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للحصول على جميع روابط الصفوف على تلغرام وفيسبوك من قنوات وصفحات: اضغط هنا

الروابط التالية هي روابط الصف الثاني عشر على مواقع التواصل الاجتماعي

مجموعة الفيسبوك

صفحة الفيسبوك

مجموعة التلغرام

بوت التلغرام

قناة التلغرام

رياضيات على التلغرام

Set Book (Grade 12)

Unit 7

1- What should people do to live longer / stay physically active?

They should:

- practise sport
- eat healthy food
- avoid bad habits

2- What should people do to stay mentally active?

People should:

- read books
- solve riddles
- do crossword puzzles.

3- Why is it rare to find geriatric homes in Kuwait?

According to the teachings of Islam, we should:

- respect the elderly
- show them compassion
- be grateful to them

4- Sleep is essential for a person's health and wellbeing. Explain

Sleep helps:

- the body to relax
- the brain to retain information
- the body to regain activity and energy

5- What effects does sleep deprivation have on the body?

Sleep deprivation:

- leads to obesity
- makes you feel drowsy
- destroys the immune system
- causes lack of concentration

6- How can we show gratitude and respect to the elderly?

We should:

- stand up when they enter
- hold the door open for them
- Help them with the daily routines

Unit 8

1- Why do some people leave their homes in the countryside to live in cities?

They look for:

- better living conditions
- well-paid jobs
- better services

2- Why do many inhabitants in Europe move from the city to the countryside?

They move to:

- avoid pollution
- avoid crowding
- enjoy healthy environment

3- Suggest solutions to make city life less stressful for the people who live there.

People should:

- join sport clubs
- attend concerts
- engage in cultural activities



Mr. Niaz Abdelaziz Triki

Set Book

12

Unit 9

1- What benefits do people get from cultural centers?

They:

- enjoy handmade activities
- join art clubs
- attend seminars
- visit art galleries

2- Why can't modern societies do without women in all aspects of life?

Women are: - an integral part in any society. - an essential workforce

3- Games:

In the past	Now
collective simple handmade	individual complex / complicated electronic

4- How did Kuwaitis use to spend their free time in the past?

They used to:

- play games involving groups
- spend time working in agriculture or cookery
- do some handicrafts
- go fishing and diving for pearls

5- Rebuilding and restoring historical buildings:

For	Against
They: - are part of the heritage - tell about cultures - are used as museums	- They cost much money. - The money can be used in other projects.

Unit 10

1- What makes people push themselves to extreme limits?

They want to:

- be famous
- gain money
- break world records

2- How should extreme sport players be?

They should be:

- courageous
- fit and healthy
- patient
- dedicated
- self-confident
- strong-willed

3- What do extreme sport players need to be safe?

They need:

- enough water/food
- right equipment
- communication devices
- a first aid kit

4- What dangers do extreme sport players may face?

They may face:

- bad weather conditions
- dangerous animals
- dizziness
- high pressure

Unit 11

1- Space exploration:

For	Against
- understanding the universe - looking for new planets	- waste of time and money - risky

2- Space technology has a great impact on people's lives. How?

- developing wireless communication
- using the AC
- using aircraft technology
- using solar energy

3- In what way has wireless technology brought great benefits for humanity?

- It has helped communication among people over long distances.
- It has provided important applications to humanity such as satellite television, weather forecasting and GPS