simple. Today, building are becoming more attractive and creative. In this essay, I will write about the importance of attractive buildings culturally and financially.

Attractive buildings are important culturally. First, they reflect the country's traditions and culture by some of their designs. For example, in Kuwait the National Assembly building looks like an old tent, while one of the famous shopping malls looks like a ship. Another importance is that those buildings could teach tourists about the country. When a tourist sees a unique building they will most likely ask question of why was this building built to look like this. The answer to that question would usually contain cultural information about the country.

As a result to the mentioned above, attractive buildings also have a financial importance. They will attract more tourist to the country as most tourists admire unique building designs. In addition, they could improve the economy of the country as tourists will end up staying in hotels, buying products or even paying for services.

In conclusion, buildings have a great role in every society. Therefore, there is a huge responsibility on architects to come up with more unique designs.

UNIT 4 : COMPUTER GAMES



Word	Meaning	Word	Meaning
Anti reflective	مضاد انعكاس	rival	منافس
Artificial Intelligence (AI)	الذكاء الاصطناعي	sensor	جهاز استشعار
compete	ينافس	simulate	يحاكي الواقع
competitive	تنافسي	Speech recognition	يتحكم به عن طريق الصوت
console	جهاز ألعاب	Visual effects	مؤثرات بصرية
convoluted	معقد	wizard	ذكي
discourse	حوار	Computer-friendly	يعمل على الكمبيوتر
employ	يوظف	Hold button	زر إيقاف مؤقت
naturalistic	مماثل للطبيعة	wireless	اللاسلكي
perception	إدراك	Bonus	علاوة
analogue	كلاسيكي	caller	المتصل
drive	مدرك أقراص	helpline	خط مساعدة
touchscreen	شاشة لمس	joystick	جهاز التحكم باللعبة
arcade	العاب كلاسيكية	mode	حالة
breathhtaking	خلاب	exclusive	حصري
Built in	مدمج	keypad	لوحة مفاتيح
mundane	ممل	idle	كسول
Out of shape	غيرلائق صحيا	incredibly	بشكل لا يصدق

Setbook

Q Computer games in the past:

- They were simpler
- The graphics were bad
- The movement of the characters was limited

Q Computer games nowadays:

- They are more convoluted
- The graphics have been improved
- There is 3D gaming
- There is online and multiple player gaming modes
- The characters look realistic and have naturalistic movements
- There is simulation gaming



Q Computer games in the future:

- Games will be even more complicated
- There will be no consoles or joysticks
- The games will be so realistic
- More simulation games will be created
- There will be 4D games in which you will engage your senses.

Q The advantages of computer games:

- Playing video games is fun
- It could enhance your imagination
- It teaches you to solve problems

Q The disadvantages of computer games:

- They waste our time if they weren't useful games.
- Spending too much time on video games could make you idle and lazy.
- Some video games are addictive and disconnect you from communicating with others

Future Simple



Q The keywords of the future simple:

Soon - Tomorrow - later - tonight - this evening - next (week, month, year...) - The following (week, month, year ..)

Q I **will** + V (inf.)

Q I **will travel** to London next month.

Q We **will give** our presentation later tonight.

Q They **will visit** us soon.

Q V (be) + **going to** + V (inf.)

Q I **am going to travel** to London next month.

Q We **are going to give** our presentation later tonight.

Q They **are going to visit** us soon.

Q V (be) + V (**ing**)

Q I **am travelling** to London next month.

Q We **are giving** our presentation later tonight.

Q They **are visiting** us soon.

The more ... the more



- ❑ If your food is good, you will have a nice party.
The better your food, the nicer the party.
- ❑ If you show a nice smile, your friends will be happy.
The nicer your smile, the happier your friends.
- ❑ If you work hard, your achievements will be big.
The harder you work, the bigger your achievements will be.
- ❑ If you study, you will succeed.
The more you study, the more you succeed
- ❑ If you sell products, you will earn money.
The more you sell products, the more you will earn money.
- ❑ If you drive more, you will be experienced
The better your experience, the more you will have job opportunities.

Practice

Smart Quizzes



Writing

Writing the outline:

- ❑ Introduction: المقدمة
- Hook: أي شيء يشد القارئ: مثلا بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة
- Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شئ

The body:

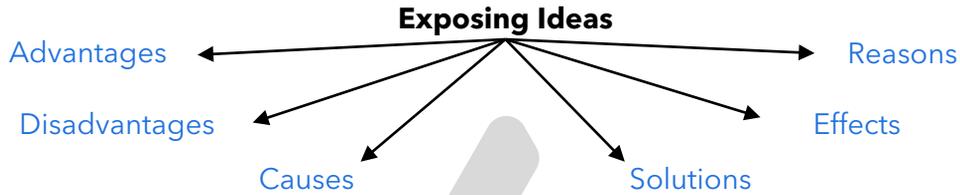
- ❑ Body 1: الفكرة الأولى
الأفكار الجزئية



Body 2: الفكرة الثانية
الأفكار الجزئية

The Conclusion: الخاتمة
نصيحة - رأي - حلول - اقتراحات

The Expository Essay



Example 1:

Introduction:

In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

Body 1:

The causes of car accidents

Body 2:

Solutions for the problem of car accidents.

The Conclusion:

In my opinion / I advise you / I suggest

Example 2:

Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Body 1:

The advantages of the vegetarian diet

Body 2:

The disadvantages of the vegetarian diet

Q The Conclusion:

In my opinion / I advise you / I suggest

Writing Practice



People from all ages nowadays play videogames. In 12 sentences write an expository essay about the advantages and disadvantages of playing videogames.

Q Introduction:

In this essay, I will write about the benefits of video games and how video games benefit the players' skills and social life

The body:

Q Body 1: The benefits of videogames on the skills:

- promotes creativity
- improves health

Q Body 2: The benefits of videogames on social life:

- making new friends online
- improving communication skills

Q The Conclusion:

In conclusion, videogames are double-edged weapons.

Video games can be harmful, but can also be useful. It depends on the players themselves. In this essay, I will write about the benefits of video games and how video games benefit the players' skills and social life.



There are many benefits of videogames on the players' skills. First, they promote creativity. A lot of videogames nowadays help players to improve their creative side because they involve simulation. Second, videogames can improve health. This is mainly because many games nowadays involve full-body movement instead of just controlling a joy-stick. This will help players to be more active and probably lose some weight too.

There are also many benefits of videogames on the players' social life. First, players can make new friends online. It's easier to make friends through online videogames because mostly those players share the same interests. Second, videogames can participate in improving the players' communication skills. Players nowadays communicate with people from all over the world through a microphone or texting. They also communicate using different languages.

In conclusion, videogames are double-edged weapons. The players can either benefit from them or not depending on the choices they make.

The Persuasive Essay:



One argument - Persuade the reader

Example 1:

Q Introduction:

- Hook : Do you know how charity benefits the society?
- Thesis : In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

- Q Body 1: Charity gives the needy a better chance in life.
- Q Body 2: Charity gives the donators a feeling of satisfaction.
- Q Conclusion: In my opinion-----

Example 2:

Q Introduction:

- Hook : Many people nowadays shop online instead of going to malls.
- Thesis : Shopping online has more shortcomings and people must be careful when they shop online.

The body:

- Q Body 1: The shortcomings of online shopping.
- Q Body 2: The precautions people must take while shopping online.
- Q Conclusion: I advise people to-----

Writing Practice:



People from all ages nowadays play videogames. In 12 sentences write a persuasive essay to convince the reader that video games can be useful, explaining its benefits on the players' skills and social life.

Q Introduction:

In this essay, I will write about the benefits of videogames on the player's skills and social life.

The body:

Q Body 1: Benefits on player's skills

- Improves creative thinking
- Improves problem-solving
- Improves physical activity

Q Body 2: Benefits on social life

- Making friends
- Socializing and sharing interests

Q The Conclusion:

Videogames can be useful, if we use it the right way.

Videogames are no longer games for little kids. People from all ages and backgrounds play different videogames believing that they are useful. In this essay, I will write about the benefits of videogames on the player's skills and social life.

There are many benefits of videogames on the player's skills. For example, some videogames promote creative thinking, especially the ones that require solving puzzles and mysteries. In addition, some video games improve problem-solving. Furthermore, simulation videogames improve the player's physical activity because it involves physical movement.

There are also many benefits of videogames on the player's social life. Online videogames allow the player to make friends and meet people from all over the world. They can chat by typing or even by a voice call. Another benefit is that some videogames allow for socializing and sharing interests through sending pictures or video files.

Videogames can be useful, if we use it the right way. People should stop looking at videogames as a negative leisure-time activity.

UNIT 5 : SPORTS PSYCHOLOGY



Word	Meaning
adversity	صعوبة
equestrian	فروسي
neurologist	طبيب أعصاب
observe	يلاحظ
Paralympics	الألعاب الأولمبية للمعاقين
aggression	عدوان
extrovert	اجتماعي
feedback	انطباع - التغذية الراجعة
motivation	تحفيز
sportsmanship	روح رياضية
teammate	عضو في فريق
badminton	الريشة
member	عضو
solarium	جهاز تسمير البشرة
interpersonal	بين الأشخاص
Personal trainer	مدرب شخصي

Word	Meaning
phenomenon	ظاهرة
physiotherapy	عالج طبيعى
rehabilitation	إعادة تأهيل
Self-discipline	ضبط النفس
virtue	فضيلة
determination	تصميم - عزم
introvert	منطوي
mentality	عقلية
opponent	خصم
stimulation	تحفيز
application	تطبيق
gymnastics	الجمباز
sauna	ساونا
Able-bodied	سليم بدنياً
navigate	يتنقل \ يتحرك
stamina	لياقة بدنية

Setbook

❑ What is the Paralympics?

It's a sport competition for the disabled.

❑ The importance of the Paralympics:

- It makes the disabled feel as capable as the able-bodied people.
- It encourages the disabled and gives them a feeling of accomplishment.
- It enables the disabled to be involved in the society.
- It enables the disabled to represent their country and win titles for them.

❑ Kuwait's role towards the disabled:

Kuwait is the first country in the gulf to develop a sport club for the disabled.



Q How can we help the disabled?

- It's our responsibility to encourage them, help them to improve their talents, involve them more in the society.
- We must not use their parking area, help them to cross the street and carry things for them.

Q The extroverted personality:

- They are outgoing and sociable.
- Their aggression is direct.
- They play team-sports like football and basketball.
- They play aggressive sports like boxing.

Q The introverted personality:

They are shy and isolated. Their aggression is indirect. They play solo and concentration sports like tennis, golf and chess.

Kuwait was the first country in the Gulf region to develop a sport club specifically for the disabled. Established in 1977, the Kuwait Disabled Sports Club now has more than 1,500 members. The track and field stadium are equipped with a digital screen and a physiotherapy section.

Question Formation

The WH-Questions:

Q What الأشياء - الأحداث

Q Where الأماكن

Q When متى

Q Why لماذا

The helping verbs:

V (be)
Is
Am
Are
Was
were

V (have)
Have
Has
Had

Modals
Can - Could
Shall - Should
Will - Would
May - might
must



Q My teacher will explain the lesson tomorrow on social media to help us.

- What will my teacher explain?
- When will my teacher explain the lesson on social media?
- Where will my teacher explain the lesson?
- Why will my teacher explain the lesson on social media tomorrow?

Q I am doing my homework right now in my room because I have other things to do later.

- What are you doing right now?
- When are you doing your homework?
- Where are you doing your homework right now?
- Why are you doing your homework right now in your room?

No helping verbs?

Do
Play
cook

Does
Plays
cooks

Did
Played
Cooked
Wrote
went



Q My parents bought a new house near the beach because they want to enjoy the lovely view.

- What did your parents buy?
- Where did your parents buy a new house?
- Why did your parents buy a new house?

Q My father walks in the neighborhood every morning to lose some weight.

- When does your father walk in the neighbourhood?
- Where does your father walk every day?
- Why does your father walk in the neighbourhood?

Modals

Q Can

- I can write my name with my eyes closed.
- My father can hold his breath for 2 minutes

Q Could

- I could run faster when I was younger.
- She could swim for a whole 30 minutes in the past

Q Should

- You should do your homework since you have time.
- You should buy that dress. It looks nice on you.
- You should always do your best at anything you do.



Q Would

- I would study if I had time.
- If you listened, you would learn.
- They would leave if the music stopped.

Question Tag:

Is Am Are Was Were
Have Has Had



- Q She is a teacher, **isn't she** ?
- Q The boys are excited about that trip, **aren't they** ?
- Q My mother hasn't yet arrived, **has she** ?
- Q I am not expelled from the institute, **am I** ?
- Q I am expelled from the institute, **aren't I** ?
- Q You will submit the homework, **won't you** ?
- Q You won't submit the homework, **will you** ?
- Q You played football when you were little, **didn't you** ?
- Q You stay up all night, **don't you** ?
- Q She works at a restaurant, **doesn't she** ?
- Q You'd rather work hard, **wouldn't you** ?
- Q You'd like to study engineering, **wouldn't you** ?
- Q You'd better leave, **hadn't you** ?
- Q Let's go shopping, **shall we** ?
- Q Let us go shopping, **will you** ?
- Q Close the door, **will you** ?
- Q Work harder, **will you** ?

Practice

Smart Quizzes



Writing



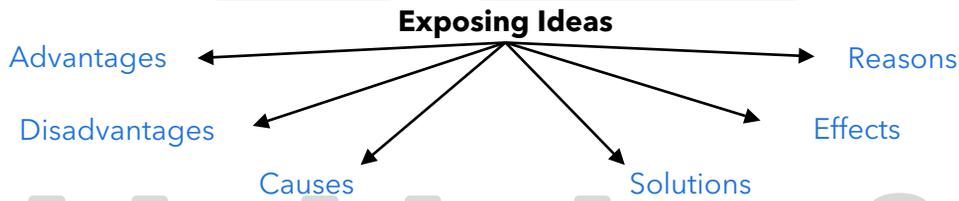
Writing the outline:

- Introduction: المقدمة
- Hook: أي شيء يشد القارئ: مثلا بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة
- Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شنو

The body:

- Body 1: الفكرة الأولى
الأفكار الجزئية
- Body 2: الفكرة الثانية
الأفكار الجزئية
- The Conclusion: الخاتمة
نصيحة - رأي - طول - اقتراحات

The Expository Essay



Example 1:

- Introduction:
In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

- Body 1:
The causes of car accidents
- Body 2:
Solutions for the problem of car accidents.

Q The Conclusion:

In my opinion / I advise you / I suggest

Example 2:

Q Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Q Body 1:

The advantages of the vegetarian diet

Q Body 2:

The disadvantages of the vegetarian diet

Q The Conclusion:

In my opinion / I advise you / I suggest

Writing Practice



The disabled people are facing many difficulties nowadays. In 12 sentences write an expository essay about the difficulties they face explaining the importance of setting rules to protect the rights of the disabled.

Q Introduction:

In this essay, I will write about the difficulties the disabled face and the importance of setting rules to protect their rights.

The body:

Q Body 1: The difficulties the disabled face

- Their parking spots are being used
- No disabled entrance and seating in some places

Q Body 2: The importance of setting rules

- disabled will be treated equally to the able-bodied
- disabled will feel they are part of the society

Q The Conclusion:

All in all, the disabled are citizens who have equal rights in this society.

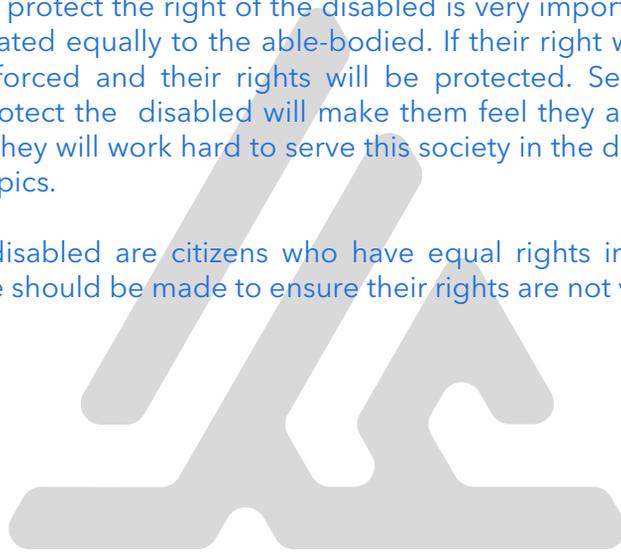
There are many challenges facing the disabled in our country. In this essay, I will write about the difficulties the disabled face and the importance of setting rules to protect their rights.



There are many difficulties the disabled face in our country. For example, their parking spots are being used by the able-bodied everyday. Unfortunately, the able-bodied use those parking spots because they are closer to the entrance of the building, but they completely ignored the fact that there might be disabled people who need those spots more. Another example is the disabled entrance and seating. Some buildings do not have special entrance for the disabled which makes it difficult for them to enter the building. In addition, some places like restaurants and coffeeshops are not facilitated with disabled seating.

Setting rules to protect the right of the disabled is very important. First, the disabled will be treated equally to the able-bodied. If their right were violated, the law will be enforced and their rights will be protected. Second, setting strong rules that protect the disabled will make them feel they are part of the society. Therefore, they will work hard to serve this society in the different fields, such as the Paralympics.

All in all, the disabled are citizens who have equal rights in this society. Therefore, strict rule should be made to ensure their rights are not violated.



The Persuasive Essay:



One argument - Persuade the reader

Example 1:

Q Introduction:

▪ Hook :

Do you know how charity benefits the society?

▪ Thesis :

In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

Q Body 1: Charity gives the needy a better chance in life.

Q Body 2: Charity gives the donators a feeling of satisfaction.

Q Conclusion: In my opinion-----

Example 2:

Q Introduction:

▪ Hook :

Many people nowadays shop online instead of going to malls.

▪ Thesis :

Shopping online has more shortcomings and people must be careful when they shop online.

The body:

Q Body 1: The shortcomings of online shopping.

Q Body 2: The precautions people must take while shopping online.

Q Conclusion: I advise people to-----

Writing Practice:



The disabled people are facing many difficulties nowadays. In 12 sentences write a persuasive essay about the difficulties they face explaining the importance of setting rules to protect the rights of the disabled.

Q Introduction:

In this essay, I will write about the difficulties the disabled face and the importance of setting rules to protect their rights.

The body:

Q Body 1: The difficulties the disabled face

- Their parking spots are being used
- No disabled entrance and seating in some places

Q Body 2: The importance of setting rules

- disabled will be treated equally to the able-bodied
- disabled will feel they are part of the society

Q The Conclusion:

All in all, the disabled are citizens who have equal rights in this society.

There are many challenges facing the disabled in our country. In this essay, I will write about the difficulties the disabled face and the importance of setting rules to protect their rights.

There are many difficulties the disabled face in our country. For example, their parking spots are being used by the able-bodied everyday. Unfortunately, the able-bodied use those parking spots because they are closer to the entrance of the building, but they completely ignored the fact that there might be disabled people who need those spots more. Another example is the disabled entrance and seating. Some buildings do not have special entrance for the disabled which makes it difficult for them to enter the building. In addition, some places like restaurants and coffeshops are not facilitated with disabled seating.

Setting rules to protect the right of the disabled is very important. First, the disabled will be treated equally to the able-bodied. If their right were violated, the law will be enforced and their rights will be protected. Second, setting strong rules that protect the disabled will make them feel they are part of the society. Therefore, they will work hard to serve this society in the different fields, such as the Paralympics.

All in all, the disabled are citizens who have equal rights in this society. Therefore, strict rule should be made to ensure their rights are not violated.

UNIT 6 : NATURE



Word	Meaning	Word	Meaning
conservation	حماية	fauna	الثروة الحيوانية
deserve	يستحق	Fence off	يسيج
effluent	الصرف الصحي	flora	الثروة النباتية
hectare	هكتار	marsh	مستنقع
propagation	تكاثر	sanctuary	محمية طبيعية
vegetation	نباتات	call	صوت الحيوانات
genus	نوع	pesticide	مبيد حشري
poacher	صياد غير قانوني	underpart	الجزء السفلي من جسم الحيوان
widespread	منتشر	aggressive	عدواني
fierce	شرس	herbivore	أكل العشب
hostile	عدواني	proud	فخور
stubborn	عنيد	sustenance	طعام
tame	أليف	adjacent	مجاور
Bed out	يزرع	cleanup	تنظيف
Carbon monoxide	أول أكسيد الكربون	exotic	غريب
finance	يمول	global	عالمي
imperative	ضروري	mammal	حيوان ثديي
nest	عش	On behalf	نيابة عن
toxin	مادة سامة	wasteland	أرض قاحلة

Setbook:

Q What are rare animals?

They are animals that are in danger of being extinct

Q Rare animals need:

They need food, water, appropriate and safe environment, and appropriate weather.

Q Rare animals are threatened by:

They are threatened by other wild animals, poachers and hunters, the destruction of their habitats either by natural disasters or by people cutting the trees down.



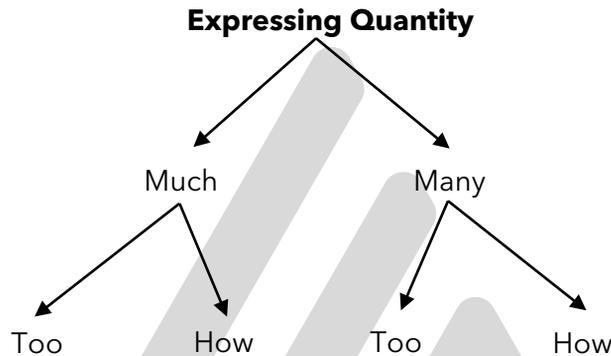
Q How can we save rare animals?

We can save them by putting them in sanctuaries, stop hunting them, setting laws against illegal hunting, stop cutting trees and destroying their natural habitats.

Q Why should we save rare animals?

Saving rare animals will help us to keep the balance in the environment. In addition, saving those animals might help in saving other species.

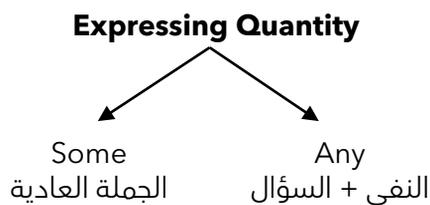
The countable and the non-countable nouns



- Q Don't put **too much** water in the pan.
- Q **How much** sugar do you want in your tea?
- Q **Too many** people will come to the party tonight.
- Q **How many** chairs do we have in the classroom?

	Enough	Not Enough
Countable	A few	Few
Uncountable	A little	Little

- Q I have **a few** apples to make the apple juice my father asked for.
- Q We can't make the meeting here. We only have **few** chairs.
- Q We have **a little** sugar left for the cake.
- Q We only have **little** juice left. It's not enough for our guests.



- Q We have some vegetables in the fridge.
- Q There is some honey left in the container
- Q We don't have any vegetables in the fridge.
- Q There isn't any honey left in the container.
- Q Do we have any vegetables in the fridge?
- Q Is there any honey left in the container?

Present Perfect Simple



Have
+ p.p
has

Q Keywords: Just - yet - never - ever - already - lately - recently - since - for

Q I have just written an article.
I haven't written an article yet.

Q Since:
since 2005 - since August - since Tuesday - since my graduation - since Eid - since Ramadan - since my birthday - since I was born

Q For:
For 5 years - for 2 days - for 10 minutes - for a long time - for a century - for a decade - for as long as I lived - for as long as I've known you

Correct the underlined words:

- | | |
|---|--------------------------|
| Q <u>Has</u> you ever been to Spain? | <u>Have</u> |
| Q I have just <u>wrote</u> the essay. | <u>Written</u> |
| Q We <u>has</u> worked hard for 2 hours. | <u>Have</u> |
| Q We have <u>meet</u> recently. | <u>Met</u> |
| Q I <u>didn't submit</u> the report yet. | <u>Haven't submitted</u> |
| Q I have studied Spanish <u>since</u> 5 years. | <u>For</u> |
| Q We haven't visited our uncles <u>for</u> Eid. | <u>since</u> |



Present Perfect Continuous

Have been

+ V (ing)

Has been

Q Keywords: Since - for - several - all (day, night, month)

Q I have been studying all day.

I haven't (have not) been studying all day.

Q I have been waiting for you for five hours.

I haven't (have not) been waiting for you for five hours.

Correct the underlined words:

Q Has you been studying in Spain for 3 years?

Q I have been wrote the essay for a long time.

Q We has working hard for 2 hours and still haven't finished.

Q We have been played football since we were 8 years old.

Q I have been studying Spanish since 5 years.

Q We have been visiting our uncles for Eid.

Have

writing

Have been working

playing

For

Since



Correlative Conjunction:

Both ... And

Q Both Ahmad and his brother are polite.

Q Both roses and lilies look very beautiful.

Q We need to hire both a nurse and a technician.

Either ... Or

Q Either Ahmad or Khalid has the report.

Q Either roses or lilies look very beautiful.

Q Either two doctors or a nurse needs to be hired.

Neither ... Or

Q Neither Ahmad nor Khalid has the report.

Q Neither roses nor lilies look beautiful on that table.

Q Neither two doctors nor a nurse needs to be hired.



Not Only but Also:

في حال وجود فعل مساعد الأفعال المساعدة:



V (be): is am are was were

V (have): have has had

Modals: can could shall should may might must will would

❑ He is playing the piano. He is playing the guitar.

Not only is he playing the piano, but also he is playing the guitar.



❑ He has studied English and French.

Not only has he studied English, but also he has studied French.

❑ They had enjoyed the game. They had enjoyed the enthusiasm from the audience too.

Not only had they enjoyed the game, but also they had enjoyed the enthusiasm from the audience.

❑ She will study hard. She will pass the exam.

Not only will she study hard, but also she will pass the exam.

في حال عدم وجود فعل مساعد

Do: V (inf) - مصدر play - write

Does: V+s - plays - writes

Did: V2 - الماضي played - wrote

❑ The visitors admired the food. They admired the decor too.

Not only did the visitors admire the food, but also they admired the decor.

❑ My sister sells cookies and cupcakes.

Not only does my sister sell cookies, but also she sells cupcakes.

❑ The patients need care. The patients need attention.

Not only do the patients need care, but also they need attention.

Writing



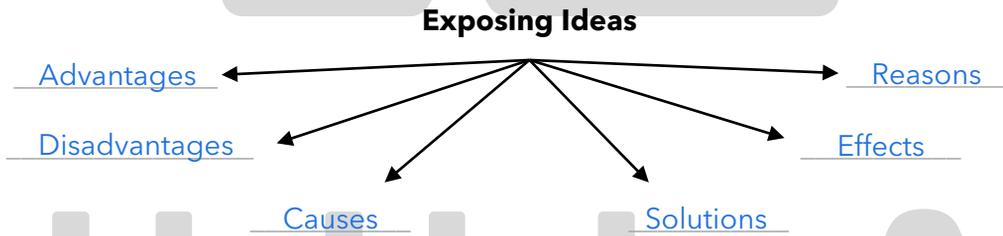
Writing the outline:

- Introduction: المقدمة
- Hook: أي شيء يشد القارئ: مثلاً بيت شعر - أمثال - حكم - حقائق - معلومات عامة - معلومات صادمة
- Thesis: جملة واحدة تحتوي على الأفكار المطلوبة مني براس السؤال، هدفها تبين لي الموضوع يتكلم عن شنو

The body:

- Body 1: الفكرة الأولى
الأفكار الجزئية
- Body 2: الفكرة الثانية
الأفكار الجزئية
- The Conclusion: الخاتمة
نصيحة - رأي - حلول - اقتراحات

The Expository Essay



Example 1:

- Introduction:
In Kuwait, hundreds of people die every year because of car accidents
There are many cause of car accidents and the government must solve this problem.

The body:

- Body 1: The causes of car accidents
- Body 2: Solutions for the problem of car accidents.
- The Conclusion: In my opinion / I advise you / I suggest

Example 2 :

Q Introduction:

Vegetarian diet has proven to be one of the most successful diets for weight loss
There are many advantages and disadvantages for following the vegetarian diet

The body:

Q Body 1:

The advantages of the vegetarian diet

Q Body 2:

The disadvantages of the vegetarian diet

Q The Conclusion:

In my opinion / I advise you / I suggest

Writing Practice



More animals around the world are becoming extinct. In 12 sentences write an expository essay about the reasons behind animal extinction and the measures that should be taken to protect those animals.

Q Introduction:

In this essay I will discuss the reasons behind animals extinction and the measures that should be taken to protect those animals.

The body:

Q Body 1: Reasons behind animals extinction

Human activity
Natural disasters

Q Body 2: How to protect endangered animals.

Setting laws against illegal hunting
Stop deforestation
Put them in sanctuaries

Q The Conclusion:

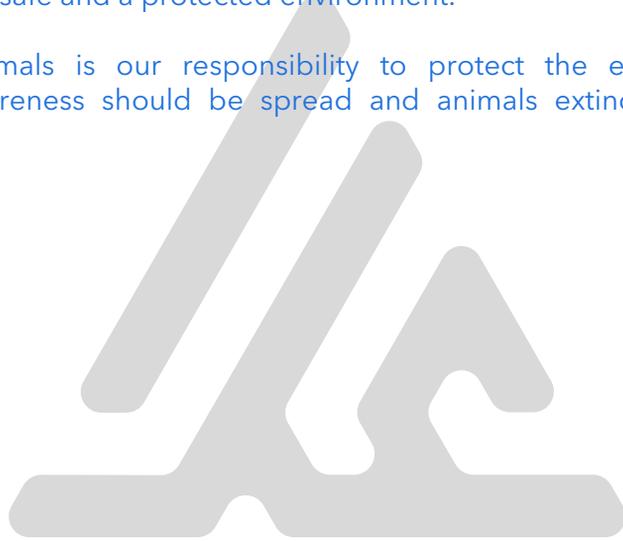
Protecting animals is our responsibility to protect the environmental balance.

Unfortunately, more and more animals nowadays are becoming endangered of being extinct. There are many reason for animal extinction. In this essay I will discuss the reasons behind animals extinction and the measures that should be taken to protect those animals.

There are many reasons that caused some animals to be extinct, or endangered to be so. The first and main reason would be human activities. This involves deforestation, which is the act of cutting trees, pollution, and the destruction of natural habitats as a result of building and modernization.

On the other hand, there are some measures that people can take to protect those animals and save their lives. First, strong laws should be set against illegal hunting. Second, deforestation should be stopped to protect the environment and the natural habitat of animals. Third, those animals should be put in sanctuaries to help them produce and keep them in a safe and a protected environment.

Protecting animals is our responsibility to protect the environmental balance. Environmental awareness should be spread and animals extinction should be taken seriously.



The Persuasive Essay:



One argument - Persuade the reader

Example 1:

Q Introduction:

- Hook : Do you know how charity benefits the society?
- Thesis : In this essay I will discuss how charity guarantees a balanced society by giving the needy a better chance in life, and giving the donators a feeling of satisfaction.

The body:

Q Body 1: Charity gives the needy a better chance in life.

Q Body 2: Charity gives the donators a feeling of satisfaction.

Q Conclusion: In my opinion-----

Example 2:

Q Introduction:

- Hook : Many people nowadays shop online instead of going to malls.
- Thesis : Shopping online has more shortcomings and people must be careful when they shop online.

The body:

Q Body 1: The shortcomings of online shopping.

Q Body 2: The precautions people must take while shopping online.

Q Conclusion: I advise people to-----

Writing Practice:



More animals around the world are becoming extinct. In 12 sentences write a persuasive essay convincing the reader that human beings are the main reason why some animals are endangered, and what measures should be taken to protect those animals.

Q Introduction:

In this essay I will prove that human beings are the main reason why some animals are endangered and the measures that should be taken to protect those animals.

The body:

Q Body 1: Human beings are responsible

Deforestation
Destruction of natural habitats
Pollution

Q Body 2: How to protect endangered animals.

Setting laws against illegal hunting
Stop deforestation
Put them in sanctuaries

Q The Conclusion:

Protecting animals is our responsibility to protect the environmental balance.

Unfortunately, more and more animals nowadays are becoming endangered of being extinct. There are many reason for animal extinction. In this essay I will prove that human beings are the main reason why some animals are endangered and the measures that should be taken to protect those animals.

The first and main reason for animal extinction would be human activities. This involves deforestation, which is the act of cutting trees. Consequently, this leads to the destruction of the animals natural habitats. Pollution is another human activity that resulted in endangering many animals.

There are some measures that people can take to protect those animals and save their lives. First, strong laws should be set against illegal hunting. Second, deforestation should be stopped to protect the environment and the natural habitat of animals. Third, those animals should be put in sanctuaries to help them produce and keep them in a safe and a protected environment.

Protecting animals is our responsibility to protect the environmental balance. Environmental awareness should be spread and animals extinction should be taken seriously.

Summary Making:



Paraphrasing:

Changing words:

Q Climbing mountains is dangerous
Climbing mountains is risky

Q It's important to memorize your bank pin code.
It is essential to remember your bank pin code.

Rearranging words:

Q If you cared, you would apologize.
You would apologise if you cared

Q wanting to win is not enough in this competition.
In this competition wanting to win is not enough

Changing to passive:

Q people use pineapples to make paper.
Pineapples are used to make paper

Q Engines will be fixed immediately if they fail.
Engineers will fix the engines immediately if they fail

What is NOT paraphrasing?

- Q In addition, lack of sleep could cause loss of concentration.
- First
 - Second
 - Next
 - Finally

Practice:

Many animals have gone extinct because of so many reasons. Men actions are well-known to be the major causes of animal extinction. Men hunt animals for their meat, skin and sometimes to sell their teeth or bones. Another thing man has been doing to cause animal extinction is the destruction of the animals' natural habitat. People have been cutting trees to create lands for farming and building. Moreover, the use of pesticides contributes to killing animals. When animals feed on the plants which pesticides were used on, they either get ill or die. Pollution plays a vital role in animal extinction as well. Although biologists have been unable to isolate a single cause for the recent rapid decline in numbers and extinctions of many species, it spears that much of it is due to pollution.



Q What are the reasons for animal extinction?

One of the major reasons for animal extinction is pollution . The use of pesticides is also known to be why many animals die or get ill .In addition ,people hunt animals for different reasons which can cause them to be extinct . Another thing people do to kill animals irresponsibly is when they cut the trees and destroy the animals' homes.

Focus On

Traditional Dress in Kuwait

Traditional dress has always been important within Kuwait and still continues to be so. Kuwaitis take pride in their country and its traditions and this is expressed through the clothes they choose to wear.

لطالما كان الزي الرسمي مهم في الكويت و لازال مهماً، يشعر الكويتيون بالفخر ببلادهم و عاداتهم و يتم التعبير عن ذلك من خلال الملابس التي يختارون ارتداها.

Kuwait is a great place to go shopping. It has some of the best stores and shopping centers in the whole of the Middle East. It's little wonder a lot of people like to spend their free time shopping.

الكويت مكان رائع للتسوق، لديها بعض من أفضل المتاجر و المجمعات التجارية في الشرق الأوسط كاملاً، فلا عجب (ليس من الغريب) ان هناك الكثير من الناس يحبون قضاء وقت فراغهم في التسوق.



IRREGULAR VERBS - تصاريف الأفعال

المعنى	V(1)	V(2)	V(3) / p.p
يكون	Is / am / are	Was / were	been
يصبح	Become	Became	Become
يبدأ	Begin	Began	Begun
يضرب	Beat	Beat	beaten
ينحني	Bend	Bent	Bent
يعض	Bite	Bit	Bitten
ينفخ	Blow	Blew	blown
ينزف	Bleed	Bled	bled
يكسر	Break	Broke	Broken
يحضر	Bring	Brought	Brought
يذيع	Broadcast	Broadcast	Broadcast
يشترى	Buy	Bought	Bought
يبني	Build	Built	Built
يحرق	Burn	Burnt	Burnt
يصطاد	Catch	Caught	Caught
يختار	Choose	Chose	Chosen
يأتي	Come	Came	Come
يكلف	Cost	Cost	Cost
يقطع	Cut	Cut	Cut
يفعل	Do	Did	Done
يملك	Have	Had	Had
يرسم	Draw	Drew	Drawn
يحلم	Dream	Dreamt	Dreamt
يشرب	Drink	Drank	Drunk
يقود	Drive	Drove	Driven
يحفر	Dig	Dug	dug
يموت	Die	Died	Died
يأكل	Eat	Ate	Eaten
يسقط	Fall	Fell	Fallen
يشعر	Feel	Felt	Felt

المعنى	V(1)	V(2)	V(3) / p.p
يهرب	Flee	Fled	fled
يطعم	Feed	Fed	fed
يحفر	Dig	Dug	dug
يتشاجر	Fight	Fought	Fought
يجد	Find	Found	Found
يؤسس	Found	Founded	Founded
يطير	Fly	Flew	Flown
ينسى	Forget	Forgot	Forgotten
يحصل على	Get	Got	Got
يسامح	Forgive	Forgave	Forgiven
يجمد	Freeze	Froze	Frozen
يذهب	Go	Went	Gone
يعطي	Give	Gave	Given
ينمو \ يزرع	Grow	Grew	Grown
يعلق	Hang	Hung	Hung
يسمع	Hear	Heard	Heard
يختبئ	Hide	Hid	Hidden
يضرب	Hit	Hit	Hit
يمسك	Hold	Held	Held
يؤلم	Hurt	Hurt	hurt
يبقي	Keep	Kept	Kept
يعرف	Know	Knew	Known
يتعلم	Learn	Learnt	Learnt
يرحل \ يترك	Leave	Left	Left
يعير	Lend	Lent	lent
يسمح	Let	Let	let
يضع جانباً	Lay	Laid	Laid
يستلقي	Lie	Lay	Lain
يكذب	Lie	Lied	Lied
يضيء	Light	Lit	lit
يضيع	Lose	Lost	Lost
يجعل \ يصنع	Make	Made	Made
يعني	Mean	Meant	Meant
يلتقي	Meet	Met	Met

المعنى	V(1)	V(2)	V(3) / p.p
يدفع	Pay	Paid	Paid
يضع	Put	Put	Put
يثبت	Prove	Proved	Proved/proven
ينسحب	Quit	Quit	Quit
يقرأ	Read	Read	Read
يركب	Ride	Rode	Ridden
يرن	Ring	Rang	Rung
يصعد \ يرتقي	Rise	Rose	Risen
يركض	Run	Ran	Run
يقول	Say	Said	Said
يرى	See	Saw	Seen
يبيع	Sell	Sold	Seen
يرسل	Send	Sent	Sent
يجهز	Set	Set	set
يخيط	Sew	Sewed	Sewn
يهز	Shake	Shook	Shaken
يتساقط (الشعر او أوراق الشجر)	Shed	Shed	Shed
يلمع	Shine	Shone	Shone
يظهر	Show	Showed	Shown
يغلق	Shut	Shut	shut
يغني	Sing	Sang	Sung
يغرق	Sink	Sank	Sunk
يجلس	Sit	Sat	Sat
ينام	Sleep	Slept	Slept
يتحدث	Speak	Spoke	Spoken
يقضي	Spend	Spent	Spent
يهجأ (يقراً حرف حرف)	Spell	Spelt	Spelt
يسكب	Spill	Spilt	Spilt
يدور	Spin	Spun	spun
ينتشر	Spread	Spread	spread
يقف	Stand	Stood	Stood
يفهم	Understand	Understood	Understood
يسرق	Steal	Stole	Stolen

المعنى	V(1)	V(2)	V(3) / p.p
يلتصق	Stick	Stuck	Stuck
يقرص \ يلسع	Sting	Stung	Stung
تفوح منه رائحة كريهة	Stink	Stank	Stunk
يصعق	Strike	Struck	Struck
يسبح	Swim	Swam	Swum
يتورم	Swell	Swelled	Swollen
يتأرجح	Swing	Swung	swung
يشم	Smell	Smelt/smelled	Smelt/smelled
يأخذ	Take	Took	Taken
يُعلم	Teach	Taught	Taught
يخبر	Tell	Told	Told
يمزق	Tear	Tore	Torn
يفكر	Think	Thought	Thought
يرمي	Throw	Threw	Thrown
يخضع لـ	Undergo	Underwent	undergone
يستيقظ	Wake up	Woke up	Woken up
يرتدي	Wear	Wore	Worn
يكتب	Write	Wrote	Written
يفوز	Win	Won	Won



LINKING WORDS

Sequence	Result	Emphasis
<ul style="list-style-type: none"> ▪ First / firstly, second / secondly, third / thirdly etc. ▪ Next, last, finally ▪ In addition, moreover ▪ Further / furthermore ▪ Another ▪ Also ▪ In conclusion ▪ To summarize 	<ul style="list-style-type: none"> ▪ So ▪ As a result ▪ As a consequence (of) ▪ Therefore ▪ Thus ▪ Consequently ▪ Hence ▪ Due to 	<ul style="list-style-type: none"> ▪ Undoubtedly ▪ Indeed ▪ Obviously ▪ Generally ▪ Admittedly ▪ In fact ▪ Particularly / in particular ▪ Especially ▪ Clearly ▪ Importantly
Addition	Reason	Example
<ul style="list-style-type: none"> ▪ And ▪ In addition / additionally / an additional ▪ Furthermore ▪ Also ▪ Too ▪ As well as 	<ul style="list-style-type: none"> ▪ For ▪ Because ▪ Since ▪ As ▪ Because of 	<ul style="list-style-type: none"> ▪ For example ▪ For instance ▪ That is (ie) ▪ Such as ▪ Including ▪ Namely
Contrast	Comparison	
<ul style="list-style-type: none"> ▪ However ▪ Nevertheless ▪ Nonetheless ▪ Still ▪ Although / even though ▪ Though ▪ But ▪ Yet ▪ Despite / in spite of ▪ In contrast (to) / in comparison ▪ While ▪ Whereas ▪ On the other hand ▪ On the contrary 	<ul style="list-style-type: none"> ▪ Similarly ▪ Likewise ▪ Also ▪ Like ▪ Just as ▪ Just like ▪ Similar to ▪ Same as ▪ Compare ▪ compare(d) to / with ▪ Not only...but also 	