



Let's Learn

English

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GRADE 10
FIRST TERM

Unit One

Unit One

We are what we eat.

Lessons 1 & 2		
absorb (v)	To take in energy or a liquid or other substances	يمتص
antioxidants (n)	a substance in foods cleans the body and protects it from diseases	مضاد الأكسدة
arthritis (n)	a disease causes painful inflammation and stiffness of the joints	ألم المفاصل
caffeine (n)	a stimulant found in tea and coffee that can cause health problems	كافيين
nutrition (n)	providing the food necessary for good health and growth	تغذية
cholesterol (n)	a chemical substance found in your blood , causing heart diseases.	كوليسترول
combat (v)	to take action to reduce , destroy or prevent	يقاوم / يحارب
dietician (n)	a professional who advises on healthy eating	أخصائى تغذية
digestive (adj)	of or relating to the process of digesting food	هضمي
stimulant (adj)	a substance that increases nervous activity in the body	محفز / منبه
probiotic (adj)	containing good bacteria to improve health	خمائري
metabolise (v)	The chemical process by which food is changed into energy	يتحول الطعام
neutralize (v)	to make a substance chemically neutral	يعادل
unsaturated fat (n)	describing the healthy fats found in food.	دهون غير مشبعة
fibre (n)	important nutrient found in wholegrain products like brown rice	الياف
iron (n)	a mineral found in food	حديد
protein (n)	A natural substance that exists in some food such as meat , eggs and beans.	بروتين
saturated fat (n)	a type of fat from meat and milk products that thought to be less healthy	دهون مشبعة
calcium (n)	a metallic element that forms and strengthens bones and teeth	كالسيوم
vitamin (n)	a chemical substance in food that is necessary for good health	فيتامين
Lesson 3		
boost (v)	-To help or encourage something to increase or improve	يحسن / يزيد
comprise (v)	To be made up of	يتكون / يتألف
dehydration (n)	The loss of a large amount of water from the body	جفاف
fatigue (adj)	Extreme tiredness Ex: She works hard so she suffers from fatigue.	تعب
obesity (n)	The state of being unhealthy overweight	سمنة
Lessons 4 & 5		
deficiency (n)	a lack of the nutrients that our bodies need	نقص / قلة
grilled (adj)	cooked over the fire in a grill	مشوى
metabolism (n)	The chemical process by which food is changed into energy	تحول الطعام
organic (adj)	produced without the use of chemicals	عضوى و طبيعي
pomegranate (n)	A round fruit that has a red skin and juicy red seeds	رمان

RDA (Abbr.)	Recommended daily allowance	بها	الكمية المسموح
sodium (n)	a chemical found in salt		صوديوم
supplement (n)	a substance taken to add vitamins to a person's diet		مكمل غذائي
Lessons 7 & 8			
salad bar (n)	a place in a restaurant with different vegetables you can choose		بوفيه سلطات
atmospheric (adj)	pleasurable and interesting or exciting		ذات جو مبهج
crammed (adj)	Full of healthy properties- overcrowded		ملئى ب/مزدحم
eatery (n)	A restaurant or other place where people can be served food		مطعم
speciality (n)	a type of food a person or restaurant is famous for making well		تخصص
vegetarian (n)	Relating to the exclusion of meat or other animal products		نباتى
wholesome (adj)	Conductive to or suggestive of good health and physical well being		صحي / مفيد
malnutrition (n)	The lack of proper nutrition		سوء تغذية
fanatic (adj)	someone who likes a particular thing or activity very much		معجب / مهتم
irresponsibly (adv)	In an irresponsible manner		بصورة مهملة
appeal to (v)	attract to one's interest		يروق / يجذب

Exercises On Vocabulary

Lessons 1 & 2

Choose the correct answer from a, b, c or d:-

- 1- The dietician advised me to have foods that are rich in to remove damaging substances from our body.
a- arthritis b- fibre c- saturated fat d- antioxidants
- 2- My grandfather can't go upstairs easily because he suffers from
a- caffeine b- arthritis c- protein d- nutrition
- 3- People in advanced countries live longer than people in poor ones because of having better and health care.
a- vitamin b- cholesterol c- nutrition d- dietician
- 4- You are obese. You should consult a/an
a- iron b- calcium c- dietician d- caffeine
- 5- is a chemical, found in tea and coffee.
a- vitamin b- cholesterol c- protein d- caffeine
- 6- The autopsy revealed that his murderer had struck him on the head with a/an bar.
a- iron b- protein c- caffeine d- calcium

Fill in the spaces with suitable words from the list:-

(combat – absorb – neutralize – digestive)

- 7- Plants carbon dioxide and give us oxygen.
- 8- After I vomited twice yesterday I knew that I have a problem with my system.
- 9- The government is spending millions of dollars in its attempt to addicting drugs.

(**combat – digestive – stimulant – saturated fat – absorb**)

- 10- People drink a lot of Pepsi after heavy meals thinking that it's
- 11- Tourism has acted as a/an to the country's economy.
- 12- Be careful! Butter and cream contain a lot of
- 13- Taking the proper injection could the virus from spreading in the whole body.

(**dietician – cholesterol – unsaturated fat – calcium - absorb**)

- 14- Many(s) ensure the importance of selecting healthy food.
- 15- The little boy's body may lack which is necessary for forming bones.
- 16- Burgers with a lot of sauce and onions contain much amounts of.....
- 17- Vegetable oil and fish are thought to have which is healthy for our bodies.

(**fibre – vitamin – absorb – protein – neutralize**)

- 18- Vegans (vegetarians) get all the they need from nuts, seeds, beans and cereals.
- 19- If you ate more you wouldn't get constipated.
- 20- Studies suggest that regular intake of significantly improve immunity.
- 21- In cold climate, houses need to have walls that heat.

Lessons 3

Fill in the spaces with suitable words from the list:-

(**comprises – dehydration – fatigue – obesity – boost**)

- 22- The theatre managed to its audiences by reducing ticket prices.
- 23- The course a class book, a practice book and an audio tape.
- 24- She suffered from because she had prepared the food for more than six hours.
- 25- An unbalanced diet leads to many health problems mainly
- 26- We may be afflicted by unless we drink lots of water in this hot weather.

Lessons 4 & 5

Choose the correct answer from a, b, c and d:-

- 27- The blood tests revealed a/an in certain key minerals and vitamins.
a- supplement b- metabolism c- sodium d- deficiency
- 28- Exercise is supposed to speed up your
a- supplement b- metabolism c- deficiency d- sodium
- 29- The money I get from teaching evening classes provides a/an to my main income.
a- supplement b- metabolism c- deficiency d- pomegranate
- 30- There was a clear in the standard of service provided.
a- sodium b- deficiency c- metabolism d- supplement

Fill in the spaces with words from the list:-

(RDA – organic – grilled – pomegranate – sodium)

- 31- It's better to have chicken than having it fried.
32- I don't like eating because it contains a mass of seeds which I can't swallow.
33- Sales of food have increased dramatically in recent years as they're more healthy.
34- People who go on a diet should stick to the recommended by their dietician.
35- Doctors advise their patients to be away from the food which contain element.

Lessons 7 & 8

Choose the correct answer from a, b, c and d:-

- 36- Pizza Hut is an atmospheric restaurant. Its is making pizzas of all kinds.
a- salad bar b- eatery c- speciality d- malnutrition
- 37- It is said that having a spoon of honey in the morning is
a- atmospheric b- crammed c- wholesome d- fanatic
- 38- Strangers are always asking residents about the best to have their regular meals in.
a- vegetarians b- eateries c- malnutrition d- salad bars
- 39- This restaurant has a/an lighting. It creates a special feeling of relaxation.
a- atmospheric b- crammed c- wholesome d- fanatic
- 40- Although he is, he likes fish.
a- vegetarian b- eatery c- malnutrition d- speciality

Fill in the spaces with words from the list:-

(deficiency – appeal to – irresponsibly – obesity – absorbed)

- 41- The colours she uses in this painting me.
42- Hamad was punished because he usually behaves with the teachers.
43- The nutrients found in rice and bread are quickly into the bloodstream.
44- A lot of diseases like anemia result from the of iron.

(crammed – fanatic – malnutrition – salad bar – irresponsibly)

- 45- Some young men are called fitness they care much about their appearance.
46- What atrain! Let's find a taxi.
47- People should always vary in their food as having specific types may lead to
48- I think it is a good restaurant ; it has an attractive
49- Some students were dismissed because they responded to the principal's orders.

1- Present simple tense

Grammar

1- زمن المضارع البسيط

Present simple is used to refer to **habits** or **facts** Key words

دائماً	always	نادراً	rarely	أحياناً	sometimes	كل	every
عادة	usually	عامّة	generally	غالباً	often	نادراً	seldom

The form of the tense:- We add **s / es / ies** at the end of the verb with just (he/she/it) But the verb is in its first form with (I/we/you/they)

I **play** tennis every week.

We often **visit** our uncle on holidays.

She usually **drinks** milk every morning.

Hadi always **goes** to school by bus.

Heba sometimes **carries** a heavy schoolbag.

2 - Present cont. tense

2- زمن المضارع المستمر

Present participle form is used to refer to **continuous actions**... Key words..

الآن	now		listen	أستمع
أنظر	look		at this moment	في هذه اللحظة

The form of the tense:- By adding (**ing**) at the end of the verb that is preceded by verb to be (**am/is/are**)

I'm **reading** a story **now**.

She's **watching** TV **at this moment**.

Look! Ali and Ahmed **are** coming.

Listen! Mona is singing.

3- Past simple tense

3- زمن الماضي البسيط

Past simple tense is used to refer to **finished actions** in the past.

Key words:

أمس	yesterday	السابق	last	في الماضي	In the past
منذ	ago	ذات مرة	once	تاريخ في الماضي	In 1990

تكوين الزمن :- في نهاية الفعل **d / ed / ied** وذلك مع جميع الضمائر أو أن يكون الفعل غير منتظم :- أمثلة لذلك

see يري	saw	eat يأكل	ate	drink يشرب	drank	go يذهب	Went
speak يتحدث	spoke	say يقول	said	come يأتي	came	pay يدفع	paid

I **played** tennis **last** week.
 We **visited** our uncle two days **ago**.
 She **saw** her friends in the park **yesterday**.
 I **bought** my first car **in 1995**.

4 - Past cont. tense

4- زمن الماضي المستمر

Past continuous tense refer to actions that were happening in the past and continued for a specific time.

Key words:-

While	أثناء	as	بينما	عندما	When
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تكوين الزمن :- يضاف لنهاية الفعل **ing** على أن يسبقه (**was / were**)

I **was** reading a story **when** you came.
While she **was** watching TV, she fell a sleep.
 Ali and Ahmed **were** singing in the party **yesterday**.
As I **was** sleeping, I heard a terrible noise.

Order of adjectives :-

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في حالة وجود أكثر من صفة في نفس الجملة يكون ترتيب الصفات داخل الجملة كالآتي :-

1- Opinion 2- Size 3- Age 4- Shape 5- Colour 6- Origin 7- Material

He gave me six **beautiful large red** roses.
 A **little old Chinese** man came to the door.
 I keep all my money in a **small black metal** box.

Test Yourself

Correct the verbs between brackets :-

- 1- She usually **carry** a blue bag when she goes to her school.
- 2- Look ! the students **sit** in the principal office.
- 3- While we **cut** the wood, we got hurt.
- 4- My uncle **give** me a good present in my last birthday.
- 5- What you **do** now?
- 6- Ali **get** up at seven o'clock every day.
- 7- When I visited my cousin, he **write** a story.
- 8- My parents **have** their breakfast at the moment.
- 9- Yesterday, I **leave** earlier than today.

Choose the correct answer :-

1- Why are you now? Are you tired?

- a- sleep b- sleeping c- sleeps d- slept

2- I Mr. Hatem while I was driving to Jahra city.

- a- see b- seeing c- saw d- sees

3- I keep all my favourite things in that box

- a- metal black small b- small metal black
c- black small metal d- small black metal

4- I bought a watch for my brother in his birthday.

- a- Japanese good golden b- golden good Japanese
c- golden Japanese good d- good Japanese golden

5- It seldom in barren lands.

- a- rains b- raining c- rain d- rained

Correct the grammatical mistakes in each sentence:

1. While we was having our dinner, the light goes out.

2. An hour ago, as he watch TV, the door bell rung.

3. When I get home this afternoon, a nice smell come out of the kitchen.

4. Last week, while he was fished, he see a shark.

Language Functions

Write what you would say in the following situations

1- Your uncle insists on eating a lot of fatty foods.

2- One of your friends says that fast food is delicious.

3- Your mates like eating raw vegetables.

4- Your friend always fails in his English exam.

5- Your friend asks you about the best eatery in town where he can have a delicious meal .

6- Your dad has high cholesterol; however he wants to order fries and burger.

7- Your uncle invited you for his son's graduation and you're free.

8- Which is better travelling by car or travelling by air?

9- Your little brother doesn't eat fish at all.

10- Some of your friends are grilling meat on the grass in the park.

11- Your Science teacher says vitamins and minerals are important for our bodies.

Set-Book Questions

1- Why are probiotic drinks important to the body?

- They contain billions of good bacteria.
- They improve immune system.
- They neutralize bad bacteria.
- They stimulate digestive process.
- They absorb nutrients.

2- Green tea is so beneficial .Explain.

- It is rich in antioxidants.
- It lowers cholesterol.
- It combats diseases.
- It improves the immune system

3- How can you keep healthy and fit?

- We should eat healthy food.
- We should do regular exercises.
- We should sleep well.

4- What are the pros and cons of the vegetarian diet or menu?

- 1- Pros: Vegetables and fruits are rich in vitamins, fibre and other nutrients.
- 2- Cons: It may lead to malnutrition and health problems.

5- Why is home-made food better than fast food?

- Home-made meals are healthier.
- They contain less fat.
- They have many healthy nutrients.

6- What qualities of a good restaurant? An eatery?

- It should be a clean place.
- It should serve healthy food.

7- We are what we eat. Explain.

If we eat healthy food we will be healthy and fit.

If we eat junk food we will be obese and out of shape.

8- What are the important nutrients that a person should eat?

- **Carbohydrates:** It gives the main source of energy. (bread and pasta)
- **Fats:** It fuels brain power and improves skin (fish and nuts)
- **Protein:** It builds and repairs muscle tissue. (meat and chicken)
- **Minerals:** iron prevents fatigue and calcium makes teeth and bones strong.
- **Water:** It flushes toxins out. It prevents dehydration.

9- Why is eating chewed dates useful for newborn babies? (sugary substance)

It reduces the pain. It stabilizes the heart rate. It reduces the babies' crying.

Translation

Translate into English

لماذا تتنوع القيمة الغذائية للأسماك؟
أعتقد أن هذا يعتمد على نوع السمك والطريقة التي يطهى بها

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هل تعلم أن معظم الخضروات يكون لها قيمة غذائية أكبر عند تناولها نيئة؟
نعم وذلك لأن حرارة الطهي تتلف وتقتل بعض العناصر الغذائية الهامة.

ماهي فوائد الشاي الأخضر؟
إنه غني بمضادات الأكسدة التي تزيل المواد الضارة من الجسم وتحارب الأمراض كما أنه يقلل الكوليسترول ويحسن جهازنا المناعي

ما أهمية الماء لصحة أجسامنا؟
يشكل الماء حوالي 60 بالمائة من وزن الجسم كما أنه يطرد السموم من أجسامنا ويمنع الجفاف

هل تعلم فوائد كلا من الكالسيوم واليود والحديد للجسم؟
نعم الكالسيوم يقوي العظام والأسنان واليود ينتج لنا الطاقة عند العمل الشاق أما الحديد فهو يقلل من الإرهاق والتعب

Discuss the following ideas:

- 1- How and why do we keep fit?
- 2- Examples of healthy food/nutrients
- 3- Fast food or home-made meals
- 4- The best eatery
- 5- Vegetarian diet
- 6- Water is important
- 7- We are what we eat
- 8- Things we add to our daily diet

We should eat healthy food to keep fit. We should do regular exercises. We should have enough sleep. We keep fit to live a healthy life. We keep fit to avoid diseases.

Carbohydrates; such as bread and pasta give us the main source of energy. Fats fuel our brain power and improve skin. Fish and nuts are good examples of unsaturated fat. Protein; such as meat and chicken builds and repairs muscle tissue. Iron prevents fatigue and calcium makes teeth and bones strong.

Home-made meals are healthier than fast food. They contain less fat. They have more healthy nutrients.

My favourite eatery is "Afrah El-Khalij". It is a very clean and quiet place. It serves healthy food. It has a salad bar. It has various beverages.

Some people are for a vegetarian menu because vegetables and fruits are rich in vitamins, fibre and other nutrients. On the other hand, It may lead to malnutrition and health problems.

"We are what we eat" means that if we eat healthy food we will be healthy and fit, whereas if we eat junk food we will be obese and out of shape.

Water is very important. Water flushes toxins out. It prevents dehydration.

We can add green tea, probiotic drinks and dark chocolate to our daily diet. They improve our immune system. They help us absorb nutrients. They combat diseases. They neutralize bad bacteria.

Unit 2

Respecting Cultures

	Word	Definition	Meaning
1-2	aspiration (n)	A hope or ambition of achieving something..	طموح
1-2	creed (n)	A faith.	عقيدة / آراء
1-2	delegate (n)	A person sent to represent others..	مندوب
1-2	diversity (n)	The state of being diverse(variety)	تنوع
1-2	initiative (n)	The ability to access and initiate things independently.	مبادرة
1-2	interfaith (adj)	Relating to different religions or member.	متعدد الديانات
1-2	mentor (n)	An experienced and trusted advisor.	مرشد / ناصح
1-2	seminar (n)	A conference for discussing or training.	حلقة للنقاش
1-2	tolerance (n)	The ability to tolerate something.	تسامح
3	adorn (v)	To make more beautiful or attractive.	يزين
3	commemorate (v)	To recall and show respect for someone & something.	يحتفل بذكرى
3	cursive (adj)	Written with the characters joined.	خط مشبك
3	paraphrase (v)	Express the meaning of something said by different words	يسهل / يعيد صياغة
3	embellish (v)	To make more attractive.	يزين
4-5	calligraphy (n)	Decorative handwriting.	فن الخط
4-5	(adv) consistently	Continuing to happen or developing in the same way .	بشكل مستمر
4-5	diverse (adj)	showing a great deal of variety	متنوع
4-5	inspirational (adj)	Providing or showing creative or spiritual inspiration.	ملهم
4-5	master (v)	To acquire complete knowledge or skill.	يسيطر / يتقن
4-5	richly (Adv)	In a generous or plentiful way.	بغزارة / بوفرة
7-8	account (n)	A report of an event or experience.	وصف / تقرير
7-8	conduct (v)	To organize and carry out.	ينظم / ينفذ / يقوم بفعل
7-8	cover (v)	To travel a particular distance.	يغطي مسافة
7-8	figure (n)	A person of a particular kind(important).	شخصية هامة
7-8	ground-breaking (adj)	Innovative (involving new discoveries)	مبدع
7-8	high- ranking (adj)	Great in quantity size or intensity.	هام / عظيم
7-8	pilgrimage (n)	A journey to a holy place for religious purposes..	رحلة الحج
7-8	relevant (adj)	Closely connected or appropriate to the matter at hand.	مرتبط ب
7-8	review (n)	A critical evaluation of a book..	نقد / تقييم

Exercises on Vocabulary

Lessons 1 & 2

Choose the correct word from a, b, c and d :

- 1- People of different..... should engage in peaceful dialogues.
a-seminars b-creeds c-initiatives d-delegates
- 2- Who will take the of joining the noble campaign for blood donation?
a-seminar b-initiative c-tolerance d-aspiration
- 3- Kuwait will send a/an to attend the conference held in Dubai.
a-mentor b-tolerance c-delegate d-seminar
- 4- The clearest advantage of this mall is the in its items inside.
a-tolerance b-aspiration c-diversity d- delegate
- 5- Rashid has never had any to earn more money.
a-seminar b-creed c-initiative d- aspiration

Fill in the blanks with words from the list:

(**tolerance – seminar – mentor – interfaith**)

- 6- The best way for establishing peace is through dialogues.
- 7- is one of the most main values in Islam.
- 8- Every new recruit needs a/an to teach him how to do his jobs properly.
- 9- She gave a brilliant on the awful effect of the air pollution.

Lesson 3

(**adorn – embellish – paraphrase – cursive – commemorate**)

- 10- I suggested fixing a bookcase to the wall but it wasn't a good idea.
- 11- My teacher advised me to read the analysis of the poem to it.
- 12- They..... the car with flowers on the occasion of my son's wedding.
- 13- Every year, we gather at the same time to..... our revolution against oppression.
- 14- I can't read this type of text. It's whollyand illegible.

Lessons 4 & 5

(**consistently – inspirational – master – cover**)

- 15- This painting is really..... and impressive, isn't it?
- 16- Well-done, I notice that you try to improve yourself.
- 17- She lived in Italy for several years but she couldn't the language.
(**master – calligraphy – diverse - richly**)
- 18- The parties have a/an range of opinion on the issue. They can't reach agreement.
- 19- There's some wonderful in these old manuscripts.
- 20- If you work as a tourist guide, you should at least two languages.
- 21- The appearance of the house is decorated in white marble.

Lessons 7 & 8

Choose the correct answer from a, b, c or d:-

22- Most Muslims try to go on a/an to Mecca at least once in their life.

a- figure b- pilgrimage c- review d- account

23- His latest play got an excellent when it was first seen.

a- figure b- pilgrimage c- review d- ground-breaking

24- Our group's project was described as as it presented something new.

a- figure b- ground-breaking c- review d- account

(**relevant – account – cover – figure – high-ranking – conduct**)

25- It would not be easy to this distance on that amount of petrol.

26- He gave the police a detailed of what had happened.

27- We frequently a survey to find out customers' opinions about our products.

28- All experts believe that education should be to the child's needs.

29- Many..... people were invited to attend the wedding ceremony of the minister's son.

30- Most sportsmen and artists are considered public Almost all people can recognize them easily.

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Grammar

Present perfect tense

زمن المضارع التام

يستخدم زمن المضارع التام ليعبر عن أحداث تمت في الماضي ولا يزال تأثيرها موجود حتى الآن ..
الكلمات الدالة

ذات مرة	ever	توا	just	لمدة	for	بعد	yet
أبدا	never	بالفعل	already	منذ	since	قريبا / حديثا	recently

يتكون من (has / have + p.p)

ويتم وضع **has** مع he / she / it أما الفعل الثاني **have** يأتي بعد I / we / you / they

I **have already finished** my homework.

She **has traveled** abroad **for** 3 years.

We **haven't seen** him **yet**.

Never	تأتي في الجملة المثبتة وتعطي معنى النفي
I have never met famous people.	
She has never arrived late.	
Ever	تأتي في السؤال
Have you ever been to France?	
Has he ever fixed his car himself?	
Yet	وتأتي في نهاية الجملة المنفية أو السؤال
He hasn't written the letter yet.	I haven't seen the film yet.
Has he written the letter yet?	Have you seen the film yet?

For	لمدة .. ويأتي بعدها المدة الزمنية كاملة ومنتهية	Since	منذ ويأتي بعدها بداية المدة الزمنية يأتي بعدها :- تاريخ / ساعة / ماضي بسيط / يوم / شهر /
I have lived here for 10 years .		I have lived here since 2001	
Heba has travelled Oman for three weeks .		Ali has finished studying since three o'clock .	
We haven't seen him for a month .		We haven't seen him since May .	
Ali hasn't visited his uncle for two years .		He hasn't ridden his bike since he was a child . He hasn't ridden his bike since his childhood .	

Prepositions:-

For – at – with – on – in – by – of – amongst

reason for	سبب لـ	on a bus	بالأتوبيس
responsible for	مسئول عن	on the 12 th of May	الثاني عشر من مايو / تاريخ

arrive at	يصل إلى	insist on	يصر على
at five o'clock	في الساعة الخامسة	on Friday	يوم الجمعة
in June	في يونيو	at the end	في النهاية
in Kuwait	في الكويت	by bus	بالأتوبيس
take part in	يشارك في	angry with	غضبان من شخص
interested in	يهتم بـ	amongst citizens	بين المواطنين

Test Yourself

Correct the underlined verbs :-

- 1- I already do my homework.
- 2- She not arrive yet.
- 3- Hamad sleep for five hours.
- 4- The plane just / fly.
- 5- We recently / know about his illness.

Choose the correct answer :-

- 1- I haven't seen Ahmed he was a child.
a- for b- since c- yet d- never
- 2- Has Mrs. Hind begun the lesson?
a-for b- since c- yet d- never
- 3- We have stayed there three weeks.
a- for b- since c- yet d- never
- 4- Have you visited the Pyramids in Giza?
a- ever b- since c- yet d- never
- 5- I usually go to school a bus.
a- in b- on c- at d- by

Correct the grammatical mistakes in the following sentence:

1. In the 12th November 2008, world leaders meet in New York.
.....
2. Kuwait have organized conferences at London and Washington.
.....
3. Islamic art has being introduced for the 7th century.
.....
4. The Kuwait Book Fair has ran there since over 30 years.
.....
5. Kuwait has taking part in the UN meeting on the Culture about Peace.
.....
6. Turn the TV up. I can't listen you very well.
.....
7. My father is been working as a teacher for 1993.
.....

8. She has living in Italy for she was a child till now.

9. He said they began off very early so that they can arrive at time.

10. At the time I got there, I have travelled 200 miles.

Choose the right answer from a, b, c and d:-

1- will you stay in London?

- a- How many** **b- How much** **c- How long** **d- How far**

2- is it to Marina Mall? May be 30 km.

- a- How far** **b- How much** **c- How often** **d- How many**

3- is your father now? I've heard he's at the hospital.

- a- Why** **b- How** **c- When** **d- What**

4- The employees expect a raise in salaries next month.

- a- they** **b- their** **c- them** **d- theirs**

5- My car broke down again. Can you lend me

- a- you** **b- yourself** **c- yours** **d- your**

6- The play was one I've ever seen.

- a- worse** **b- worse than** **c- the worst** **d- the worse**

7- Unfortunately, Mona's illness is than we thought at first.

- a- serious** **b- most serious** **c- the most serious** **d- more serious**

8- Amal has got marks in the exam.

- a- high** **b- higher** **c- higher than** **d- the highest**

9- Ali is clever as his brother.

- a- so** **b- as** **c- that** **d- to**

Language Functions

Write what you would say in the following situations:

1- Your father bought you a nice present.

2- Your little brother is trying to move a heavy box.

3- Your friend doesn't study hard.

4- You are at a restaurant, and you want to eat something.

5-Your friend wants to smoke in a hospital.

6-Your brother is obese and has health problems.

7-Your brother is always neglecting his homework .

8-You want to ask about the way to Mubarak Hospital.

9- Online shopping has become common these days.

10-Playing computer games is a time waster.

11-Your cousin got a scholarship to study electrical engineering in the USA.

12-How about visiting the National Museum at 12 o'clock pm ?

13-Thank you very much for your help and kindness.

14-You want your father to let you go camping with your friends.

15-You friends want to know why you always listen to English programmes.

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Set-Book Questions

1. What are the roles of the mentor? Why is his job important?

A mentor works on creative projects.

He encourages individual aspiration

He guides people to achieve their goals.

He saves our time.

He helps us work with others

He makes us detect and use our skills and abilities.

2- What has Kuwait done to further the Culture of Peace?

Kuwait is an exemplar of the aspired kind of tolerance, dignity and respect. Discuss

Kuwait organised conferences to promote mutual understanding and respect.

It arranged seminars to raise awareness.

The Amir emphasized the importance of dialogues between different cultures

3- Why is the United Nations' logo well-chosen? What are its purposes?

Yes, because it represents peace and worldwide organization.

The UN are agreeing and disagreeing on laws and rules. It spreads out peace.

4- How should we deal with other different people?

We should respect them.

We should listen to them.

We should tolerate them.

We should be helpful.

We should engage in interfaith dialogues.

We should appreciate others' work.

5- Why is it important to respect and tolerate other people and other faiths?

Tolerance leads to peace.

Respect makes the world a better place to live in.

There will be no fights or wars among people or countries.

Translation

Translate into English

ما أهمية البرامج الإرشادية في حياتنا؟
إنها تجعلنا نحسن استخدام أوقاتنا ونعمل ونتعاون مع بعضنا البعض

.....
.....
.....

من وجهة نظري أرى أن الاحترام والتسامح من أهم الفضائل التي يجب أن يتحلى بها الإنسان
وأفقتك الرأي فبالاحترام والتسامح نعيش في سلام و انسجام ونستطيع أن نفهم بعضنا البعض

.....
.....
.....

يرى بعض الناس أن الاحترام هو الطريق الأمثل للحياة السلمية
معك حق إنه من المهم أن نحترم الآخرين لكي نعيش في سلام

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.....
.....
.....

أتمنى أن يسود السلام والتسامح بين الشعوب يوماً ما
أعتقد أن الحوار بين الأديان هو الطريقة المثلى لتحقيق ذلك

.....
.....
.....

Discuss the following ideas:

- 1- What do tolerance and respect mean?
- 2- Our treatment to different people
- 3- The importance of tolerance and respect
- 4- The role of Kuwait to spread peace
- 5- The role of UN

No doubt that tolerance means to forgive others when they make mistakes. It also means to accept others with their different thoughts and creeds.

Respect is another great value. It means to behave towards other customs, races or cultures in a way which shows admiration, acceptance and politeness.

When we treat different people, we should respect them. We should listen to them. We should tolerate them. We should be helpful.

Tolerance leads to peace. Respect makes the world a better place to live in. There will be no fights or wars among people or countries.

Kuwait is an exemplar of tolerance, dignity and respect. Kuwait organized conferences to promote understanding and respect among people. It arranged seminars to raise awareness. The Amir emphasized the importance of interfaith dialogue between different cultures to spread peace.

The UN represents peace and it is considered a worldwide organization. It is responsible for agreeing and disagreeing on laws and rules. It spreads out peace.

Unit 3

Inspiring Architecture

	Word	Definition	Meaning
1-2	concrete (n)	A substance used for building that is made by mixing sand, very small stones, cement and water	خرسانة
1-2	design (n)	The way that something has been planned and made	تصميم
1-2	drill (v)	To make a hole in something	يحفّر
1-2	evoke (v)	To produce a strong feeling in someone.	يثير
1-2	expressionist (adj)	Seeking to express emotions	تصميم تعبيرية
1-2	forecourt (n)	An open area in the front of a large building.	ساحة أمام مبنى
1-2	foundation (n)	The solid layer of cement, bricks, and stones that is under a building to support it.	أساس
1-2	framework (n)	The main supporting parts of a building.	هيكل - بنية خارجية - إطار
1-2	geometric (adj)	Relating to geometry or according to its methods.	هندسي
1-2	renowned (adj)	Known and admired by many people.	مشهور
1-2	slightly (adv)	A little bit.	قليلا - بعض الشيء
1-2	studio (n)	A small room used for performances.	أستوديو للعروض
1-2	venue (n)	The place where something happens especially for event.	مكان
3	brand (n)	A product made and sold by a particular store.	ماركة
3	edutainment (n)	A form of entertainment that is also educational.	التعليم الترفيهي
3	boutique (n)	A small store selling fashionable items.	محل صغير
3	gourmand (n)	A person who enjoys eating Gourmand people enjoy eating lamb meat in Eid Aladha.	نهم أو أكل
3	mainstream adj	Related to the most popular trend / considered normal.	عادي / مقبول اجتماعيا
3	state-of-the-art (adj)	High tech. up to date/very modern and cutting edge.	حديث و متطور
4-5	chic (adj)	Elegantly and stylishly fashionable.	أنيق
4-5	governmental (adj)	Of a government.	حكومي

4-5	modernistic (adj)	A style that is more modern than traditional.	عصري
4-5	public (n)	Open to all people	عام
4-5	residential (adj)	Designed for people to live in.	للسكن
4-5	spacious (adj)	Having plenty of space.	واسع
4-5	state (adj)	Related to the civil government of a country.	حكومي
4-5	sturdy (adj)	physically strong and solid or thick, and therefore unlikely to break or be hurt .	قوي لايتلف بسهولة
4-5	substantial (adj)	Of considerable importance, value or size.	ضخم- جوهرى
7-8	advocate (v)	To publicly recommend or support.	يدافع عن- يوصي - يساند
7-8	apprehensive (adj)	Anxious or fearful of something.	متخوف
7-8	benefit (v)	Receive advantage, profit, gain.	يستفيد
7-8	council (n)	A board of people formally constituted and meeting regularly.	مجلس
7-8	detrimental (adj)	Damaging.	ضار
7-8	influx (n)	Arrival or entry of large numbers of things or people.	تدفق
7-8	objective (n)	Aim, goal.	هدف
7-8	profitable (adj)	Producing a financial gain.	مربح
7-8	voice (v)	To express something in words.	يعبر عن رأي

Exercises On Vocabulary

Lessons 1 & 2

Choose the correct answer from a,b,c and d:

1- Let me show you the attractive circular..... of the villa.

a- concrete b- studio c- foundation d- design

2- The building has a flexible so that it can survive an earthquake.

a- studio b- venue c- forecourt d- framework

3- A row of reinforced pillars supports the bridge.

a- foundation b- concrete c- framework d- venue

4- The must be reinforced to prevent the house from sinking into the ground.

a- studio b- design c- forecourt d- foundation

5- The new housing project provides a garage in front of each block.

a- studio b- concrete c- forecourt d- foundation

- 6- Most of the scenes were filmed in a/an expensively furnished
a- foundation b- design c- forecourt d- studio

Fill in the spaces with suitable words from the list:-

(geometric – slightly – evoke – drill – venue)

- 7- The design of our house is different from theirs.
 8- The scientists are going to for oil nearby.
 9- These photos always good memories of my old school.
 10- The blocks of the new project has a square design.

(venue – expressionist – renowned – drill)

- 11- Dubai, in UAE, is for its outstanding skyscrapers and hotels.
 12- That hotel is an ideal for conferences and business meetings.
 13- Leonardo Davinchi painted many paintings.

Lesson 3

Fill in the spaces with suitable words from the list:-

(brand – boutique – gourmand – mainstream)

- 14- My uncle enjoys eating tasty food and consider himself a
 15- The 360 mall has diverse(s) that sell fashionable clothes, shoes, jewellery, etc.
 16- I always buy the same of toothpaste just out of habit.

(state-of-the-art – edutainment – mainstream)

- 17- Editing and making the scenes is made by computers
 18- Children are better taught through videos and programmes.
 19- Don't be extravagant. It's better to lead a/an lifestyle.

Lessons 4 & 5

Choose the correct answer from a, b, c or d

- 20- It was not safe to locate the chemicals factory in a/an area.
a- chic b- substantial c- residential d- sturdy
- 21- The city is more than the countryside.
a- modernistic b- sturdy c- state d- governmental
- 22- The most comfortable area in this house is the living room
a- public b- state c- edutainment d- spacious
- 23- There will be job losses if the factory closes down.
a- modernistic b- sturdy c- state d- substantial
- 24- My parents kept up a/an opposition to complete my study abroad.
a- public b- chic c- sturdy d- governmental

Fill in the spaces with suitable words from the list:-

(**substantial – public – state – chic – governmental**)

- 25- She inherited a/an fortune from her grandmother.
26- It's too here - let's go back to my room to talk.
27- Some reforms should be done to enhance the free education
28- I like your haircut - it's very
29- We await a/an decision about the future of the housing projects.

Lessons 7 & 8

(**advocate – apprehensive – influx – council — detrimental**)

- 30- The town/city is/are responsible for keeping the streets clean.
31- The United Arab Emirates hasn't witnessed a/an of tourists this year because of the Economic Crisis.
32- Our school is crammed with students; for this reason, we that a new school should be built in another location.
33- A small group of people in the area is about the effect the new airport will have on their lives.
34- The majority of the approved the decision.
35- Drilling for oil can have effects on the environment as it sometimes involves the destruction of animal habitats

Choose the correct answer from a, b, c, or d:-

- 36- New investments in all domains surely will the economy of our country.
a- benefit b- evoke c- voice d- evoke
- 37- I have my objections to the plan to my employer.
a- benefited b- evoked c- voiced d- advocated
- 38- The employees' main is to improve the company's productivity.
a- council b- objective c- influx d- brand
- 39- The company remains moderately, but it is not making as much money as it should.
a- detrimental b- apprehensive c- state d- profitable

Grammar

المقارنة بين شخصين أو شيئين (The Comparative)

نضيف لنهاية الصفة ذات المقطع الواحد (er) ثم بعدها كلمة (than)

tall	طويل	taller than	أطول من
small	صغير الحجم	smaller than	أصغر من
old	كبير السن	older than	أكبر من

Ahmed is **taller than** Ali.

The cat is **smaller than** the lion.

يلاحظ في بعض الصفات ذات المقطع الواحد يضاعف الحرف الأخير قبل وضع (er) للمقارنة وذلك لأنها تنتهي بحرف ساكن قبله حرف متحرك

hot	حار	hotter than	أكثر حرارة من
fat	سمين	fatter than	أسمن من
big	ضخم	bigger than	أضخم من
Thin	نحيف	thinner than	أرفع من
sad	حزين	Sadder than	أحزن من

Summer is **hotter than** spring.

The elephant is **bigger than** the giraffe.

الصفات التي تنتهي بحرف (e) يضاف في نهايتها حرف (r) فقط في صيغة المقارنة بين اثنين

fine	بخير / جيد	finer than	أفضل من
large	كبير الحجم	larger than	أكبر من
nice	لطيف	nicer than	ألطف من

Today the weather is **nicer than** yesterday.

الصفات التي تنتهي بحرف (y) تحول إلى (ier) لتكوين صفة المقارنة

happy	سعيد	happier than	أسعد من
heavy	ثقيل	heavier than	أثقل من
pretty	جميل	prettier than	أجمل من
noisy	صاخب	noisier than	أكثر ضوضاء

This box is **heavier than** that bag.

هناك صفات غير منتظمة أي لا تنطبق عليهم القاعدة السابقة

good	جيد	better than	أفضل من
bad	سئ	worse than	أسوأ من
far	بعيد	farther than	أبعد من

Mona is **better than** Samia at English.

My school is **farther than** the hospital.

الصفات المكونة من أكثر من مقطع يضاف قبلها كلمة (more) ثم بعد الصفة كلمة (than) في حالة التفضيل بين اثنين

important	هام	more important than	أكثر أهمية
dangerous	خطير	more dangerous than	أكثر خطورة
valuable	قيم	more valuable than	أكثر قيمة
beautiful	جميل	more beautiful than	أكثر جمالا
wonderful	رائع	more wonderful than	أكثر روعة
fantastic	رائع	more fantastic than	أكثر روعة
famous	مشهور	more famous than	أكثر شهرة
interesting	شيق	more interesting than	أكثر تشوقا
expensive	غالى	more expensive than	أكثر غلاء

Films are **more interesting than** stories.

Cars are **more expensive than** bikes.

Egypt is **more famous than** Kenya.

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عند المقارنة بين واحد ومجموعة (أكثر من اثنين) (The Superlative)

نضيف لنهاية الصفة ذات المقطع الواحد (est) مسبوقة ب (the)

tall	طويل	The tallest	الأطول
small	صغير الحجم	The smallest	الأصغر
old	كبير السن	The oldest	الأكبر سنا / الأقدم

Ahmed is **the tallest** pupil in the class.

The mouse is **the smallest** animal.

يلاحظ في بعض الصفات ذات المقطع الواحد يضاعف الحرف الأخير قبل وضع (est) وذلك لأنها تنتهي بحرف ساكن قبله حرف متحرك

hot	حار	The hottest	الأكثر حرارة
fat	سمين	The fattest	الأسمن
big	ضخم	The biggest	الأضخم
thin	نحيف	The thinnest	الأرفع

Summer is **the hottest** season.

The elephant is **the biggest** animal.

الصفات التي تنتهي بحرف (e) يضاف في نهايتها فقط (st) في صيغة التفضيل

fine	بخير / جيد	The finest	الأفضل
large	كبير الحجم	The largest	الأكبر
nice	لطيف	The nicest	الألطف

Today the weather is **the nicest** day.

الصفات التي تنتهي بحرف (y) تحول إلى (iest) لتكوين صيغة التفضيل.

happy	سعيد	The happiest	الأسعد
heavy	ثقيل	The heaviest	الأتقل
pretty	جميل	The prettiest	الأجمل
noisy	صاخب	The noisiest	الأكثر ضوضاء

This box is **the heaviest** box.

My birthday is **the happiest** day.

هناك صفات غير منتظمة أي لا تنطبق عليهم القاعدة السابقة

good	جيد	The best	أفضل من
bad	سيء	The worst	أسوأ من
far	بعيد	The farthest	أبعد من

Mona is **the best** at English.

The park is **the farthest** place in my town.

الصفات المكونة من أكثر من مقطع يضاف قبل الصفة كلمة (the most) وذلك في حالة التفضيل العليا (مقارنة واحد بين مجموعة)

important	هام	The most important	الأكثر اهمية
dangerous	خطير	The most dangerous	الأكثر خطورة
valuable	قيم	The most valuable	الأكثر قيمة
beautiful	جميل	The most beautiful	الأكثر جمالا
wonderful	رائع	The most wonderful	الأكثر روعة
fantastic	رائع	The most fantastic	الأكثر روعة
famous	مشهور	The most famous	الأكثر شهرة
interesting	شيق	The most interesting	الأكثر تشوقا
expensive	غالى	The most expensive	الأكثر غلاء

Action films are **the most** interesting films.

Lions are **the most** dangerous animals.

America is **the most** famous country.

Compound Adjectives :- الصفات المركبة

A car with four wheels	A four-wheel car
A street of two kilometres	A two-kilometre street
A meal with three courses	A three-course meal
A block of 44 storeys	A 44-storey block
A journey of 20 kilometres	A 20-kilometre journey
This boy is eight years old	An eight-year-old boy
Chairs with five legs	Five-leg chairs

يلاحظ عند وجود صفة مركبة (مكونة من كلمتين) يكون بين الكلمتين فاصل (-) وقبلهم أداة نكرة (/) لتصف الأسم المفرد الذي يليها أما إذا كان الأسم الموصوف جمع فلا نضع أداة نكرة قبل الصفة المركبة ويلاحظ أن في الصفة المركبة التي تتكون من رقم وكلمة أخرى أن الكلمة الأخرى تظل مفردة بدون إضافة () فى النهاية

Test Yourself

Choose the correct answer :-

- Which is for you English or Arabic?
a- easy b- easier c- easiest d- ease
- This class is the one in our school.
a- large b- larger c- largest d- larges
- Fahed is than Tala at math
a- good b- best c- bad d- better
- My car is expensive than yours.
a- more b- much c- most d- must
- Lions are the dangerous animals.
a- more b- most c- must d- much
- We covered journey.
a- a 10-kilometres b- 10-kilometre
c- 10-kilometres d- a 10-kilometre
- Sameh lives in a block of
a- 20-flats b- a 20 flats c- 20 flats d- a 20-flat
- The one is the person who feels satisfied.
a- happy b- happier c- happiest d- happiness
- It is believed that Summer in Arab countries is season.
a- hotter than b- hottest c- hotter d- the hottest

Correct the grammatical mistakes in the following sentences:-

1- I intend to spending some time with my friends last weekend.

2- When I was in France, I stay in a five stars hotel.

3- Omar told us an amused story. I think it is more wonderful story I've ever heard.

4- I'm interesting in languages. I think Chinese is the most difficult than Japanese.

5- It was a really tired journey. I think it's the worse one ever.

6- The new book is easy than the old one which was quite bored.

7- He got good marks than their sister in all exams.

8- She's the more popular teacher in our school.

9- This is the better meal I've ever has.

Extra exercises

From a, b, c and d , choose the best answer

1- I revised the difficult lesson..... I had yesterday.

- a) who b) which c) when d) whom

2- We should live according..... the country rules.

- a) with b) at c) from d) to

3- The prince will attend the final match with all the ministers.

- a) themselves b) himself c) yourself d) myself

4- the poor is a must in Islam.

- d) Helping c) Help b) Helped a) To help

Language Functions

Write what you would say in each of the following situations.

Your friend says that computer games will be more realistic in the future.

.....

Your friend asks you about your plans for the next weekend.

.....

Your brother wastes too much time watching TV.

.....

You have a problem. Ask your father to solve it for you.

.....

You are calling a shop assistant to know how the new camera works.

.....

Your friend hasn't decided what to study at university.

.....

Your little brother doesn't want to study for exams.

.....

You want your friend to switch off the air conditioner.

.....

Almost all people say that life in the past was better than it is now.

.....

Why do you think Hani not Bader will win the science competition?

.....

Al-Arabi magazine has published one of my stories .

.....

You want to borrow your friend's digital camera for two days.

.....

Someone said that smoking should be forbidden in all public places.

.....

Your friend wanted to know your plans after leaving the secondary school.

.....

Your brother doesn't know what to do in his free time.

.....

Set-Book Questions

1- Why do you think building impressive buildings is important?

Because

They attract various age groups of people.

They can also be monumental, educational and cultural.

They are landmarks of any country.

They attract tourists.

2-Why is 360° shopping centre in Kuwait described as monumental?

- 360 mall contains many shops.

- It has the largest cinema complex with 15 screens.

- It has the latest edutainment technology for children.

- It has different restaurants.

- It has techno hub, solar garden, night journey and day journey.

- It has activities for everyone.

- It attracts people of all ages to spend a good time.

3-What are the advantages and disadvantages of building an airport in Al Wafra?

Advantages: It will create a valuable commuter link to other Gulf countries.

It will benefit the economy of the city.

Disadvantages: Schools and hospitals may be affected by the noise from the runway.

It will bring an unwelcome influx of traffic to the area.

Focus on:- Traditional Dress in Kuwait

Traditional dress has always been important in Kuwait and still continues to be so.

how do Kuwaiti traditional clothes suit the characteristics of the state of Kuwait?

They are good for the weather.

They represent equality.

They are also comfortable.

Translation

Translate into English

هل تحب أن تعيش في الوفرة؟
نعم أحب ذلك بسبب الهواء النقي وعدم ازدحام الشوارع هناك

.....
.....
.....

هل لديك أي مزايا من بناء مطار جديد في الوفرة؟
نعم فإن ذلك سيعزز النمو الاقتصادي للوفرة كما أنه سيكون وسيلة نقل فعالة تقلل من الازدحام في المطار الرئيسي

.....
.....
.....

كيف يعتبر سوق 360 في الكويت صرح تعليمي؟
إنه يستخدم وسائل تكنولوجية حديثة للتعليم والترفيه في نفس الوقت مثل برامج تلفزيونية وألعاب فيديو وموسيقى

.....
.....
.....

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Discuss the following ideas:

- 1- Kinds of impressive buildings
- 2- The importance of impressive buildings
- 3- 360 as a monumental building

There are many impressive buildings all over the world. The Petronas Towers in Malaysia and The Sydney Opera House in Australia. In Kuwait there are the National Assembly Building and 360 mall.

Building impressive buildings is important. They attract various age groups of people. They can also be monumental, educational and cultural. They are landmarks of any country. They attract tourists to be a source of income.

360° shopping centre in Kuwait is described as monumental because it contains many shops. It has the largest cinema complex with 15 screens. It has the latest edutainment technology for children. It has different restaurants. It has techno hub, solar garden, night journey and day journey. It attracts people of all ages to spend good time.

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Focus on

Both and

Ahmed likes tea. Ali likes tea.

Both Ahmed **and** Ali like tea.

Ahmed is good at English. I am good at English.

Both Ahmed **and** I are good at English.

صيغة الفعل دائما في الجمع The verb is always in the plural form

Neither Nor

Ali doesn't speak fluently. Heba doesn't speak fluently.

Neither Ali **nor** Heba speaks fluently.

She isn't good at Math. I am not good at Math.

Neither she **nor** I am good at Math.

I didn't write the letter. She didn't write the letter.

Neither I **nor** she wrote the letter.

I didn't finish my homework. I didn't write the e-mail.

Neither did I finish my homework **nor** did I write the e-mail.

I **neither** finished my homework **nor** wrote the e-mail.

الفعل يتبع الفاعل الأخير The verb follows the last subject

Not only but also.

Ali likes eating fish. I like eating fish.

Not only Ali **but also** I like eating fish.

I study hard. I help my mother.

Not only do I study hard **but also** I help my mother.

Either Or

I can travel alone. I can go camping with my friends.

I can either travel alone **or** go camping with my friends.

Grade 10

Correct the underlined mistakes:

- 1- Ali usually get up at six o'clock.
- 2- We not play sports every day.
- 3- My parents go shopping yesterday evening.
- 4- We have our lunch now.
- 5- While she swim, her mother prepare the food.
- 6- I write an e-mail to my old friends last week.
- 7- Ahmed not usually visit his relatives every week.

- 8- I live in Kuwait since 2010.
- 9- We hasn't seen him already.
- 10- I buy a white good Chinese washing machine two days ago.
- 11- My father is been working as a teacher since twenty years.
- 12- We haven't go there since we be children.
- 13- I celebrate my birthday in 12th October.
- 14- Will you take part with the meeting held in Friday.

- 15- My brother is old than me.
- 16- This film is the more exciting film I have ever see.
- 17- The avenue is good than 360 mall.
- 18- Accer lap top is the bad device I have ever used.
- 19- It is three kilometres street.
- 20- I had two courses meal.

The answer

1-	2-

Unit One

Discuss the following ideas:

- 9- How and why do we keep fit?
- 10- Examples of healthy food/nutrients
- 11- Fast food or home-made meals
- 12- The best eatery
- 13- Vegetarian diet
- 14- Water is important
- 15- We are what we eat
- 16- Things we add to our daily diet

We should eat healthy food to keep fit. We should do regular exercises. We should have enough sleep. We keep fit to live a healthy life. We keep fit to avoid diseases.

Carbohydrates give us the main source of energy such as bread and pasta. Fats fuel our brain power and improve skin such as fish and nuts. Protein builds and repairs muscle tissue such as meat and chicken. Iron prevents fatigue and calcium makes teeth and bones strong.

Home-made meals are healthier than fast food. They contain less fat. They have more healthy nutrients.

My favourite eatery is "Afrah El-Khalij". It is a very clean and quiet place. It serves healthy food. It has a salad bar. It has various beverages.

Some people are for a vegetarian menu because vegetables and fruits are rich in vitamins, fibre and other nutrients. On the other hand, It may lead to malnutrition and health problems.

"We are what we eat" means that if we eat healthy food we will be healthy and fit, whereas if we eat junk food we will be obese and out of shape.

Water is very important. Water flushes toxins out. It prevents dehydration.

We can add green tea, probiotic drinks and dark chocolate to our daily diet. They improve our immune system. They help us absorb nutrients. They combat diseases. They neutralize bad bacteria.

Unit Two

Discuss the following ideas:

- 6- What do tolerance and respect mean?
- 7- Our treatment to different people
- 8- The importance of tolerance and respect
- 9- The role of Kuwait to spread peace
- 10- The role of UN

No doubt that tolerance means to forgive others when they make mistakes. It also means to accept others with their different thoughts and creeds.

Respect is another great value. It means to behave towards other customs, races or cultures in a way which shows admiration, acceptance and politeness.

When we treat different people, we should respect them. We should listen to them. We should tolerate them. We should be helpful.

Tolerance leads to peace. Respect makes the world a better place to live in. There will be no fights or wars among people or countries.

Kuwait is an exemplar of tolerance, dignity and respect. Kuwait organized conferences to promote understanding and respect among people. It arranged seminars to raise awareness. The Amir emphasized the importance of interfaith dialogue between different cultures to spread peace.

The UN represents peace and it is considered a worldwide organization. It is responsible for agreeing and disagreeing on laws and rules. It spreads out peace.

Unit Three

Discuss the following ideas:

- 4- Kinds of impressive buildings
- 5- The importance of impressive buildings
- 6- 360 as a monumental building

There are many impressive buildings all over the world. The Petronas Towers in Malaysia and The Sydney Opera House in Australia. In Kuwait there are the National Assembly Building and 360 mall.

Building impressive buildings is important. They attract various age groups of people. They can also be monumental, educational and cultural. They are landmarks of any country. They attract tourists to be a source of income.

360° shopping centre in Kuwait is described as monumental because it contains many shops. It has the largest cinema complex with 15 screens. It has the latest edutainment technology for children. It has different restaurants. It has techno hub, solar garden, night journey and day journey. It attracts people of all ages to spend good time.

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Quiz For Grade Ten

Vocabulary

Choose the correct answer from a, b, c or d:

- 1- The experiments were by our science teacher in the lab.
a- combated b- covered c- conducted d- advocated
- 2- Well-done, I notice that you try to improve yourself.
a- richly b- irresponsibly c- slightly d- consistently
- 3- Gulf countries are by oil which is considered its main source of wealth.
a- sturdy b- geometric c- renowned d- relevant

Grammar

Correct the underlined mistakes:

1- Television has recently broadcast more exciting movies I've ever watched.

.....

2- He not ride his bike since he be six years old.

.....

Writing

In (6) sentences write a paragraph to encourage your friend to have a healthy lifestyle. :

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Unit 4

Computer Games

Lessons 1 & 2

anti-reflective (adj)	incapable of reflecting light or other radiation	غير انعكاسي
artificial intelligence (AI) (n)	the theory and development of computers to things that usually require human intelligence	الذكاء الصناعي
compete (v)	to make efforts to win something by defeating others	يتنافس / يتباري
competitive (adj)	of, relating to, or characterized by competition	منافس / تنافسي
console (n)	a computer especially designed for playing games on	كمبيوتر للألعاب
convoluted (adj)	complicated and difficult to understand	معقد / ملتوي
discourse (n)	speaking and conversation	حوار / حديث
employ (v)	to hire for work	يوظف
naturalistic (adj)	derived from or imitating real life	طبيعي
perception (n)	the ability to see, hear or aware of something through senses	إدراك حسي
rival (n)	competing with a person or thing for the same objective	المنافس
sensor (n)	a device that detects or measures a physical property	جهاز الإحساس
simulate (v)	to encourage or help an activity to begin or develop further	يقلد / يحاكي
speech recognition (n)	the ability of a computer to identify and respond to the sounds produced in human speech	التعرف علي الحديث
visual effects (n)	the graphics, sound used in films and computer games	مؤثرات بصرية
wizard (n)	a person who is very skilled in a particular field or activity	بارع / ساحر / قدير
Lesson 3		
idle (adj)	lazy, especially avoiding work	كسلان / لا يعمل
incredibly (adv)	extremely or unusually	بإفراط / لا يصدق
mundane (adj)	lacking interest or excitement	ممل / غير مثير
out of shape (adj)	unfit and unhealthy	غير لائق / غير صحي
Lessons 4 & 5		
analogue (n)	(of technology) using physical quantities such as voltage, often contrasted to digital technology	تناظري
computer-friendly (adj)	able to use or be used with a computer	مصاحب للحاسوب
drive (n)	device that allows a computer to read discs	مشغل اقراص / أسطوانات/فلاشات
hold button (n)	a button that pauses the game	زر التوقيف المؤقت
touch screen (n)	a display device	شاشة اللمس
wireless (adj)	Lacking or not requiring wires	لا سلكي
Lessons 7 & 8		
arcade (n)	a computer game that was popular in amusement arcades	لعبة تدار بالعملة
bonus (n)	something extra, especially as a reward for performance	علاوة / مكافأة
brehtaking (adj)	astonishing or awe-inspire so as to take one's breath away	باهر / ممتع
built-in (adj)	forming a necessary part of a structure	مركب داخليا
caller (n)	a person who makes a telephone call	الطالب / المتصل
exclusive (adj)	restricted or limited to the person, group or area concerned	حصري / مقصور
helpline (n)	a telephone service providing help with problems	خط المساعدة
joystick (n)	lever can be moved in many directions to control the movement	عصا/مقبض القيادة

keypad	(n)	a miniature keyboard or a set of buttons used to control a device	لوحة المفاتيح
mode	(n)	option allowing a change in the method of operation of a device	صيغة / شكل / نمط

Exercises On Vocabulary

Lessons 1 & 2

Fill in the spaces with the correct word from the list:-

(**compete – convoluted – employ – anti-reflective – naturalistic – stimulate – competitive**)

- 1- There is no vacant jobs to new people in the company.
- 2- Most zoos try to offer a/an setting for animals.
- 3- Are you ready to in the one hundred-metre race?
- 4- The grammar lessons are terribly Could you paraphrase them for me?
- 5- The two sisters have always been, but they're also very supportive of each other.
- 6- Some companies often use plastic towood to make chairs and tables.
- 7- For more protection, fixing screens to electronic devices is a necessity.

Choose the correct answer from a, b, c, or d:-

- 8- He is training every day to be able to beat his in the coming competition.
a- wizard b- rival c- sensor d- discourse
- 9- I can't believe that my little son is a/an at designing web pages.
a- sensor b- console c- wizard d- perception
- 10- Yesterday I engaged in an interesting with my father about the difference between his life in the past and my life at present.
a- perception b- discourse c- speech-recognition d- sensor
- 11- The security device has a heat which detects the presence of people and animals.
a- discourse b- console c- sensor d- visual effects
- 12- My playstation has been damaged after my little kid had dropped it down.
a- console b- sensor c- perception d- discourse
- 13- Some machines which have are able to understand languages, recognize pictures or solve problems.
a- speech recognition b- visual effects c- artificial intelligence d- discourse
- 14- The more the game has, the more exciting it will be.
a- wizard b- visual effects c- rival d- console
- 15- is a facility that exists in some computers instead of inserting a password.
a- Speech recognition b- Visual effects c- Sensor d- Wizard
- 16- She has extraordinary powers of as she can hear whispers and see in the dark.
a- discourse b- perception c- rival d- console

Lesson 3

Fill in the spaces with suitable words from the list:-

(**idle – incredibly – mundane – out of shape**)

- 17- He's usually described as a/an student as he hardly does any physical exercise.

- 18- matters such as paying bills and shopping for food do not interest her.
 19- He got angry when he was stuck in the lift for over an hour.
 20- I think you won't be accepted in the military academy if you are

Lessons 4 & 5

Fill in the spaces with suitable words from the list:-

(touch screen – wireless – hold button – analogue – drive – computer friendly)

- 21- I advise you to replace your receiver with a modern one.
 22- If you want to stop the game, you should press the
 23- My laptop has already got a/an net work.
 24- The of the CD. Isn't working properly so you won't be able to display its content.
 25- Using a/an is easier than a keypad in dealing with modern devices.
 26- People who usually do their business online are called as they spend much time with their customers electronically.

Lessons 7 & 8

Choose the correct word from a, b, c, or d:-

- 27- I'd be able to buy a new mobile if I got a goodthis year.
 a- arcade b- bonus c- caller d- mode
 28- I went to Al-Ghanim centre to buy a newfor my computer.
 a- joystick b- helpline c- mode d- caller
 29- You can call thefor advice, they are always ready .
 a- arcade b- keypad c- helpline d- caller
 30- Employees usually feel at the early hours of their working days.
 a. idle b. convoluted c. out-of-shape d. competitive
 31- We consult him if there's a problem with our computers as he is known as
 a. computer-friendly b. out of shape c. built-in d. idle

Fill in the spaces with words from the list:-

(exclusive – built-in – breathtaking – arcade – mode – keypad – caller)

- 32- Wow! Hala February Festival will be a/ancelebration next week.
 33- I want to switch on the TV to watch the programme on Al-Jazeera.
 34- I'd just like to comment on what your previous was saying.
 35- Most calculations are made wrongly because number five can't be pressed in the
 36- You won't need any racks because all the hotel rooms have cupboards.
 37- Railways are the most important of transport for the economy.
 38- Children enjoy playing bumper car, and chamber of horrors in the child's village.

Grammar

Future Tense

زمن المستقبل البسيط

يستخدم زمن المستقبل البسيط ليعبر عن أحداث سوف تحدث في المستقبل .. الكلمات الدالة على الزمن هي

غدا	tomorrow	القادم	next
قريبا	soon	في المستقبل	in the future
في خلال	in a few	فيما بعد / قريبا	later/shortly
أعتقد	think	أتنبأ / اتوقع	predict/expect

I **will write** to my pen friend **soon**.

We **will meet** our headmaster **tomorrow**.

They'll travel **next** week.

مصدر الفعل (Verb to be) + going to + inf

I **am going to** watch the film tonight.

What **are you going to** do at the weekend?

He **isn't going to** do any work this evening.

(am / is / are) + verb + ing

I'm **seeing** the doctor tomorrow morning at 10.30.

He's **having** his interview on Tuesday next week.

They're **travelling** on Friday.

The The / The more The more

The more countries you visit, **the more** people you will meet.

The more realistic games become, **the more** expensive they will be.

The more difficult the exam is, **the more** effort we exert.

The more action scenes the film has, **the more** exciting it will be.

The more dangerous the adventure is, **the more** interesting it will be.

The more time you study **the better** marks you will get.

The fatter you are, **the shorter** you can run.

Test Yourself

Correct the underlined verbs :-

- 1- I travel next month.
- 2- We are buy a new computer in two days.
- 3- I think it rain. It's very cloudy.
- 4- She not be a doctor. She'd like to be an engineer.
- 5- When you begin your next course?
- 6- My parents attend one of their friend's wedding next Thursday.
- 7- Consoles be more convoluted in a few years.
- 8- We study for tomorrow's exam.
- 9- The employer replace the equipment in the near future.
- 10- The most action scenes the film has, the more interesting it be.
- 11- The more time he study, the best marks he'll get.
- 12- The hard he does him work, the more bonus he will has.

.....
.....
.....
.....
.....
.....

From a , b , c , or d choose the correct answer :

1. IFahad at seven o'clock yesterday.
a. was seeing b. am seeing c. will see d. saw
2. Jassim expects hea better job soon.
a. was getting b. get c. got d. will get
3. Fatherto Singapore at three o'clock tomorrow morning.
a. is flying b. flew c. was flying d. flies
4. Iwith my cousins in the country next summer.
a. stayed b. am going to stay c. will stay d. will have stayed
5. ----- did you leave your keys? In the office.
a. How b. When c. Where d. What
6. Ali is going to arrive late tonight, -----?
a. didn't he b. doesn't h c. isn't he d. wasn't he
7. The pupil ----- father is a teacher broke that widow .
a. which b. whose c. whom d. who
8. I won't go out ----- my parents arrive.
a. in spite of b. because c. until d. so
9. ----- I'm sick, I will participate in the School Day.
a. Because of b. In spite of c. Although d. So that
10. He built a fence around his garden ----- he could protect the plants.
a. in order b. because c. so that d. although
11. I cleaned the room -----
a. itself b. me c. my d. myself

General Correction of mistakes

Correct the grammatical mistakes in the following sentences:

1- Sorry I can't coming with you, I do my homework now.

2- My mother made this delicious cookies while I revise my lessons.

3- I think the Himalayas is the higher mountains in the world.

4- Look! My son swims over there. Can you see her?

5- The harder you study, the best you did in your tests.

6- I expect laptop computers have got smaller and become most powerful in the future.

7- Majid and I am both going to play football on the weekend.

8- I'm have an interview at the university next week.

9- I probably don't have time to write to you tomorrow, so I was writing now.

10- Tomorrow I and my sister is flying to London to spend any days with our uncle there.

11- Sorry, I can't speak now but I would phone you as soon as I got home.

12- On my new computer, there is many games which consist from many levels.

Language Functions

Write what you would say in the following situations:

1-Your father bought you a nice present.

2-Your little brother is trying to move a heavy box.

3-Your friend can't study hard.

4- You are in a restaurant, and you want to complain about something.

5-Your friend wants to smoke in a hospital.

6-Your brother is obese and out of shape.

7-Your brother is always neglecting his homework.

8-You want to ask about the way to Mubarak Hospital.

9.Your friend says that computer games will be more realistic in the future.

10.Your friend asks you about your plans for the next weekend.

11.Your brother wastes too much time watching TV.

12.You are calling a shop assistant to know how the new camera works.

Set Book Questions

1. Why do modern computer games appeal to most children and young people?

- * **The characters** in modern computer games are naturalistic and realistic.
- * **The graphics and visual effects** make the games breathtaking to attract children.

2. Why do games characters have to become more intelligent?

- **To perform specific tasks** such as speech recognition, visual perception and decision taking.
- **Because of character discourse** which has become the most important part in modern games.

3. Why will game designers be working hard in the future?

- They will be competing with the success of Nintendo wii.
- To make more attractive games. - To cope up with the latest advancement in technology.

4. What will the advancements in technology do for companies?

- Companies will produce more modern games.
- Designers will make more attractive games with more graphics and visual effects..
- Employees will be working hard to keep up with the advancement of technology.

5. The improving of computer games graphics may cause some problems. Explain.

- Game studios will have to employ hundreds of animators.
- Designers may spend too much time on visual effects and forget the quality of the game.

6. Computer games can be detrimental to children's social development. Give reasons.

Yes, I completely agree.

- Because spending a long time playing games make children not need to have friends.
- It may make them forget to visit their relatives or talk to their parents.

7. What is the job of the computer helpline assistant?

- He offers help whenever he is asked to help.
- He gives solutions to problems.

8. Compare between traditional computer games and modern ones?

Traditional Games	Modern Games
They make us feel idle.	They improve imagination.
They make us out of shape.	They improve intelligence.
They cause health problems.	They move our parts of the body.
They cause backache, headache and poor eyesight.	They make us fit and healthy.
They make us isolated.	They enhance our language.
They affect social development badly. (no need to have friends or talk to parents)	They can be played by more than one.

9. Why should designers of games work hard in the future and what are the problems they may face?

Reasons for working hard
1- They want to make more attractive games.
2- They want to keep up with the modern technology.
3- They want to create more intelligent game characters.
Problems
1- Game studios will have to employ hundreds of animators.
2- Designers spend too much time on visual effects and forget about the quality of the game.

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Translation

Translate into English:-

كيف سيكون شكل ألعاب الكمبيوتر في المستقبل؟
سنتكون معقدة أكثر ولكن واقعية وحقيقة أكثر

.....
.....
.....

ماهي مزايا وعيوب ألعاب الكمبيوتر على صغار السن (الشباب)؟
من مزاياها أنها تنمي الخيال والذكاء ولكن من عيوبها أنها تسبب ألم في الظهر والصداع وضعف الرؤية

.....
.....
.....

لماذا يرفض الإباء عادة أن يقضوا أبنائهم وقتا طويلا في لعب ألعاب الفيديو والكمبيوتر
لأنهم يعتقدون أن ذلك يجعلهم كسالى كما أنه يؤدي بهم إلى عدم لياقة بدنية

.....
.....
.....

Writing

Computer Games

- 1- Computer games will be more realistic and naturalistic in the future.
- 2- They will be more convoluted.

Advantages:

- 1- Computer games develop our imagination and intelligence.
- 2- They enhance mental abilities and skills.

Disadvantages:

- 1- Spending a lot of time on traditional games make us idle and out of shape.
- 2- They also cause backache, headache and poor eyesight.
- 3- Spending much time in playing games make us isolated so they may affect badly on social development.

To overcome problems of computer games

- 1- We should set specific time for the games.
- 2- We should play modern games which make us move to do exercises while having fun.

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Unit 5

Sports Psychology

Lessons 1 & 2			
able-bodied	adj.	fit , strong and healthy ; not physically disabled .	صحي-لائق
adversity	n.	difficulties , misfortune	صعوبة/حدث سيء
equestrian	adj.	relating to horse- riding	فروسي
neurologist	n.	a doctor who studies the nervous system	طبيب أعصاب
observe	v.	to notice (something) and register it as being significant .	يلاحظ
paralympics	n.	an International Athletic competition for disabled athletes .	اولمبياد المعاقين
phenomenon	n.	a fact or situation that is observed to exist or happen	ظاهرة
physiotherapy	n.	a treatment that uses special physical exercises to treat injuries	العلاج الطبيعي
rehabilitation	n.	the helping of someone to live a healthy life again .	إعادة تأهيل
self-discipline	n.	the ability to achieve your goals and resist temptations .	ضبط النفس
virtue	n.	behaviour showing high moral standards	فضيلة / ميزة
Lesson 3			
interpersonal	adj.	relating to relationships or communication between people .	متربط مع الآخرين
navigate	v.	to travel on a set route especially carefully or with difficulty .	يبحر – يسافر
personal trainer	n.	a fitness coach who works one-on-one	مدرب شخصي
stamina	n.	physical and mental strength over a long period of time	قوة - لياقة
Lessons 4 & 5			
aggression	n.	hostile or violent behaviour or attitudes towards another readiness to attack or confront	عدوان-هجوم
determination	n.	firmness of purpose resoluteness .	عزيمة - إصرار
extrovert	n.	an outgoing personality .	شخص انبساطي
feedback	n.	advice or information about something done .	التأكد من / تغذية راجعة
introvert	n.	a shy and typical self- centred person .	شخص انطوائي
mentality	n.	attitude or way of thinking .	عقلية
motivation	n.	the general desire of someone to do something .	دافعية - تحفيز
opponent	n.	someone competes against/fights another in a contest/game/ arg	منافس - خصم
sportsmanship	n.	behaviour in sport that is fair , honest and polite .	الروح الرياضية
stimulation	n.	the interest or motivation in something .	تحفيز / تشجيع
teammate	n.	a fellow member of a team .	الزميل في الفريق
Lessons 7 & 8			
application	n.	a formal , usually written , request for something such as a job or a club membership	طلب / استمارة
badminton	n.	a game with rackets in which a shuttlecock is played back and forth across a net	كرة الريشة
gymnastics	n.	Exercises developing /displaying physical agility/coordination.	العاب رياضية
member	n.	an individual belonging to a group such as a club or team .	عضو

sauna	n.	a small room using hot-air for cleaning and refreshing the body	حمام بخار
solarium	n.	a room with tanning beds , used for an artificial suntan .	حمام شمس

Exercises On Vocabulary

Fill in the spaces with suitable words from the list:-

(**able-bodied / adversity / equestrian / neurologist / observe**)

- 1- My friends are fond of following races when I find it not interesting.
- 2- The specializes in treating diseases of the nerves.
- 3- Pupils their science teacher in the lab to learn more about experiments.
- 4- Although he is over sixty, he's still not only but also aspirational.
- 5- You should be mentally prepared to overcome any you confront throughout your life.

Choose the correct answer from a, b, c, or d:-

- 6- It is well known that gravity is a natural
a- rehabilitation b- self-discipline c- virtue d- phenomenon
- 7- You need a lot of when you're going for an interview.
a- self-discipline b- physiotherapy c- virtue d- phenomenon
- 8- The government should take part in building more drug clinics.
a- rehabilitation b- self-discipline c- phenomenon d- virtue
- 9- Fasting in Ramadan helps us to acquire the of patience.
a- rehabilitation b- virtue c- phenomenon d- adversity
- 10- Many of the injured players have been recovered after a few sessions of
a- neurologist b- physiotherapy c- virtue d- phenomenon
- 11- The is a competition held for the people with physical disabilities to help them rehabilitate.
a- self-discipline b- physiotherapy c- virtue d- paralympics

Lesson 3

Fill in the spaces with suitable words from the list:-

(**interpersonal – navigate – personal trainer – stamina**)

- 12- There weren't any road signs to help us through the maze of one-way streets.
- 13- The successful applicant should have excellent skills.
- 14- The sport of weightlifting needs from able-bodied players.
- 15- A lot of professional sportspeople have their own assistants and(s).

Lessons 4 & 5

- 16- Kuwait Disabled Sports Club contributes to the physical and social of its members.
a) adversity b) equestrian c) rehabilitation d) physiotherapy
- 17- Ahmed is a/an person, he has a wide circle of friends.
a) introvert b) extrovert c) opponent d) feedback
- 18- Extroverts like contact sports in which they can show direct such as footballers.
a) teammate b) stimulation c) aggression d) determination
- 19- Her strong character and convinced us that she was perfect for the job.
a) determination b) opponent c) teammate d) feedback
- 20- people are unable to make friends easily.
a) Extrovert b) Teammate c) Aggression d) Introvert
- 21- I'm sure he can get better results but he just lacks
a) teammate b) motivation c) rehabilitation d) adversity
- 22- In the second match, her hurt her leg and had to retire.
a) mentality b) opponent c) extrovert d) feedback
- 23- He became a professional player thanks to his coach's ands' support.
a) extrovert b) teammate c) aggression d) introvert
- 24- I can't understand the of people who hurt defenceless animals.
a) determination b) opponent c) mentality d) feedback
- 25- Have you had any positive or negative from customers about the new product?
a) introvert b) extrovert c) opponent d) feedback
- 26- People who are extrovert need more to achieve their goals.
a) teammate b) stimulation c) aggression d) introvert
- 27- One of the major virtues from practicing sports is
a) feedback b) aggression c) mentality d) sportsmanship

Lessons 7 & 8

- 28- To join our company as a secretary you should fill in a/an form.
a) solarium b) badminton c- member d- application
- 29- Marathon runners need to have incredible amounts of and tremendous endurance.
a- stamina b- feedback c- mentality d- opponent
- 30- The coach insists that all team (s) must attend early-morning practice.
a) sauna b) member c- badminton d- application
- 31- Your skin can get brown after just two sessions in the
a- mentality b- member c- solarium d- badminton
- 32- Going for a/an helps obese people to lose fats when they sweat from heat.
a) sauna b) adversity c- aggression d- feedback
- 33- is a sport in which two or four people hit a shuttlecock over a high net.
a- stamina b- badminton c- mentality d- feedback
- 34- I advise you to practice to increase the body's strength.
a- stamina b- gymnastics c- mentality d- opponent

Grammar

Forming questions

تكوين السؤال

What	ماذا	where	أين	When	متى
How	كيف	Why	لماذا	Who	من للعاقل
which	أي لغير العاقل	How many	كم عدد	How much	كم كمية / كم سعر
How often	كم مرة	How long	كم للمدة الزمنية	How far	كم للمسافة
Whom	من للمفعول	Whose	لمن للملكية		

لتكوين السؤال :-

- 1- حدد أداة الإستفهام 2- الفعل المساعد 3- الفاعل (أول الجملة) 4- الفعل الأساسي
- Sara visits her aunt on Thursdays. When **does** Sara visit her aunt?
- Fahad played tennis in the club. Where **did** Fahad play tennis?
- I go to school by taxi. How **do** you go to school?
- I'm watching TV. What **are** you doing?

Question words

- Where** do you stay? → I stay in a hotel.
- When** will you arrive? → I'll arrive tomorrow.
- What** do you prefer? → I prefer cola.
- Why** did you come late? → Because it was crowded.
- Who** helped you? → My brother helped me.
- Which** one do you like? → I like the green one.
- Whose** car is this? → It's my car.
- How** did you do in your exam? → I did well in my exam.
- How many** people are there? → There are few ones, only two.
- How much** sugar do you like? → Just little, please.
- How far** is it from school to your house? → It's about two kilometers.
- How long** will you stay abroad? → I'll stay for about a week.
- How tall** are you? → I'm about two meters.
- How heavy** is this box? → It's thirty kgs.
- How old** are your brother? → He's twenty years old.
- How often** does your father travel? → He travels twice a month.

Test Yourself

- 1-.....? - I'm here **to** guide guests to the meeting hall.
- 2-.....? - We study **chemistry** and biology this course.
- 3-.....? - The period starts **at half past seven**.
- 4-.....? - We wrote **three articles** to the editor.
- 5-.....? - He has found his glasses **on his head**.
- 6-.....? - It's **my** wallet, thank you.
- 7-.....? - My father works **in a big bank**.
- 8-.....? - It began **an hour ago**.
- 9-.....? - The plane **flew on 4000 feet**.

The Imperative

Open the door.	Go straight then turn on the right.
Wait for me.	Give the money to Ali.
Be quiet.	Come and have tea.
Let's go to the club.	Look out! There's a snake near you.

The Negative Form

Don't wait for me.	Don't give him the book.
Don't run in the street.	Let's not sleep early today.

Modal verbs

الأفعال الناقصة

مصدر الفعل + **Can / Could / Should + Inf**

I can swim	قدرة عامة وتعبر عن الوقت الحاضر
I could run very fast when I was young	استطاعة في الماضي
We should help the poor.	تستخدم للنصيحة (ما يجب أن يكون)

Exercises on Grammar

Choose the correct answer :-

- 1- When I left earlier I take the first bus.
a- can b- could c- should d- must
- 2- Students who want to succeed with flying colours, take good care of their lessons from the beginning of the year.
a- can b- should c- will d- could
- 3- A few students in my class speak Italy fluently.
a- can b- could c- will d- should
- 4- If you studied well, you pass your exams.
a- can b- could c- will d- must
- 5- Let's go shopping,?
a- can you b- shall we c- would you d- could we

Choose the correct answer from a, b, c, or d:-

1- Howis it to your school?

d- often c- far b- high a- long

2- Howdoes this car cost?

d- far c- often b- much a- many

3- Howpupils are there in your classroom?

d- far c- often b- much a- many

4- Howis Mount Everest?

d- high c- deep b- tall a- long

5- Howdo you visit you grandparents?

d- much c- often b- many a- long

6- How do you go to the cinema?

d- often c- long b- many a- much

7- Do you know the student broke the window?

d- whose c- where b- who a- which

8- I want improve my English .What can I do?

d- with c- of b- to a- for

9- Ali speak English fluently.

d- hasn't c- don't b- doesn't a- isn't

10- I go to the club Fridays.

d- for c- on b- at a- in

11- I was born1987.

d- for c- on b- in a- at

12- I bought this beautiful shirt two days

d- yet c- ago b- for a- since

13- Sorry sir. I haven't finished my homework

d- yet c- ago b- for a- since

14- I haven't seen Alilast week.

d- yet c- ago b- for a- since

15- I think the Nile isriver in the world.

d- the longest c- longest b- longer a- long

16- Don't you know that the blue whale isthan the elephant.

d- the biggest c- biggest b- bigger a- big

17- Alan speaks English,?

d- he doesn't c- doesn't he b- does he a- don't he

18- We visited the museum last week,?

d- we didn't c- we did b- didn't we a- did we

19- They didn't play football yesterday,?

**a- did they
d- didn't they c- they didn't b- they did**

20- Ali hasn't finished his duties,

- d- he has
- c- has he
- b- he hasn't
- a- hasn't he

21- I'll do that soon,

- d- I won't
- c- won't I
- b- will I
- a- will not I

22-After a week in London, we went back home.

- d- is spending
- c- spending
- b- will spend
- a- had spent

23- Before a letter, we should stick a stamp on the envelope.

- d- sends
- c- sent
- b- send
- a- sending

24- Let's goon the beach.

- d- walking
- c- walked
- b- walks
- a- walk

Correct the grammatical mistakes in the following sentences:

1. Keep quiet please. I listen to an important radio programme at a moment.

2. I come yesterday and I'll leave before two weeks.

3. How much players are there on a football team?

4. Always respecting your teammates and give him the proper encouragement.

5. I'd liked to know when your basketball practice start.

6. How many did you pay for you new jacket?

7. How long do you usually visit your aunt a week? I visited her once a week.

Language Functions

Write what you would say in the following situations:

1. It is windy outside and your brother wants to go for a walk.

2. Your father said something that you didn't hear well.

3. You can't deal with your new calculator; seek your brother's advice.

4. Your sister asks you for help with her project.

5. It's a holiday today, the family doesn't know where to spend it.

6. The man is bleeding to death. We are going to lose him.

7. Your father doesn't allow you to keep your dog in the house.
.....
8. Someone asks you how this machine works.
.....
9. Someone said that smoking should be forbidden in public places.
.....
10. Your friend wanted to know your plans after leaving the secondary school.
.....
11. Your brother doesn't know what to do in his free time.
.....
12. Your friend told you that his laptop had suddenly stopped working.
.....

Set Book Questions

1. What is important about the Paralympics ?

- a. The Paralympics draw people's attention to the disabled.
- b. They give disabled a chance to practise sports .
- c. They give disabled power and self-confidence.

2. Fasting during Ramadan trains Muslims in many virtues such as

- a. It teaches us self-discipline and patience.
- b. It enhances morals and good behaviour.

3. Kuwait was the first country in the Gulf to encourage the Parallel sports. How?

- a. It has built the Kuwait Disabled Sports Club.
- b. It organized Competitions for the disabled inside and outside Kuwait .
- c- It provides the club with the most modern facilities and equipment.

4. What skills are important to any athletes whatever their abilities?

- a. They should have self-discipline and self-confidence
- b- They should be able to sacrifice
- c- They should have patience and stamina.

5- Write some of the Psychological factors or mental factors that sportspeople need to perform better?

- a- Motivation is an important factor.
- b- feedback is needed to perform better.

6- What are the similarities and differences between the Formula One racing and the Marathon racing ?

- a. **similarities:** the fastest is the winner -Both of them are competitive .
- b. **differences:** Marathon is safer and receive less media attention
Formula one is dangerous and receive more media attention

7. What facilities should any sports club offer to their members ?

- a- Suitable equipment are necessary
- b- It should include social activities
- c- social rehabilitation is required for the disabled.
- d. extra activities like sauna and solarium.
- e. Membership in all sports in the club.

8. Mention some characteristics of the extrovert person ?

- a. He should be socially outgoing
- b. He needs high stimulation levels to perform better
- c- They like to play in teams such as football and basketball.

9. Mention some characteristics of the introvert person ?

- a. He is naturally shy
- b. He performs better at lower stimulation levels .
- c- They prefer individual games such as golf and tennis.

10. What do sportsmen need to do to stay motivated ?

- a. He needs encouragement
- b. He needs determination
- c. He needs stimulation
- d. He needs feedback.

11. What are our duties towards the disabled? Why is it important to hold Paralympics?

1- We should offer help and support to make them feel normal.
2- They should have a chance to practise sports and take part in all social activities.
3- They need special care, encouragement and rehabilitation to feel self-confident.
4- Media should raise people's awareness towards the disabled to treat them well.
Holding the Paralympics
It draws people's attention to the disabled.
It gives them a good chance to be socially and psychologically rehabilitated.
It gives them a good chance to feel self-confident, determined and normal.

12. What is the importance of doing exercises or practising sports? What are the main qualities of a sportsperson? What do they need to perform better?

1- It teaches us many virtues such as patience, self-discipline, sacrifice and self-confidence.
2- It enables us to work in a team so it enhances interpersonal skills.
3- Sports are necessary to keep us fit and healthy
Their main characteristics / qualities
1- They are usually extrovert.
2- They are determined, self-confident and friendly.
3- They are ready to sacrifice and help others.
4- They have interpersonal skills that enable them to work with their mates.
5- A sportsperson needs motivation, determination and feedback to perform better.

Translation

Translate into English

ماذا فعلت الكويت لكي تساعد المعاقين؟
الكويت هي أول دولة في منطقة الخليج تقوم ببناء نادي رياضي للمعاقين

من وجهة نظرك ماهي السمات الأساسية للرياضيين
أعتقد أن الرياضي الحق يجب أن يتحلى بالصبر و ضبط النفس والتضحية

في رأيك هل مسابقة الألعاب الاولمبية للمعاقين هامة؟
بالطبع وذلك لجذب انتباه الناس للمعاقين وتشجيعهم علاوة على ذلك إنها تعطيهم فرصة لإعادة تأهيلهم وترفع من ثقتهم

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The disabled people

The disabled are people who suffer from healthy problems. They need special care, encouragement and rehabilitation to feel self-confident. They should have a chance to practise sports and take part in all activities. Media should raise people's awareness towards the disabled to treat them well. It is our duty to offer help and support to make them feel normal.

The disabled people

The disabled are people who suffer from healthy problems. They may also suffer from psychological problems because the society doesn't give them the proper attention and care. They need special care, encouragement and rehabilitation to feel self-confident.

They should have a chance to practise sports and take part in all activities.

Media should raise people's awareness towards the disabled to treat them well and not to look down upon them.

Kuwait has the initiative to build a sports club for the disabled to make them feel normal and lead a happy life with other able-bodied people.

We can find some of the disabled people have determination and patience more than the normal people. So it is our duty as individuals and governments to offer help and support to them to make them feel normal and to be able to adapt easily to their problems.

Sports

1- Practising sports is of great value and importance. Its importance lies first in good manners man acquires. Practising sports purifies man's soul and teaches him many virtues such as patience, self-discipline, sacrifice and self-confidence. It enables us to work in a team so it has a social purpose. Extrovert people prefer playing in teams because they have interpersonal skills. Introvert people like playing tennis and golf because they prefer individual games. Sports enhance the sportsmanship. A sportsperson needs motivation, determination and feedback to perform better. We should remember the proverb which says "A sound mind is in a sound body". Sports are necessary to keep us fit and healthy and it guarantees leading a long happy life.

Sports

Practising sports is of great value and importance. Its importance lies first in good manners man acquires. Practising sports purifies man's soul and teaches him many virtues such as patience, self-discipline, sacrifice and self-confidence. Also, it enables us to work in a team, so it has a social purpose. There are many different kinds of sports people can practise according to their abilities and skills. There are individual games or team ones. Extrovert people prefer playing in teams because they have interpersonal skills. But introvert people like playing tennis and golf because they prefer individual games. Whatever the game is they all enhance the sportsmanship. Sportspeople need motivation, determination and feedback to perform better. Last not least we should remember the proverb which says "A sound mind is in a sound body". So sports are necessary to keep us fit and healthy and it guarantees leading a long happy life.

Unit 6
Nature

Lesson	Word	Definition	Meaning
1-2	marsh <i>n.</i>	An area that is flooded in wet seasons and remains waterlogged	مستنقع
1-2	vegetation <i>n.</i>	Plants found in a particular area	الحياة النباتية
1-2	conservation <i>n.</i>	The protection of natural things (animals)	حماية
1-2	deserve <i>v.</i>	To be worthy of something as a reward	يستحق
1-2	effluent <i>n.</i>	Liquid waste discharged into a river or sea	تدفق
1-2	fauna <i>n.</i>	The animals of a particular region	حيوانات منطقة
1-2	fence off <i>phr. v</i>	To enclose a space with a fence	يحوط علي منطقة
1-2	flora <i>n.</i>	The plants of a particular region	نباتات منطقة
1-2	hectare <i>n.</i>	A metric unit of square measure equal to 100 acres	الهكتار
1-2	propagation <i>n.</i>	The breeding of plants and animals naturally	تكاثر - تناسل
1-2	sanctuary <i>n.</i>	A place of refuge or safety	ملجأ / محمية
3	call <i>n.</i>	The characteristic sound of a bird	صوت الطائر-نداء
3	underpart <i>n.</i>	The underside of an animal's body	جزء سفلي
3	pesticide <i>n.</i>	A chemical substance used to kill insects	مبيد حشري
3	poacher <i>n.</i>	A person who hunts animals illegally	صياد غير شرعي
3	greenery <i>n.</i>	Growing plants or vegetation	خضرة
3	genus <i>n.</i>	One of the groups into which animals are divided	جنس - صنف
3	widespread <i>adj.</i>	Found or distributed over a large area	واسع الانتشار
4-5	herbivore <i>n.</i>	An animal that feeds on plants	الحيوان أكل العشب
4-5	hostile <i>adj.</i>	Unfriendly	معادي-عدو
4-5	fierce <i>adj.</i>	Angry or ready to attack	عنيف
4-5	proud <i>adj.</i>	Feeling of happiness after achieving something	فخور
4-5	aggressive <i>adj.</i>	Behaving in an angry way	عدواني
4-5	stubborn <i>adj.</i>	Determined not to change your mind	عنيد
4-5	sustenance <i>n.</i>	Food and drink regarded as a source of strength	اكل وشرب
4-5	tame <i>adj.</i>	Not dangerous-domesticated	أليف
7-8	bed out <i>v.</i>	To transfer a plant from a pot to a garden	لأخر/ يشجر
7-8	adjacent <i>adj.</i>	Next to	مجاور- قريب
7-8	finance <i>v.</i>	To provide funding for a person	يمول
7-8	global <i>adj.</i>	Relating to the whole world	عالمي
7-8	carbon monoxide <i>n.</i>	A poisonous gas	أول أكسيد الكربون
7-8	clean-up <i>n.</i>	The removal of waste and rubbish	نظافة
7-8	imperative <i>adj.</i>	Crucial-of vital importance	هام
7-8	mammal <i>n.</i>	A warm -blooded animal	الثدييات
7-8	nest <i>n.</i>	A structure made by a bird for laying eggs	عش
7-8	on behalf <i>phr. n</i>	In the interests of a person , group or principle	نيابة عن
7-8	toxin <i>n.</i>	Chemical that has a negative effect on the body	مادة سامة

7-8	wasteland <i>n.</i>	An unused area of land	الأرض القاحلة
7-8	exotic <i>adj.</i>	Unusual and related to a foreign country	غريب

Exercises On Vocabulary

Lessons 1 & 2

Choose the correct answer from a, b, c or d:-

- 1- It's raining heavily. The playground has turned into a/an
- a- fauna b- hectare c- sanctuary d- marsh
- 2- The panda can be saved from extinction if we provide the conditions for its
- a- vegetation b- conservation c- flora d- fauna
- 3- Much of the region's native has been damaged by developers who are building hotels along the coast.
- a- effluent b- vegetation c- hectare d- fauna
- 4- Plants and animals need certain conditions for
- a- fauna b- hectare c- sanctuary d- propagation
- 5- is all the plants of a particular place or from a particular time in history
- a- vegetation b- conservation c- flora d- fauna

Fill in the spaces with words from the list :

- (hectares – fauna – effluent – sanctuary – fenced off – deserve)
- 6- The school garden must be to avert students from picking up flowers.
- 7- Water pollution is the result of from factories that runs into the sea.
- 8- I have prepared a plan for transforming thousands of into a green land.
- 9- I feel that I'm chased everywhere! I need a/an badly!
- 10- People should be aware that is part of their heritage and environment.
- 11- After all that hard work, you your manager's praise.

Lesson 3

Fill in the spaces with words from the list :

(call – underpart – pesticide – poachers – greenery – genus – widespread)

- 12- should be arrested to save rare animals from hunting.
- 13- Farmers usually spray on their crops to kill pests but they may also damage people's health.
- 14- The of the brown owl is different from that of the cock in the early morning.
- 15- There's agreement that the law should be changed.
- 16- The hall looks more festive with all that in pots.
- 17- In nature, plants of this are propagated mainly from the seeds.
- 18- I saw an outlandish animal with yellowish skin and spotted

Lessons 4 & 5

Choose the correct answer from a, b, c, or d:-

- 19- I've tried hard to persuade him but he is tooto accept another opinion.
a- fierce b- proud c- hostile d- stubborn
- 20- No strangers can approach there. His house is guarded by a/an dog.
a- tame b- stubborn c- fierce d- proud
- 21- Watching violence on TV. makes some children more
a- tame b- proud c- aggressive d- stubborn
- 22- She felt so that she had raised four children as a lone mother.
a- fierce b- tame c- proud d- aggressive

Fill in the spaces with suitable words from the list:-

(herbivore – sustenance – tame – hostile)

- 23- It is known that attacks on plants by reduce the quality of the tissues for subsequent feeding.
- 24- The pigeons are so that they can sit on your shoulder.
- 25- His bitter experience with marriage has made him generally towards women.
- 26- During this freezing weather, the seeds put out by householders is the only form of that the birds have.

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Lessons 7 & 8

Choose the correct answer from a, b, c, or d:-

- 27- Pollution is a/anproblem that we should solve.
a- exotic b- hostile c- global d- adjacent
- 28- Residents have called for a/an campaign to keep their streets free from rubbish.
a- wasteland b- toxin c- nest d- clean-up
- 29- Meanwhile, the mother flies back to the to feed her young.
a- clean-up b- nest c- toxin d- mammal
- 30- It appeared that the water supply had been tainted with a deadly
a- toxin b- wasteland c- nest d- clean-up
- 31- It's..... to find a solution to traffic jam problem.
a- exotic b- imperative c- global d- adjacent
- 32- There is a row of houses immediately to the factory.
a- exotic b- imperative c- global d- adjacent

Fill in the spaces with suitable words from the list:-

(exotic – wasteland – mammal – carbon monoxide – on behalf – bed out – finance)

- 33- Ali is courageous enough to speak of all his colleagues about their complaint.

- 34- The courtyard was full of plants in terracotta pots.
 35- The City Council agreed to the new building to the tune of over 4 million pounds.
 36- The car was dumped in a stretch of in the south of the city.
 37- Humans, dogs, elephants and dolphins are all, but birds, fish and crocodiles aren't.
 38- is the poisonous gas formed by the burning of carbon, especially in the form of car fuel.
 39- May is the time to the geraniums. (colourful flowers)

Grammar

Countable and Uncountable Nouns

Countable	Uncountable
A leg- legs / a boy- boys / a cat- cats / a baby- babies / a fox- foxes/ a mouse- mice / a child- children ...	advice / information / water / tea / paper / coffee / chicken / happiness / meat /
an apple- apples / an orange- oranges / an egg- eggs.....	
One chair- two chairs / one glass- three glasses	

مع الأسماء المعدودة والغير معدودة (في الجمل المثبتة) **Some / a lot of / lots of**

Some information / **some** apples / **some** water / **some** girls
a lot of oranges / **a lot of** meat / **a lot of** children / **a lot of** coffee
 I've got **a lot of** toys.
 She has **some** sandwiches.

many الأسماء المعدودة : **much** الأسماء الغير معدودة : في الجمل المنفية أو السؤال
many questions / **much** rice / **many** classes / **much** flour

I don't like **much** sugar in my tea.
 We can't collect **much** information.
 Do you choose **many** subjects?
 Do you like **much** sugar?

في السؤال والنفي **any**

Could you see **any** pictures in his room?
 I didn't find **any** one there.

Present perfect continuous زمن المضارع التام المستمر

يستخدم هذا الزمن ليعبر عن أحداث بدأت في الماضي ومستمرة إلى الآن وتستخدم مع :-

For / since / all day, morning , evening / till now /

تكوين الزمن

Has / Have + been + ing

I **have been working** since three o'clock.

She **has been studying** English for ten years.

It **has been raining** all day.

Have you been listening to me?

Test Yourself

Correct the verbs between the brackets :-

- 1- She **draw** a nice picture for three hours till now.
- 2- My mother **cook** all night.
- 3- I **study** English since I was six years old and still studying it.
- 4- He **play** football since the morning and he hasn't finished yet.
- 5- What **you do** till midnight? It's better to sleep to get up early.
- 6- I **just write** two letters.
- 7- **You ever** see an elephant ?
- 8- I **never see** an elephant.
- 9- Ali **study** English **since** 6 years.
- 10- He **work** in Kuwait **just** 1986.
- 11- How many fish **you catch** so far ?
- 12- She **already sell** her car.
- 13- I **not make** up my mind **already**.
- 14- They **not meet** each other **for** the war.
- 15- This is the best meal I **ever have**.
- 16- She **never be** to London.

.....
.....
.....

Choose the right answer from a,b,c, and d :

- 1- I don't find information about the project.
a- many b- much c- a lot of d- lots of
- 2- Has your brother completed his studies?
a- ever b- yet c- never d- since
- 3- I have met a famous actor in my whole life.
a- ever b- never c- yet d- for
- 4- This lap top is very expensive and I just have money.
a- much b- a little c- many d- a lot of
- 5- After lunch I sat on a coffee shop to have tea.
a- many b- much c- lots of d- some
- 6- do you go to gym ?
a. How often b- How much c. How far d. How long
- 7- I have been studying English 2000.
a. since b. ago c. by d. for

Extra Exercises

1- I was shocked by the accident I saw last week .

- a. which b. when c. where d. what

2- I'll repair the car

- a. himself b. myself c. herself d. itself

3- It is computer I've ever bought.

- a. cheap b. cheapest c. the cheapes d. cheaper

4- Suha did her homework..... half past seven.

- a. myself b. itself c. herself d. himself

5- My school day begins September.

- a. in b. with c. on d. at

6- I haven't finished my project

- a. since b. for c. yet d. just

7- Is this the house Ahmad lives ?

- a. whose b. which c. where d. who

8- If I were you , Ibuy this expensive car.

- a. didn't b. won't c. wouldn't d. hadn't

9-.....books do you intend to get?

- a. How much b. How far c. How many d. How old

10-This is the kind of watches in Japan.

- a. best b. better c. good d. most

11- I have had this cell phone three years now and I have no intention of changing it.

- a. since b. for c. already d. yet

Correct the grammatical mistakes in the following sentences:

1. I have been waited for you for a little hours.

2. A 70-hectare space has fenced off to provide a refuge for much rare birds.

3. Do you believe that man able to live in the moon in the future?

4. The bus isn't arrived yet. I am waiting for a very long time.

5. We are learning English since nine years now.

Language Functions

1- Your brother feels tired and sleepy every morning.
.....

2- Your friend asks for help with his homework.
.....

3- The waiter asks you about the drink you want to have.
.....

4- Your classmate wants to jump off the school wall.
.....

5- You knew that one of your friends hides your book in his desk.
.....

6- You want to buy a new lap-top.
.....

7- Your friend lost all her revision notes before the exam.
.....

Set Book Questions

1- Why is it important for countries to protect wild animals and birds?

It is important to protect animals and birds to keep balance on the earth.

2- What is the importance of making nature reserves?

To protect animals and birds from hunting and habitat destruction..

To provide them with a natural habitat to save their lives.

3- How does Al -Jahra Pools Nature Reserve offer protection for birds?

The reserve has been fenced off to provide a refuge from hunting.

The reserve protects the bird's habitat from destruction.

Two full-time guards have been monitoring the reserve since 1993 to control trespassing.

4- What has Al Jahra Pools Nature Reserve been a crucial centre for?

For conservation, propagation, education and research

5- Explain the main aims of WWF and the importance of establishing similar organisations?

World Wildlife Fund is a global organization which works to stop the destruction of the natural world.

6- How can the government / WWF prevent the wild life from destruction?

The government should arrest poachers and prevent hunting rare animals.

They should protect animals by making natural reserves ensuring there are no dangerous toxins.

One shouldn't buy exotic birds from pet shops if they are from the wild.

7-Natural life of birds and animals faces many dangers .Explain.

Some of animals are hunted illegally for their fur, tusks, skin and feathers.
Habitat destruction is one of the main threats and dangers.

8-How can you take part in the process of maintaining the environment around you?

Have an environmental cleanup to turn wasteland into a good home for people and animals
We should grow plants to purify the air.
We should build factories outside the country to avoid pollution and wastes..
We have to use our private cars less to reduce fumes come out from vehicles.

Focus on: Kuwait – A shopper’s paradise

1- Why is Kuwait described as a shopper's paradise?

Kuwait is a great place to go shopping as it has some of the best stores and shopping centres in the Middle East. People can go famous places like Villa Moda which sell fashion and clothing items from top designers from all over the world such as Gucci, Bottega Veneta, Prada and Dolce& Gabbana.

How can we protect the wildlife? Why?

Protecting wild animals	Protecting environment
1- We should stop hunting them.	We should keep our environment clean.
2- Poachers should be arrested.	We shouldn't throw litter in the streets.
3- We should stop habitat destruction.	We should plant more trees.
4- Natural reserves should be built for them.	We should raise people's awareness towards their environment.
Why	
We maintain / protect animals to keep balance on earth.	
We protect our environment to live in a cleaner, safer and more comfortable place.	

Translation

Translate into English

خالد: كيف تستطيع المشاركة في عملية الحفاظ على البيئة المحيطة بنا؟

محمد: ننصح الآخرين بأهمية البيئة ورفع الوعي عند الناس بأهمية الحياة الطبيعية وهذا بالإضافة إلى التوقف فورا عن صيد الحيوانات وإلقاء القمامة في الطرقات

احمد: ماهي المخاطر (التهديدات) التي تواجه بعض الحيوانات البرية
سعد: تدمير البيئة السكنية لهم والصيد الغير مشروع وحرانق الغابات

.....
.....
.....

حمد : هل توافقتى الرأى فى ان الكويت تعتبر مكان رائع للتسوق
جاسم : نعم بالطبع فلدينا فى الكويت أفضل المخازن و مراكز التسوق فى الشرق الاوسط

.....
.....
.....

Writing

Maintaining Animals

Keeping animals is very important to keep balance on the earth. Habitat destruction, illegal hunting, using pesticides and forest fires are examples of threats and dangers. Our duty is to stop hunting rare animals or keeping exotic birds. We should stop destroying their habitat. The government should arrest poachers and establish permanent natural reserves to maintain their lives. Media has a role to raise people's awareness towards keeping animals and stopping hunting.

Maintaining Animals

No doubt that keeping animals is very important to keep balance on the earth.

Nowadays we can find that there are many dangers and threats animals are exposed to. Habitat destruction, hunting illegally, using pesticides and forest fires are examples of these threats. Our duty is to stop hunting rare animals or keeping exotic birds. We should stop destroying their habitat.

The government should arrest poachers. Its main role is to establish permanent natural reserves for maintaining their lives.

Media has a role to raise people's awareness towards keeping animals and stopping hunting them.

Environment

Our duty towards the environment is to keep it clean. We shouldn't throw litter away. We have to join cleanup campaigns. Factories should stop polluting the environment. We can use public transport more than using private cars to reduce the amount of fumes that comes out from vehicles. If we keep it clean, safe, quiet and attractive, we will reap the benefit.

Environment

Our role / duty towards the environment is to keep it clean. We shouldn't throw litter away. We should protect vulnerable animals and pets. We have to join cleanup campaigns. Factories should stop polluting the environment by imposing fines on the offences. We can use public transport more than using private cars to reduce the amount of fumes that comes out from vehicles and affects air harmfully. In short, everyone should be responsible for his deeds and not to blame others because we are all living in the same place. If we keep it clean, safe, quiet and attractive, we will reap the benefit.

The Final Revision

Correct the underlined mistakes:

- 1- The more graphics the computer games are, the most exciting they were.
- 2- The fastest you drive, the quickly you arrive.
- 3- Natural reserves build to protect wild animals, aren't we?
- 4- I predict that we are able to pay pills using our mobile phones, don't we?
- 5- My car break while I drove on the fifth ring road.
- 6- My parents leave Kuwait in a little days.
- 7- Look! My sons swim over there, can you see they?
- 8- I can count and write from one to one hundred when I were in primary one.
- 9- How many money does Ali's new shirt costs him?
- 10- How long is it between Farwaniya to Jahra?
- 11- Please, opening the door, should you?
- 12- There isn't a lot of soup left in the bowl, is they?
- 13- My brother learn English since he has entered the kindergarten.
- 14- One of my best friends have chosen to talk on behalf of his class recently, hasn't they?
- 15- Much children could pass in the English exam but none of they passed the maths one.

The Answer

1- have-more-will be	2- faster - quicker	3- are built - they
4- will be able to – won't	5- broke/was broken – was driving	6- are going to leave-few
7- are swimming-them	8- could-was	9- much-cost
10- far- from	11- open – will you / would you	12- much-there
13- has been learning-entered	14- has been chosen-he	15- many-them

Use appropriate function in the situations

Function	Meaning	Sentences
Advice	نصيحة	I advise you to / You should / If I were you, I'd
Apology	اعتذار	I am sorry for / I apologize for / Accept my apology
Approval	استحسان	That's nice / it is wonderful / fantastic / unrivalled / it appeals to

		me / good / excellent
Disapproval	عدم استحسان	That's bad / not good / disgusting / it doesn't appeal to
Agreement	موافقة	I completely agree / I can't agree more
Disagreement	عدم موافقة	I disagree with you / I don't agree / I can't agree.
Request	طلب	Could you show ? / would you come? / Do you mind going ... ? / can you lend ...?
Opinion	رأي	In my opinion ... / I think .../ As I see .../ my point of view..
Refusal	رفض	I object to / I refuse your / I can't make it/
Warning	تحذير	Be careful ... / look out! / I warn you / Don't drive

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