

Solving Problems حل المشكلة

A problem is a situation that needs a solution. We all face problems every day. We should look at problems systematically. We should be creative and self-confident.

There are many steps to solve the problem. We should understand it. then we should plan to solve it . After that we should try the plans. Finally we should check the solutions.

Survival Equipment (Travelling by sea) A sea trip

Travelling by sea is very nice. You can face many problems. There are storms and dangerous fish .We need survival equipment in the sea. They are important. They help us to survive. We need a signal flare, a signal mirror and a map.

Also we need a compass and a mobile. We need a blanket to keep us warm. The first aid kit is very important. We should take food and fresh water. Survival equipment are very useful.

Sea air (Sea breeze) نسيم البحر

The sea is my lovely place. It's very useful. Sea breezes are full of minerals. There are antiseptics in the sea breeze too. Sea breeze is unpolluted. It can act as a decongestant. It alleviates the symptoms of common cold.

My hobby is going to the sea. I go there to sail, catch fish or swim. Ancestors used to dive for pearls. Pearling was a main job

Children with Disabilities الاطفال ذوي الاعاقة

Children with disability are children who have problems in their learning. In the past, they didn't have rights to learn. People believed that they are unable to learn.

Nowadays, they have their own schools. They learn, read, play and paint. We should treat them kindly. We should help them. We should build them special schools and clubs.

Forces Of Nature قوى الطبيعة

There are a lot of forces of nature. They are volcanoes, earthquakes, hurricanes, and tsunamis. They are very dangerous. Volcanoes can kill people, destroy homes and change climate. Earthquakes also kill us and destroy buildings, bridges and streets.

A hurricane and tsunamis are dangerous too. They can destroy trees and buildings. Scientists can predict them and they should warn people .

Dangerous Jobs وظائف خطيرة

Everyone needs a job to earn their livings. There are a lot of dangerous jobs. Being a paramedic is very dangerous. Paramedics have to drive very fast. They are also called to dangerous places to help people.

Being an Alaskan pilot is a very dangerous job. Bears can kill him .He can be lost in mountains. The job of smoke jumpers is risky. They have to cut down trees and clear plants to stop fires. Fires and smoke can kill them.

السعادة **Happiness**

Happiness is important. There are many sources of happiness. They are friends, money ,family and work. We have elements of happiness. We should live a spiritual life. We should use our strength in a positive way.

When we are happy we are healthier. Happy people have a strong immune system. Happy people are creative and active. We should eat bananas and nuts. Being happy is good for you and society. Happiness is a good feeling.

الصداقه **Friendship**

Friendship is important. We can't live without friends. We share good times and bad times. A good friend helps us. We should choose friends carefully.

A good friend should be helpful. A good friend should be kind. She should be honest. She should listen to me. She should be loyal. She keeps my secrets. A friend in need is a friend indeed.

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