



Ministry of Education

AL-Ahmadi Edu. Area

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English Department

Grade : 10 First Term

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أعمال كتابية وتدريبات علاجية لرفع كفاءة
طلاب الصف العاشر ومعالجة نقاط الضعف

Written work and remedial exercises

Name :

Class :

Unit 1

Module 1 Culture lesson 1+2 We are what we eat **SB page 12+13**

Word	Meaning	Word	Meaning
Absorb (V.)		Iron (N.)	
Antioxidant (N.)		Metabolise (V.)	
Arthritis (N.)		Neutralise (V.)	
Caffeine (N.)		Nutrition (N.)	
Calcium (N.)		Probiotic (Adj.)	
Cholesterol (N.)		Protein (N.)	
Combat (V.)		Saturated fat (N.)	
Dietitian (N.)		Stimulant (N.)	
Digestive (Adj.)		Unsaturated fat (N.)	
Fibre (N.)		Vitamin (N.)	

Choose the correct answer from a, b, c or d : 5x5=25

- 1- Having new five stars hotels will definitely.....tourism.
 a)- boost b)- absorb c)- neutralise d)- combat
- 2-.....recommend having healthy food.
 a)- antioxidants b)- nutrition c)- stimulant d)- dieticians
- 3-is necessary for forming bones.
 a)- vitamin b)- caffeine c)- cholesterol d)- calcium
- 4- Butter and cream contain a lot of
 a) saturated fat b) stimulant c) arthritis d) nutrition
- 5- This train is.....with people. Let's find a taxi.
 a) grilled b) crammed c) atmospheric d) probiotic

Fill in the missing parts with a word from the list below: 5x5=25

iron \ protein \ saturated \ arthritis \ combat \ nutrition

- 1- Goodand making exercises cause a healthy life.
- 2- My grandfather suffers from....., he is over seventy.
- 3- Fats from meat and milk are called.....fats.
- 4- Eggs and milk provide children with the.....their bodies need.
- 5- The government spends millions of dollars tocrimes.

Unit 1 Set Book Questions

Answer only 3 from the following questions

3x10=30

1. "We are what we eat ".Explain.

.....
.....

2. Fast foods are dangerous and lead to many health problems while homemade meals are useful. Discuss.

.....
.....

3. Probiotic drinks have many benefits. Show how they are useful.

.....
.....

4. According to the Chinese, green tea is useful, why?

.....
.....

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5. Many people like to have drinks, which are full of antioxidants, why?

.....
.....

6. How do you think that dark chocolate is perfect for diabetics?

.....
.....

7. In your opinion, what can help you keep your mind and body in tiptop shape?

.....
.....

8. Show the difference between good and bad bacteria.

.....
.....

9. following a vegetarian life style has its pros and cons. Discuss.

.....

Words	Meaning	Words	Meaning
Boost (V.)		Obesity (N.)	
Comprise (V.)		Dehydration (N.)	
Fatigue (N.)			

Fill in the spaces with words from the list :

obesity \ fatigue \ comprises \ dehydration \ boosts

- 1- Passing examsone’s self-confidence.
- 2- Many children die every day around the world because of
- 3- Over To You Courseof 12 units.
- 4- She was suffering fromand stress.
- 5- A diet that is high in fat can lead to.....

Lesson 3 Set Book Questions
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Answer only 3: 3x10=30

- 1- Water is important and useful for our bodies. Why?
.....
.....
- 2- How would you encourage your friend to eat healthily?
.....
.....
- 3- What sort of nutrients would you recommend a sportsman to have and what should he avoid to perform well?
.....
.....
- 4- Dates have many useful nutritional values. Illustrate.
.....
.....

Word	Arabic Meaning	Word	Arabic Meaning
Deficiency (N.)		Pomegranate (N.)	
Grilled (Adj.)		RDA	
Metabolism (N.)		Sodium (N.)	
Organic (Adj.)		Supplement (N.)	

Fill in the spaces with words from the list :

organic \ grilled \ deficiency \ pomegranate \ RDA \ metabolism

- 1- Young children often suffer from iron
- 2- I likemeat.
- 3- Exercise is supposed to speed up
- 4- Dieticians recommendfood than chemical.
- 5-is a type of fruit that contains a mass of red juicy seeds.



Set Book Questions

1- A well- balanced diet should contain the RDA. Explain.

.....
.....

2- A person should respect his body as advised in the Holy Qura'an. Explain.

.....
.....

Lesson 6 Grammar

The past Continuous Tense & The simple past tense

✎ Correct the verbs in brackets :

1. While I (search) for my pen, I found your gold ring. 1.
2. While I was doing my homework, the light (go) out. 2.

From a, b, c, and d, choose the correct answer:4x5=20

- 1- ITV when she called.
 a- watched b- watching c- were watching d- was watching
- 2- When the phone....., she was writing a letter.
 a-rang b-rings c- were ringing d-ring
- 3- What..... you..... when the earthquake started?
 a- do...do b-does... do c- were...doing d- was...doing
- 4- Travelling by plane is.....than travelling by train.
 a-faster b-fast c- fastest d-the fastest

Order of adjectives

	O	S	A	SH.	C	O	M	
	Op inion	S ize	A ge	Sh ape	C olour	O rigin	M aterial	Noun
Ex. They found a	precious	Big	ancient	Oval	Brown	Egyptian	rocky	statue.

✎ Put the adjectives in the correct order.

- 1- A \ An.....(black – small – smart).....mobile .

- 2- A \ An.....(wooden – beautiful – blue).....table.

Do as shown between brackets:4x5=20

1. While I (search) for my pen, I found your gold ring. (Correct)

2. I saw somebody near the garage yesterday. (negative)

3. The police arrested the thief last night. (passive)

4. I want to buy a (grey round small new) villa. (put the adjectives in the right order)

Word	Arabic Meaning	Word	Arabic Meaning
Appeal to (V.)		Malnutrition (N.)	
Atmospheric (Adj.)		Salad bar (N.)	
Crammed (Adj.)		Specialty (N.)	
Eatery (N.)		Vegetarian (Adj.)	
Fanatic (N.)		Wholesome (Adj.)	
Irresponsibly (Adv.)			

Fill in the spaces with words from the list :

crammed \ atmospheric \ appeal to \ fanatic \ vegetarian \ eatery

- 1- TV should show programmes thatall ages.
- 2- I quite like the sea view, it is
- 3- The platform was with people trying to board the train.
- 4- Let's have a sandwich in that
- 5- I am Al- Qadesia

Answer only 3: 3x10=30

1 . How can restaurants attract people?

[There are some factors that determine a good restaurant. Discuss]

.....
 2." Following a vegetarian lifestyle irresponsibly can lead to health problems" Explain how?

Language Functions

What you would say in the following situations:4x10=40

- 1- You went to a restaurant. You didn't like the food.

- 2- Someone says that dark chocolate has no nutritional values at all.

- 3- You want to recommend a special restaurant for your friend.

- 4- Your friend wants you to describe the restaurant you in which you had dinner yesterday.

Translation 2x10 = 20

Translate the following into English

1. ليس من السهل انتقاء الطعام الصحي و تناوله .
2. إن عضلات الجسم و العظام و العقل و القلب محمية بالغذاء الصحي الذي نتناوله.
3. تساعد البكتيريا النافعة على تنشيط عملية الهضم و على امتصاص العناصر الغذائية.

 **Composition**
100 marks

Some might reveal the secrets of being healthy.

Write a report of about 12sentences about the importance of eating healthily and the value of good nutrition.

Writing outline 20

Introduction:

.....
.....
.....

Body:

Paragraph 1

.....
.....
.....

Paragraph 2

.....
.....
.....

Conclusion :

.....
.....
.....

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Write your topic here (80 marks)

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Unit 2

Unit 2 Lesson 1+2

Respecting Cultures

SB page 18+19

Word	Meaning	Word	Meaning
Aspiration (N.)		Diversity (N.)	
Mentor (N.)		Interfaith (Adj.)	
Initiative (N.)		Seminar (N.)	
Creed (N.)		Tolerance (N.)	
Delegate (N.)			

Choose the suitable word from a,b,c and d:

- The manager will not attend the meeting, he will send a.....
a. mentor b. delegate c. seminar d. creed
- This store has a.....of items.
a. tolerance b. aspiration c. diversity d. faith
- The head teacher will hold a.....to explain some ideas.
a. seminar b. creed c. tolerance d. aspiration
- A combination ofand hard work made her the top student in her class.
a. seminar b. creed c. tolerance d. delegate

Fill in the spaces with words from the list :

creeds / initiative / delegate / tolerance

- There should be mutual respect between people of different races and.....
- She was young and showed a lot of , so she was promoted to manager after a year.
-and Respect are two main human values.

Answer only 3: 3x10=30

- As a mentor, you will have the opportunity to do lots of thing. Discuss.
(What are the benefits of mentoring?) (Mentoring Schemes help build up relationships. Discuss.)
.....
.....
- The UN was established for certain purposes. Show how.
.....
.....
- In your opinion, what can Kuwait do to further the culture of peace?
.....
- Why is it important to respect and tolerate other people from different creeds and faiths?
.....

Word	Meaning	Word	Meaning
adorn (V.)		embellish (V.)	
commemorate (V.)		Paraphrase (V.)	
cursive (Adj.)			

Fill in the spaces with words from the list :

commemorates / paraphrase / cursive / embellished

- 1- The walls of the Kuwaiti restaurant arewith scenes of Kuwait's past.
- 2- The letter was formal and was written in ahandwriting.
- 3- Kuwait the National Day annually on 25th Feb.

Answer the following question:

How can you show respect to your friend from other culture?

.....

Word	Meaning	Word	Meaning
Calligraphy (N.)		Inspirational (Adj.)	
Consistently (Adv.)		Master (V.)	
Diverse (Adj.)		Richly (Adv.)	

Fill in the spaces with words from the list :

richly – mastered – diverse – inspirational – consistently – calligraphy

- 1- She lived in China for several years but never quite..... the language.
- 2- This villa is.....decorated.
- 3- Arabicis distinguished as it is written from right to left.
- 4- He gave an..... reading of his own poems.
- 5- The president has denied the rumours.

Answer the following Question

The term "Islamic Art" refers not only to religion but to the richly diverse Islamic Culture as well. Discuss.

.....

- a- On b- At c- To d- For
- 6- The Emir of Kuwait had met.....numerous leaders.
- a- on b- with c- by d- of
- 7- The leaders met in order.....further the culture of peace.
- a- to b- with c- by d- of

Unit 2 Lesson 7+8 Conducting a survey+ a review SB page 22+23

Word	Meaning	Word	Meaning
Account (n.)		High-ranking (adj.)	
Cover (v.)		Pilgrimage (n.)	
Conduct (v.)		Relevant (adj.)	
Figure (n.)		Review (n.)	
Ground-breaking (adj.)			

Fill in the spaces with words in the list :

high-ranking - pilgrimage - conduct - relevant - ground-breaking – figure

- Education should beto the child's needs.
- His last film was.....
- Most Muslims try to go on a to Mecca at least once in their lives.
- My uncle got a position in the Ministry of Interior.
- He was a high- ranking political

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Answer the following question:

- What should a book review include?
.....
.....
- What makes a book groundbreaking?
.....
.....

Language Functions

***What you would say in the following situations:**

- You want to conduct a survey among friends on the topic of respect.
.....
- Someone says that interfaith dialogues between peoples are a short way to understanding each other.
.....
- You want to take permission from your teacher to ask him about the Islamic Arts.
.....
- Someone says that the UN plays an important role in setting disputes among nations.
.....

Writing

✎ Peace has always been among humanity's highest values. Without peace we will be unable to achieve progress and prosperity. (In 12 sentences- 140 words), write a report showing the importance of peace and the role of Kuwait among countries in achieving it.

Writing outline

Introduction:

.....

.....

.....

Body :

Paragraph 1

.....

.....

.....

.....

Paragraph 2

.....

.....

.....

Conclusion :

.....

.....

.....

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Write your topic here

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Translation

Translate the following sentences into English

1. ان السلام في الشرق الوسط هو حلم كل عربي محب للسلام.

2. لقد قدمت الأمة الإسلامية الكثير في شتى المجالات مثل الأدب و الفلك و الطب.

3. ينبغي علينا أن نحیی ذکری الشخصیات التي أثرت بشكل ايجابي في نمو مجتمعنا.

4. لقد نظمت الحكومة الكويتية مؤتمرات و برامج لرفع الوعي و تعزيز الاحترام بين المواطنين.

Read the following passage, then answer the questions below:

Most people would agree with the definition of good health as being a state where you are free from sickness. Despite this, there are many different opinions about how a person can actually have good health. People used to only think of their health when they were sick. But these days more and more people are taking measures to make sure that they don't get sick in the first place. In this article I will describe a few of the most common things that you can do to stay healthy.



One of the best things you can do for your body is exercise. But how much is enough? Not everyone agrees on exactly how much people should exercise each day. Some people think that doing simple things like cleaning the house are helpful. Other people do heavy exercise everyday such as running or swimming. One thing experts do agree on is that any kind of exercise is good for you.

Along with exercise, having a healthy diet can help promote good health. Foods like vegetables and fruits should be eaten several times each day. It is also important to eat foods high in fiber such as beans, grains, fruit and vegetables. Fiber helps your body to digest the food you eat. It also helps your body in other ways such as decreasing the chance of getting some cancers, heart disease and diabetes. Avoiding foods with a lot of sugar, salt and fat is a good idea. Eating these kinds of foods can lead to a variety of health problems. The main one being obesity. **Obesity** means having so much fat on your body that you are risking your health.

In today's modern world, we all have some level of stress in our life. Different things cause stress for different people. Money problems, work and relationships with other people can all cause stress. **It** can also be caused by good things like getting married or moving into a new house but you can avoid stress by changing the way you think and doing exercises.

A) Choose the best answer from a, b, c or d:

- 1- The underlined word "it" in the last paragraph refers to:
 - a. money problems.
 - b. work and relationships with other people
 - c. getting married or moving into a new house
 - d. stress that is caused by all the pressures of life
- 2- The underlined word "obesity" in the third paragraph means:
 - a. fatness and chubbiness
 - b. weakness and disability
 - c. durability and strength
 - d. ability and power
- 3- The best title for this passage is :
 - a. stress in life is so harmful
 - b. good things like marriage cause stress
 - c. fiber helps your body to digest food
 - d. the important factors for good health
- 4- One of the following statements is not true :
 - a. eating a healthy diet can improve your health condition
 - b. The good things like getting married or moving into a new house don't cause stress
 - c. food with a lot of fat, sugar can cause obesity
 - d. Money problems can cause stress
- 5- In order to get the most benefit for health, people should :
 - a. exercise everyday
 - b. do daily simple things
 - c. do heavy exercise everyday such as running
 - d. all the above mentioned
- 6- It is known to all athletes, experts, and dietitians that:
 - a. All kinds of exercises are useful to the body
 - b. Many exercises harm body
 - c. Exercises cause muscle rupture that can't be cured
 - d. Few exercise does not benefit the body
- 7- What is the purpose of the writer from writing this passage?
 - a. to advise us overcome money problems to live a happy life
 - b. to explain that money problems can cause stress
 - c. To give us a prescription of the common things that can help us stay healthy .
 - d. To highlight the fact that good things like getting married can cause stress

- 8- In the past people used to only think of their health when they were sick but nowadays:
- a. most people think of their health .
 - b. no people think of their health
 - c. all people think of their health
 - d. Both a and b

SUMMARY MAKING التلخيص

In four sentences of your own , summarize the passage below in answer to the following question :

" How can you manage your money sensibly?"

When you're away from home, your parents expect you to be responsible for yourself and this includes taking care of your own finances. To manage your money sensibly, you need a plan to work with. Write down your allowance and expenses for the month. What you are doing is actually budgeting your income. Make sure that you set aside a small amount for your savings. One way of cutting cost is eating in. It is cheaper than eating out Moreover, when you shop for household items, compare prices from one shop to another before making your purchase at the same time sales where prices are marked down incredibly can sometimes tempt you to buy things which you don't really need so take care and buy your needs only .



Unit 3

Unit 3 Lesson 1 +2

Inspiring architecture

SB page 24+25

Word	Meaning	Word	Meaning
Concrete (adj.)		Framework (n.)	
Design (n.)		Geometric (adj.)	
Drill (v.)		Renowned (adj.)	
Evoke (v.)		Slightly (adv.)	
Expressionist(n.)		Studio (n.)	
Forecourt (n.)		Venue (n.)	
Foundation (n.)			

Fill in the spaces with words from the list :

renowned \ detrimental \ venue \ framework \ slightly \ drill

- 1- Kuwait international hotel is an ideal for conferences and business meetings.
- 2- These drugs are, so keep them away from children
- 3- We can a hole here to look for water.
- 4- The region is for its outstanding natural beauty.
- 5- That building needs repainting.

From a, b, c, and d, choose the correct answer:

- 1- I've invited a lot of people to the party, but I'm a bit.....about their arrival.
a – apprehensive b-chic c- profitable d- residential
- 2-is a form of entertainment that is also educational.
a-council b-design c- edutainment d- expressionist
- 3- I'mworried about the exam results.
a-slightly b-apprehensively c-detrimentally d-profitably
- 4- I dream of having a big house with agarden.
a- profitable b-public c-spacious d- renowned

Answer the following questions:

1. Why do you think building impressive buildings is important?

.....
.....

Word	Meaning	Word	Meaning
Boutique (n.)		Gourmand (n.)	
Brand (n.)		Mainstream (adj.)	
Edutainment (n.)		State-of-the-art (adj.)	

From a, b, c or d choose the correct the answer:

- 1- There are a range of colourful clothes in this
 a -boutique b-brand c-edutainment d- gourmand
- 2-is a form of entertainment that is also educational.
 a- Boutique b- Design c- Edutainment d- Expressionist
- 3- This perfume is of a good
 a -boutique b-brand c-edutainment d- gourmand
- 4- My brother is aHe enjoys eating large amounts of food.
 a -boutique b-brand c-edutainment d- gourmand

Answer the following questions:

- 1- How is the 360° shopping centre in Kuwait considered educational?

- 2- Does 360 appeal to you and your family members? Why? Why not?

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Unit 3 Lesson 4+5

Buildings in Kuwait

SB page 26+27

Word	Meaning	Word	Meaning
Chic (adj.)		Spacious (adj.)	
Governmental (adj.)		State (adj.)	
Modernistic (adj.)		Sturdy (adj.)	
Public (adj.)		Substantial (adj.)	
Residential (adj.)			

Fill in the spaces the following sentences :-

spacious / residential \ chic / substantial \ public / governmental

- 1- I know that Ahmed is a veryperson. He always wears stylish clothes.
 2- I dream of having a big house with a verygarden.
- 3- Ourlibrary is one of the best in Kuwait.
- 4- This is not aarea. I think nobody lives here.
- 5- Most schools in our area areThey are not private.

☞ Choose the right answer from a , b , c or d :

- 1- I think English is one of..... languages in the world today.
 a-important b- more important c-most important d-the most important
- 2- German is than English.
 a-much difficult b-most difficult c-so difficult d- more difficult
- 3- Isn't it..... for him to stop smoking?
 a-good b-bad c-better d-worse
- 4- The dessert of all is the Sahara and it's in Africa.
 a-hot b-hotter c-hottest d-more
- 5- Germany isfrom home than France.
 a-far b-farther c-farthest d- most far

☞ Choose the correct Adjectives:

- I enjoyed the movie. It was (exciting – excited - more exciting - most exciting).
- We had a very (tired – tiring - more tiring - most tired) day yesterday.
- This film is really (bored – boring - more boring - most boring).
- I got (bored – boring - more bored - most boring) after fives minutes from its start.

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☞ Rewrite these phrases using compound adjective and its meaning:

- A hotel with seven stars.=

- A journey of 20 kilometres . =.....
- A meal with three courses.=.....

Unit 3 Lesson 7+8

A new airport

SB page 28+29

Word	Meaning	Word	Meaning
advocate (v.)		influx (n.)	
apprehensive (adj.)		objective (n.)	
benefit (v.)		profitable (adj.)	
Council (n.)		voice (v.)	
detrimental (adj.)			

Fill in the spaces the following sentences :-

advocate \ apprehensive \ benefit \ Council \ influx \ objective \ profitable \ voice

- I think the new course book will.....all the students.
- The leadersthe return of the old ruling system.
- He’s a bit about living away from home.

- 4- They will discuss the matter in thenext month.
- 5-His main was to increase profits.
- 6- This project isIt will bring a lot of money to the country.
- 7- We should be fair andto those who deserve in the coming elections.
- 8- Turkey is expecting an of several thousand refugees over the next few days.

Answer the following questions:

- 1- In your own view, what are the advantages and disadvantages of building a new airport in your area?
.....
.....
- 2- In your opinion how can we avoid the disadvantages of building new airports?
.....
.....

Focus on

"Traditional dress has always been important within Kuwait and still continues to be so".Discuss.
.....
.....

Focus on\ Grammar
Paired Conjunctions

choose the correct option:

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- 1. Both Anwar and Alicoming next week.
a- am b- is c- are d- being
 - 2. Not only do we want to go.....we want enough money.
a- but also b- and c- both d- either
 - 3. Either AliMona can do the job.
a- or b- and c- neither d- nor
 - 4. The story was true nor realistic.
a- either b- and c- neither d- but

Language Functions

What you would say in the following situations:

- 1. The government is planning to build a new airport in Al-Wafra.
.....
- 2. Your friend thinks building impressive buildings is a waste of money.
.....
- 3. People enjoy shopping in 360 Kuwait.
.....

Translation

Translate the following sentences into English

1. إن التصميم الهندسي لهذا المبنى يدل على قوة الهيكل الخارجي.

2. إن الزي التقليدي بالكويت ذو أهمية للكويتيين حيث أنهم يفخرون ببلدهم و تقاليدها.

Composition

There are some plans of building a recycling centre in your neighborhood. Some people support the idea while other object to it.

Write a report of about 12-14 sentences stating the two different points of view:

Writing outline

Introduction:

Body :

Paragraph 1

... Paragraph 2

Conclusion :

Write your topic here

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1st. Quiz (60 Marks)

I- Vocabulary

Choose the most suitable answers from a, b, c and d : (4 X 5= 20 m)

1. The manager will not attend the meeting. He will send a/an-----instead.

- a) brand b) delegate c) seminar d) eatery

2. In cold climate, houses need to have walls that ----- heat to keep rooms warm.

- a) adorn b) absorb c) drill d) master

3. I know that Ahmed is a very ----- person. He always wears stylish clothes.

- a) chic b) spacious c) residential d) public

4. There are a range of colourful clothes in this

- a) boutique b) brand c) edutainment d) gourmand

II- Grammar

Do as shown in bracts: (2 X 5= 10m)

1. While he (swim), he saw a shark. (correct the verb)

2. I have heard about Ali since last year. (make negative)

III-Writing (30 Marks)

It has always been said that “a sound mind is in a sound body” . In not less than (6 sentences) write a paragraph about “the best ways to keep healthy and avoid illnesses”.

Outline

Unit 4

Module 2 Free Time Unit 4 Lesson 1+2 Computer games SB Page 34

Word	Meaning	Word	Meaning
Anti-reflective (adj.)		Naturalistic (adj.)	
Artificial intelligence (n.)		Perception (n.)	
Compete (v.)		Rival (adj.)	
Competitive (adj.)		Sensor (n.)	
Console (n.)		Simulate (v.)	
Convolutd (adj.)		Speech recognition (n.)	
Discourse (n.)		Visual effects (n.)	
Employ (v.)		Wizard (n.)	

Fill in the spaces with words from the list :

anti-reflective \ compete \ console \ convoluted

1. My computeris not working. I will consult a computer expert.
2. The exam was terrible. It was full of long and questions.
3. These sunglasses are.....you can see through them clearly.
- 4- It is difficult for you tosuch a player, he is professional.

From a, b, c or d choose the correct the answer:

1. The security device has a heatwhich detects the presence of people.
a - sensor b- mode c-joystick d- wizard
2. It's difficult for a small company like yours to.....with our big company.
a-compete b- simulate c-increase d- employ
3. The exam was full of long,..... questions.
a-convoluted b-built-in c-anti-reflective d- breathtaking
4. The view from the top of the mountain is.....
a-wireless b-exclusive c-idle d- breathtaking

Answer the following questions:

- 1 - What do you think computer games will be like in the future?

- 2- In your view, what options can make computer games more attractive?

- 3- Computer games are beneficial, but they are also detrimental. Discuss.
 (What effect can playing computer games have on young people ? Discuss good and bad effects.)

Word	Meaning	Word	Meaning
Idle (adj.)		Mundane (adj.)	
Incredibly (adv.)		Out of shape (expr.)	

Fill in the spaces with words from the list:

idle \ incredibly \ mundane \ out of shape

- 1- Routine works are completely for me.
- 2- Most graduates are There are no vacant jobs for them.
- 3- The team played well.
- 4- Look at him! He looks tired and

Answer the following questions:

- 1- How will new computer games improve children's fitness?
(What are the benefits of using joystick games ?)

.....

- 2- Explain why parents don't want their children to spend too much time playing computer games:

.....

- 3- Computer games are detrimental to children's social development. Do you agree or disagree?

.....

Word	Meaning	Word	Meaning
analogue (adj.)		Hold button (n.)	
Computer-friendly (adj.)		Touch screen (n.)	
Drive (n.)		Wireless (n.)	

Fill in the spaces with words from the list:

analogue \ drive \ hold button \ touch screen \ wireless

- 1- That clock isIt is not digital.
- 2- My computer.....is not working. It can't read the CD.
- 3- You can just press the.....and the machine pauses.
- 4- My new printer isit works without wires.
- 5-mobiles are the most widely used mobiles all over the world.

Unit 4 Grammar The morethe more

Choose the correct answer from a, b, c or d

- 1- the teacher is, the faster his students understand his explanations.
 a-best b-better c-the better d-the best
- 2- The less you eat,..... you get.
 a-healthy b-healthier c-the healthiest d-the healthier
- 3 - The higher we climb..... oxygen there is to breathe.
 a-the less b-the least c-less d-little.

Do as shown between brackets:

1. My favourite team (**play**)the final match next Friday. (correct the verb)

2. I think my bother will arrive next Thursday. (make negative)

Going to \ will \ present continuous

Choose the correct answer from a , b , c or d :

- 1- I am to see a new play tomorrow at the Royal Court theater.
 a- going b- will go c- goes d- went
- 2- I you a ticket right now.
 a- get b- will get c- getting d- gets
- 3- We are all in the Green Cafe at 7.15
 a- meet b- will meet c- going to meet d- meets
- 4- I've got no money at the moment. I for the ticket on Saturday.
 a- pay b- am paying c- pays d- will pay
- 5- I a new computer game at the weekend.
 a- am buying c- buys c- buying b- going to

Unit 4 Lesson 7+8

Giving advice

SB page 38+39

Word	Meaning	Word	Meaning
Arcade (n.)		Exclusive (adj.)	
Bonus (adj.)		Helpline (n.)	
Breathtaking (adj.)		Joystick (n.)	
Built-in (adj.)		Keypad (n.)	
Caller (n.)		Mode (n.)	

Fill in the spaces with words from the list:

bonus \ arcades \ breathtaking \ built- in \ caller \ exclusive

- 1- Amusement are found in modern malls.
- 2- It was a wrong number and the.....apologised.
- 3- The view from the top of the mountain is
 4- This programme is
on MBC.
- 5- All the rooms havecupboards.

Language Functions

What you would say in the following situations:

1- Your friend asks you about the future of video games.

.....

2- Your younger brother asks you about the disadvantages of computer games.

.....

3- Your friend asks you about your plans when you finish the high school.

.....

Translation

Translate the following sentences into English

1. تستخدم المؤثرات البصرية لتوصيل المعلومات للطلاب بسهولة .

.....

2. إن قضاء وقت طويل في ممارسة ألعاب الحاسوب يؤثر سلبا على الدراسة و العلاقات الاجتماعية .

.....

.....

Writing

'Computer games have been widely spread among teenagers.' Write a report of two paragraphs (12) sentences **explaining** The differences between modern and traditional games and The advantages and disadvantages of computer games.

Writing outline

Introduction:

.....

Body:

Paragraph 1

.....

.....

Paragraph 2

.....

.....

Conclusion:

.....

.....

.....

Write your topic here

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Reading Comprehension

Tom Drakes had strange ideas of fun. His favourite way of amusing himself was to annoy other people. But the day of the fire was the day he learnt his lesson. In some parts of the town where Tom lived there were fire alarms in the streets. You had to break the glass and turn a handle; that was all, and then the firemen came to put out the fire. Tom would start one of these alarms and then enjoy watching the fire engines as they raced down the street looking for the fire. He used to hide behind a wall at the corner of the street and laugh as the firemen discovered that there was no fire and got back angrily on to their engines.

Tom told some of his friends at school about the fun he was having and the result was that there were soon boys all over the town who went about starting false alarms of fires.

In the holidays Tom liked to do chemistry **experiments** in his bedroom. One day there was an accident He was using a burner to heat some liquid, when suddenly he knocked it over, and in a few moments his bed was on fire. Tom saw immediately that firemen would be needed to put the fire out. At top speed he ran downstairs and out of the house and along the street to the corner where the fire alarm stood. There for a moment his heart stopped beating; it was broken. Tom turned to look back at his house.

Black smoke was beginning to climb up from his bedroom window. He stood by the fire alarm, not knowing what to do. It seemed that his home was about to be burnt down perhaps because of a trick which some other foolish boy had learnt from him!

At the sound of a clanging bell his fear changed suddenly to hope. Yes, it really was the fire engine that came racing down the road! Although he never discovered who started the alarm, he knew he was luckier than he deserved to be: by chance, an unknown boy's silly trick had had useful result.

From a, b, c and d choose the right answer:

1- The main idea of the passage is:

- a) not to make foolish tricks b) not to make fire
c) not to call fire engines d) to make tricks

2 -The word experiments in line 12 means:

- a) making fire b) testing c) school subject d) putting out fire

3 - In line 13, "his" refers to:

- a) Tom b) Tom's friend c) a fireman d) an inventor

4- The best title for the passage is.....

- a) the fun b) fire alarms c) false alarms d) the firemen

5 -What saved Tom Drakes?

- a. The alarm near his house b. A call to the firemen
c. A false alarm d. The black smoke

6- When the bedroom was on fire, Tom

- a. Called his friends b. Called the police
c. went to start the fire alarm d. stayed in his room

7 - In the holiday, Tom was fond of.....

- a. Mathematics b. Chemistry
c. Physics d. Biology

8- When Tom used to start false fire alarms, the firemen

- a. laughed at what happened
- c. were angry

- b. didn't come
- c. knew it was a joke

Summary making

One day he stopped to examine the glass dishes on which he had grown some microbes in a special liquid. In one dish, he was surprised to notice a greenish mould. That meant a tiny seed, too small to see, must have floated on the dish when the lid was off. Fleming took a closer look and then made a careful examination. He saw that a strange thing had happened. Where the greenish mould was growing, the disease microbes had disappeared. He began to grow enough of the mould to make from it a clear liquid, which tests showed could kill microbes or stop them in both animals and human beings without harming their white blood cells. He called the liquid penicillin.

In four sentences, summarise the paragraph in answer to the following question: How did Fleming discover the existence of penicillin?

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Unit 5

Unit: 5 Lessons: 1+2 Why the Paralympics matter? SB Page 40+41

Word	Meaning	Word	Meaning
Able-bodied (adj.)		Phenomenon (n.)	
Adversity (n.)		Physiotherapy (n.)	
Equestrian (adj.)		Rehabilitation (n.)	
Neurologist (n.)		Self-discipline (n.)	
Observe (v.)		Virtue (n.)	
Paralympics (n.)			

Fill in the spaces with words from the list:

equestrian \phenomenon \able - bodied \neurologist \Paralympics\ adversities

1. Allyoung men were forced to join the army.
2. The road to happiness is paved with
3. This is a \ anplace where horses gather to start the race.
4. Theis an international sports competition specialized for disabled.
5. Gravity is a natural

From a, b, c or d choose the correct the answer:

1. Those disabled need help, andhelps them live a normal life.
a. rehabilitation b. application c. mentality d. virtue
- 2 .Their success could not have been achieved without enormous.....
a. virtue b. adversity c. determination d. mentality
- 3.....are usually shy. They perform better at lower stimulation levels.
a. introverts b.adversities c.applications d.virtues
4. In 2008, the thirteenthtook place in Beijing, China.
a. solarium b. adversity c. Paralympics d. badminton

Answer the following questions:

- 1- Why do you think Paralympics are important?

- 2- Athletes can obtain some virtues during Ramadan. Discuss.(What skills do athletes need?)

- 3- What facilities does Kuwait offer in this club for the disabled?

- 4.- People in the society can offer a lot for disabled. Mention some.

- 5- Kuwait has done a lot to encourage and motivate disabled. Explain.

Unit: 5 Types of racing Lesson: 3 WB: Page 34+35

Word	Meaning	Word	Meaning
Interpersonal (adj.)		Personal trainer (n.)	
Navigate (v.)		Stamina (n.)	

Fill in the spaces with words from the list:

interpersonal \ navigate \ personal trainer \ stamina

- 1- The successful applicant will have excellent skills.
- 2- Sailors have special equipment to help them
- 3- Nadia works out with her every week.
- 4- The triathlon is a great test of

Answer the following questions:

1- In your own view, which is more important to an athlete, natural ability or determination to succeed? Why?

.....

2- Do you enjoy watching big sporting events, like the Olympic Games? Why / Why not?

.....

3- What are the pressures of being a world champion?

.....

Unit 5 Lesson 4+5 Sports mentality SB Page 42+43

Word	Meaning	Word	Meaning
Aggression (n.)		Motivation (n.)	
Determination (n.)		Opponent (n.)	
Extrovert (n.)		Sportsmanship (n.)	
Feedback (n.)		Stimulation (n.)	
Introvert (n.)		Teammate (n.)	
Mentality (n.)			

Fill in the spaces with words from the list:

extroverts \ aggression \ feedback \ introverts \ determination \ mentality

- 1- Some types of dogs are bred for
- 2- She has a great to succeed.
- 3- Most sales people are They are open to all people.
- 4- Have you had any from customers about the new products?
- 5- are shy, quiet and typically self-centered.

Answer the following questions:

1 . What do athletes need to stay motivated ?

.....

2. In your opinion, show how can your personality affect your choice of sports and performance?

.....
.....

3- To be a sports champion you need some Psychological factors or mental factors, why?

.....
.....

4- Which sport do you find the most exciting? Why?

.....
.....

Unit 5 Grammar

Tag Question

Add question tags to the following:

1- They won't be late,?

2- Mary left a message,?

3- The boys are listening to music,?

4- He can speak English, ?

5- I am writing English, ?

6- He has never gone there alone , ?

7- They look for trouble , ?

8- Let us have fun, ?

9- Open the door , ?

10- We must not leave so soon ,?

11- Salim always takes part in the school competitions,?

12- They proved to be the best pupils,?

Modal Verbs

Modals : Can - could - should - will - would

Choose the right answer from a , b, c, or d

1-you swim when you were 10?

a- Can

b- Could

c- Will

d- Would

2. We get to the meeting on time yesterday because the train was delayed by one hour.

a- couldn't

b- can't

c- won't

d- shan't

3. He's amazing, he speak 5 languages including Chinese.

a- will

b- would

d- can

d- should

4. I drive a car until I was 34.

a- shan't

b- should

c- won't

d- couldn't

5. She's 7 years old but she read yet.

a- shan't

b- can't

c- won't

d- couldn't

Word	Meaning	Word	Meaning
Application (n.)		Member (n.)	
Badminton (n.)		Sauna (n.)	
Gymnastics (n.)		Solarium (n.)	

Fill in the spaces with words from the list:

applications \ member \ solarium \ badminton \ gymnastics \ sauna

- 1- I've sent off for four different jobs.
- 2- The US women's team is the best in the world.
- 3- is a type of sport in which two or four people hit a shuttlecock over a high net.
- 4- My brother is a in the Kuwait Parliament.
- 5- I always go for a To clean and refresh my body.

Language Functions

*** What you would say in the following situations:**

- 1- You want to ask your friend about the sport that he likes most.
.....
.....
- 2- Describe the sporting events that you attended in the previous Olympic games.
.....
.....
- 3- Someone says that Formula One is not dangerous at all.
.....
.....
- 4- I think Paralympics are not important for the disabled.
.....
.....

Translation

Translate the following sentences into English:

1- تهتم الكويت بإعادة تأهيل المعاقين و توفير فرص عمل مناسبة لهم .

.....
.....

2- تقام دورة الألعاب الأولمبية للمعاقين كل أربع سنوات وتهدف إلى إعادة تأهيلهم

.....
.....

3- ولدت الألعاب الأولمبية الموازي أو العاب المعاقين الأولمبية في عام 1960 .

.....
.....

4- جذب اللاعبون الكويتيون أثناء دورة الألعاب الأولمبية في بكين انتباه الصحافة .

.....

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Writing

"Paralympics are sports specialised for people with disabilities. ”

Write a report of two paragraph (12)sentences explaining the role of the society towards the disabled.

Writing outline

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Write your topic here

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Unit 6

Unit 6 Lesson 1+2

Nature SB Page 46

Word	Meaning	Word	Meaning
Conservation (n.)		Flora (n.)	
Deserve (v.)		Hectare (n.)	
Effluent (n.)		Marsh (n.)	
Fauna (n.)		Propagation (n.)	
Fence off (ph. V.)		Sanctuary (n.)	
Vegetation (n.)			

Fill in the spaces with words from the list:

conservation \ hectare \ deserve \ effluents \ fauna and flora

- 1- After all that hard work, you a holiday.
- 2- from local factories are finding their way into the river.
- 3- Wildlifeneeds more interest from the government.
- 4- The of a place are its plants and animals.
- 5- This area will be sold by the meter not the

From a, b, c or d, choose the correct the answer:

- 1- If I criticize him, he gets and starts shouting.
 a -aggressive b- exotic c-global d- tame
- 2- They have called for a campaign to keep their streets free from rubbish
 a-call b-cleanup c-effluent d- genus
- 3- This area is fenced off because it is a part of the Kuwait natural
 a- conservation b-herbivore c-hectare d- hunting
- 4- can kill pests but they can also damage people's health.
 a-pesticides b-poachers c- propagations d- under parts

Answer the following questions:

- 1- What has Kuwait done to protect Wildlife?

- 2- " Animals and birds are very important in our lives. (Why is it important for us to save wild life?) Suggest some ways to protect them.

- 3- Why has Al Jahra pools Nature Reserve become an important sanctuary for birds and animals? (What is remarkable about Al-Jahra Pools Nature Reserve?)

Word	Meaning	Word	Meaning
Call (n.)		Poacher (n.)	
Genus (n.)		Underpart (n.)	
Pesticide (n.)		Widespread (adj.)	

Fill in the spaces with words from the list:

call \ genus \ pesticides \ poachers \ underpart \ widespread

- 1- The whale has a very distinctive You can recognize its sound easily.
- 2- Thisof birds are very rare.
- 3- The that farmers spray on their crops kill pests.
- 4- There should be strict law to prevent from killing animals.
- 5- Thecolour of this bird is black.
- 6- The campaign has received support.

Answer the following question:

- 1- What are the threats to animals and birds in their natural environment?
(What things threaten animals and cause them to be extinct ?)

.....

.....

- 2- Should human development be more important than human welfare? Why?

.....

.....

Word	Meaning	Word	Meaning
Aggressive (adj.)		Proud (adj.)	
Fierce (adj.)		Stubborn (adj.)	
Herbivore (n.)		Sustenance (n.)	
Hostile (adj.)		Tame (adj.)	

Fill in the spaces with words from the list:

fierce \ aggressive \ herbivores \ hostile \ proud \ sustenance \ stubborn

- 1- Men tend to be more than women.
- 2- Two men were shot during fighting last weekend.
- 3- I know he will never change his mind. He is so.....
- 4- My brother won the competition, I am very of him.
- 5- Cows and sheep eat grass, so they are
- 6- I'm not to your ideas. I always support you.

Unit 6 Grammar

Countable and uncountable nouns [few-many - much - little - some - any]

Choose the right answer from a , b , c , or d

- 1-I'm thirsty, I needwater, please.
a- few b- some c- any d- many
- 2-How.....roofs are there in this building?
a- few b- some c- any d- many
- 3-How.....luggage do you have, sir?
a- much b- some c- any d- many
- 4-I need only.....amount of money, I have some.
a- few b- a little c- any d- many
- 5-I don't have.....idea about the matter.
a- few b- some c- any d- many

The present perfect tense: (have, has + P.P.)

1. Do as shown in brackets :

2. I (just write) two letters. **(Correct)** 1.
3. You (ever see) an elephant **?(Question)** 2.
4. I (never see) an elephant. **(Negative)** 3.

The Present Perfect Continuous: (have, has + been + v. +ing)

Do as shown in brackets :

1. The bus hasn't arrived yet. I (wait) for ages. **(Correct)** 1.
2. Our teacher (teach) us English since 1987. **(Use : for)** 2.
3. She (work) with us since last May. **(Question)** 3.

From a, b, c, and d, choose the correct answer:

- 1- I've been looking for it.....February.
a-since b-for c- ago d- yet
2. I've been here along time.
a-for b-ever c- ago d- since
3. The Olympic Games started three weeks
a-since b- never c- ago d- yet
4. I haven't finished my homework.....
a-yet b-ever c-for d- since

Do as shown in brackets :

- 1-We had hardly startedwhen it began to rain. (Begin with: Hardly...)
.....
- 2- Seldom I have heard such beautiful singing. **(Correct)**
.....
- 4- No sooner had we left the house when it exploded. **(Correct)**
.....

Word	Meaning	Word	Meaning
Adjacent (adj.)		Imperative (adj.)	
Bed out (v.)		Mammal (n.)	
Carbon monoxide (n.)		Nest (n.)	
Cleanup (n.)		On behalf of (ph. n.)	
Exotic (adj.)		Toxin (n.)	
Finance (v.)		Wasteland (n.)	
Global (adj.)			

Fill in the spaces with words from the list :

exotic \ bed out \ adjacent \ finance \ carbon monoxide \ cleanup \ mammal

- 1- They live inbuilding not far from here.
- 2- March is the time when farmersthat type of trees.
- 3- Plants absorb from the atmosphere.
- 4- We should start aoperation in our area. Rubbish is everywhere.
- 5- This type of food isIt doesn't belong to our country.
- 6- The local authority has refused to the scheme.

Answer the following question:

1 - Give some simple instructions & guidelines for Children to keep animals and wild life.

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2 -How can you \government \WWF prevent the wild life (the natural world) from destruction? (We can help protecting wild animals in many ways:)

3. "Some birds and butterflies are in danger." Explain.

Focus on

1- (Kuwait is a shopper's Paradise .Comment)

2- What makes a mall a successful destination for shopping?

Language Functions

📌 What you would say in the following situations:

1- Many animals are threatened by illegal hunting and destroying their habitats.

2- Your teacher asks you how to protect the environment.

3- Suggest solutions to protect wildlife in Kuwait.

4- Persuade your friends to take part in supporting Al-Jahra's pools Nature Reserve.

5- Tourists say that Kuwait is a shoppers' paradise.

Translation

📖 Translate the following sentences into English

1. تعتبر المحميات الطبيعية مكانا مناسباً لتكاثر الطيور والحيوانات المهددة بالانقراض.

2. تعتبر محمية الجهراء الطبيعية مركزاً مهماً للحفاظ على الحيوانات والطيور المهددة بالانقراض.

3. للحيوانات أهمية كبيرة في عالمنا الحديث حيث أنها تحفظ التوازن البيئي.

4. إن الصندوق العالمي للحياة البرية هو منظمة عالمية تعمل على وقف دمار العالم الطبيعي.

Writing

"Saving endangered species is a noble task." Write a report of two paragraphs (12) sentences showing the main dangers that face animals and birds worldwide and how to save endangered species.

Writing outline

Write your topic here

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